

PLANO DAILY STAR-COURIER

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City Asks Residents For Expansion Funds

BY PAM TROBOY

The city is going to the voters again for funds to expand municipal facilities.

Residents are being asked Saturday for an additional \$1.8 million to meet the city's needs through 1990. Two years ago, voters approved \$725,000 for city hall expansion, but civic leaders have determined that spending only the initial amount would not be cost effective.

"By providing facilities for 10 years, city functions sustain only one disruption for construction," explains Jim Taylor, chairman of the Municipal Facilities Committee. "The 1975 money would be enough to meet the city's needs for three years, but by the time a facility could be on

line in 1980, it would be outgrown.

"That is not a good way to plan," he stresses. "Also, considering the inflation rate, the committee believes that the citizens' best interest would be served by building at today's cost."

Although no definite plans can be developed until the bond issue is approved, the committee has recommended the construction of a 30,000 square foot building on the block presently occupied by city hall.

The new structure would be a two story building capable of expanding upwards with no alteration to the foundation and walls. The present facility would be renovated for use by the planning, engineering, code enforcement and other departments.

Taylor points out that several city departments are now housed in leased space. These departments could be brought back to central location with the passage of the bonds, he adds.

"Stretching departments out to several locations is not a good way to provide services," Taylor continues. "The present municipal building has just been outgrown and the city has no flexibility at all."

"It is getting worse each year," he says. "The city hall is more than 10 years old while Plano has grown 207 percent during the past seven years. The city is expected to continue to grow from today's 55,000 to 135,000 in 1990."

The committee believes the proposed bond election is the answer to the space squeeze which will accompany the growth. The 43 member committee studied the problem for several months before recommending the bond program.

Taxes are expected to increase only slightly, according to Taylor. The maximum increase should be only 2.4

cents per \$100 valuation or an extra 84 cents a month for the owner of a \$50,000 home.

"The committee worked hard to come up with something they could recommend," Taylor concludes. "This will be of benefit to the community for a long period of time. This approach is similar to that used in other communities and has the committee's wholehearted support."

The polls will be open Saturday from 7 a.m. until 7 p.m. Residents living in Precincts 24, 26, 48, 49, 53, 54 and 55 will vote at Wilson Middle School, while residents in Precincts 23, 47, 50, 51 and 52 vote at Bowman Middle School.



The Municipal Facilities Committee which recommended a \$1.8 million bond program is doing its part to get the issue approved by the voters Saturday. Richard May, a member of the committee, was at the Civitans meeting Tuesday night to explain the proposed program's cost effectiveness.

Using a preliminary site plan to explain the layout of the city government superblock, May said a new two story building and the renovation of the present facility should carry Plano through 1990. (Staff photo by Mike Newman).

Absentee Balloting Concludes

Only 22 persons cast absentee ballots in Saturday's \$1.8 million municipal bond election. Absentee voting closed at 5 p.m. Tuesday.

Voters are being asked to approve the funds for the construction of a new city hall and the renovation of the present facility. (See related story this page.)

The election will be held Saturday between 7 a.m. and 7 p.m. in Bowman and Wilson Middle Schools.

Private Clubs Recommended

Council to Review Need for Special Permit

BY PAM TROBOY

Private clubs have been endorsed by the Planning and Zoning Commission.

Commissioners Tuesday agreed that restaurants should be allowed to sell mixed drinks in large retail and light commercial areas. The central business district is also included.

Planner Bob Buffington noted that by allowing clubs in all such areas throughout the city increases potential sites to 58. Half of the new sites are on Central Expressway, he said, with the remainder in far west Plano. The western sites are several years away from development, he added.

Lionel Berry questioned limiting 30-acre tracts to only two clubs. He pointed out there is "some risk of causing lesser quality restaurants" to come in first to insure that a permit is available.

He maintained that if five "cracker jack" clubs want to go in the same location and they meet all the requirements, they should be allowed. Otherwise the free market place is inhibited, he said.

The commission also suggested that the City Council study the possibility of eliminating special use permits unless there is a special circumstance.

The ordinance was approved on a 3-0-1 vote, Bob McCarley abstaining and Jim Edwards absent.

In other action, the commission refused to alter restrictions against accessory buildings in side yards. Such structures must be 15 feet from the main building and no closer than three feet from the side property line.

Buffington said the restrictions are in effect to enhance fire protection, provide light and air between structures and give adequate access for maintenance. He added that ac-

cessory buildings would also create a congested appearance.

Several residents who have been cited for illegally located greenhouses protested the city's position. The commission was given a petition signed by 170 persons, more than 100 from the immediate neighborhood of the two greenhouses initially cited.

As James Sides put it, there are no problems with the greenhouses—except that they violate the present ordinance. He and Edwards stressed there should be some reasonable way to accommodate the greenhouses in question, but the remainder of the commission disagreed. Berry said he feared "an administrative nightmare" if the commission tried to exempt certain structures.

The commission held that the existing ordinance is working, although Mary Swensen pointed out that neighbors have erected "shacks" which are in compliance. She suggested the present ordinance is already unenforceable.

Commissioners also rejected a request that the northwest corner of the Avenue G-16th Street intersection be rezoned to light commercial for an

automotive shop.

Three corners of the intersection are already zoned commercial, but commissioners noted that the property is not being used for that purpose.

They unanimously agreed that the .5 acre lot should retain its apartment designation to protect existing residences.

The site plan and final plat of the Target Addition were approved on a 4-1 vote, McCarley casting the no vote. McCarley gave no reason for his opposition to the 1.2 acre tract on the southwest corner of Parker Road and Central Expressway.

Other items approved included: a special use permit for a day care center on 5.2 acres west of SHs and south of Rowlett Creek; the final plat of Double V Farm; the site plan of Bozeman Modular Storage and the final plat of Parker Rd. Estates West.

Also endorsed were the site plan and final plat for Jim Dandy Fried Chicken east of the FM 544-Custer Road intersection, the final plat of Bolin Spring Creek I, the final plat of Woodpark Village I and the final plat of Harrington Elementary.

PISD Special Ed Program Continues Growth in District

BY TERRI ANDERSON

Citing a three-part special education program, Dr. Pat Ownby reported on the school district's mentally retarded, handicapped, emotionally disturbed and learning disabled children at last night's meeting of the PISD Board of Trustees.

The most severely handicapped students in the district are served in a cooperative program carried out at centers in Garland and Richardson.

Loving Care Center houses trainable mentally retarded and multiply handicapped students aged three through nine; Greenwood Hills educates the same group of children but in the age group seven through 16.

Trainable mentally retarded and multiply handicapped students from 14 through 21 receive schooling at the Cooperative Training Center while the Behavioral Center serves autistic and severely emotionally disturbed children.

"For students who are not quite so handicapped but who still need a self-contained, nongraded program, we have established ten sites," explained Dr. Ownby, director of the PISD special education program.

Some 150 PISD students are currently involved in self-contained classrooms and in the co-op program. Students who are handicapped to a lesser degree are served in their home schools (neighborhood schools) by resource teachers, speech therapists, adaptive physical education teachers and instructors for the visually handicapped.

Teacher aides assist the instructors in all self-contained and resource classes.

"Handicapped students ages 16 and over are helped to find jobs and are visited at work by our VAC staff of two," Dr. Ownby said. "We will probably serve 75 or more students this year."

"Homebound" teachers are utilized to continue the education of pregnant students in a classroom at the school

administration building. Homebound teachers also instruct nine cancer, orthopedic and/or cystic fibrosis students in their homes.

The adaptive P.E. teachers work with some 75 orthopedically and multiply handicapped students on an individual and small group basis.

Special ed.'s 12 speech therapists will help approximately 700 students with severely delayed language skills, stuttering and articulation and voice disorders, the director pointed out.

Sixteen students in classes ranging from Early Childhood through 12th grade are aided by a teacher for the visually handicapped. Her pupils include a senior high boy who transferred this year from the state school for the blind.

Forty resource teachers are assigned to all 21 schools in the PISD. They will serve 700 diagnosed students with such handicaps as delayed language, learning disabilities, auditory handicaps, visual handicaps, orthopedic handicaps, minimal brain injury, emotionally disturbed and younger mentally retarded.

"Special education has eight educational diagnosticians and one associate school psychologist," noted Dr. Ownby. "Their responsibility is to evaluate referred students and to determine whether or not these students meet state eligibility criteria for special education."

In addition, Mrs. Ownby said, there are four special education counselors and one special education director.

In other action Tuesday night, board members heard a report on structural, mechanical and electrical plans for the new 9-10 grade Clark High School.

Architect Paul Putty told trustees that construction plans on the school, to be located on the athletic complex at Spring Creek Dr. and Alma Rd., are proceeding on schedule and that the school should be bid in December.

Clark High School is expected to be completed in time for the 1979-80

school year.

School Board members voted in favor of a resolution supporting the Sept. 10 City of Plano bond election and reviewed public relations plans for informing citizens about the PISD's own upcoming bond issue Oct. 1.

An adjusted enrollment figure was given to the board by Superintendent Dr. H. Wayne Hendrick. Approximately 200 new students have entered Plano's schools since the first day of class 10 days ago. As of Tuesday, there were 18,640 children in the PISD.

Bus routes were also discussed Tuesday night.

Planonian yearbook editor for 1977 Terri Walls presented the Board of Trustees with personalized copies of the senior high school's annual.

Clerk Says Signatures Check Out

Collin County Clerk James Webb has reported that signatures on petitions asking for a local option election in Plano have been verified and that the petitions will be submitted to the Commissioners Court at their regular Sept. 12 meeting.

Some 1,700 signatures of registered voters were needed in order to call the vote for the legal sale of beer and wine for off-premise consumption only.

Citizens for Common Sense, organizers of the wet-dry move, were successful in raising well over the 1,700 names needed.

When commissioners act on the request next Monday, they will have between 20 and 30 days in which to call the election. Planonites will, therefore, be faced with the issue sometime around the middle of October.

Flying High

Motorcycle races were held Sunday at Rabbit Run MX today's edition for further details. (Staff Photo By Mike Newman).

1974 Report Card

School's Bond History Good

(Editor's Note: On Oct. 1, the Plano Independent School District will ask voters to approve the sale of \$38.5 million in bonds. The money, if okayed, will be used to build eight new schools, purchase 11 school sites, and finance renovations and additions to existing buildings.)

The following is the first in a series of articles dealing with the October bond issue and the district's previous bond funds. The articles will appear periodically during September.

It is unusual today to get more for your money than expected, but that is true of the Plano Independent School

District's 1974 school bond election. According to Superintendent H. Wayne Hendrick, the school district was able to build more schools from the \$22,470,000 Proposition I of the 1974 bond election than officials had planned to accomplish with those funds.

Prior to the 1974 bond election, school officials had proposed that three complete elementary schools, three Phase I elementarys, a new middle school and a new 9-10 grade high school would be provided by the funds.

However, as the district approaches

a new bond election on Oct. 1, the report card on the 1974 issue shows that all three complete elementarys have been built in the form of Hugheston, Jackson and Saigling schools and that the Armstrong Middle School and Vines High School were also completed as expected.

"But instead of three partial elementarys, we will end up with two more complete elementarys (Thomas and Harrington) and an additional middle school (Carpenter) which we had not planned on, but which is certainly needed to relieve Haggard," Dr. Hendrick said.

Continued on Page 3

City Calendar

SEPTEMBER 7

GREATER COLLIN KENNEL CLUB, INC., First National Bank Community Room, 7:30 p.m.
AAUW, branch meeting, "Getting to Know You," St. Mark's Catholic Church Activity Building, 7:30 p.m.

CENTRAL RECRUITMENT NIGHT for Girl Scout in Meadows and Mendenhall districts, Mendenhall School 7:30 to 9:30 p.m.

MOTHERS OF TWINS CLUB, child abuse program, Republic Savings and Loan Building, 6300 E. Mockingbird, 7:15 p.m.

TEXAS INSTRUMENTS WOMEN'S CLUB, "Take a Break with Betsy" program by American Cancer Society, Texins Assn. Bldg., 7:30 p.m.

SEPTEMBER 8

WOMEN'S DIVISION, Chamber of Commerce, membership coffee, Chamber of Commerce Building, 1200 E. 15th St., open to all interested women, 9:30 to 11 a.m.

WOMEN'S DIVISION, Chamber of Commerce get-acquainted coffee, Chamber of Commerce office, 9:30-11 a.m. All interested women invited. Call Robbie Glenn, 423-2001, for information.

HUGHSTON ELEMENTARY SCHOOL PTO, meeting and book fair, 7:30 p.m.

REDBUD COMMUNITY GIRL SCOUT LEADERS, members' homes.

AAUW, branch meeting, Holy Nativity Episcopal Church, program "Getting to Know You," 7:30 p.m.

SEPTEMBER 9

NON-DENOMINATIONAL BIBLE STUDY, First Christian Church, 9 a.m.

KIWANIS CLUB, Sambo's Restaurant, 7 a.m.
GREATER COLLIN KENNEL CLUB, INC., First National Bank Community Room, 7:30 p.m.

AAUW, national topic is Women as Agents of Change, speaker is Lee Douthit on assertiveness training, 9:30 a.m., call 423-7479 for information.

SEPTEMBER 12

PLANO SENIOR HIGH BAND BOOSTERS, Senior High band hall, 7:30 p.m.

METROPLEX NORTH CHAPTER OF NOW, First National Bank Community Room, 7:30 p.m.

ALPHA ZETA NU SORORITY, members' homes, 7:30 p.m.

PLANO CIVIC CHORUS, rehearsals resume, Room D-101 Plano Senior High, 7:30-9:30 p.m., call Rick Doll, 341-2438.

Basic Survival Skills Told

Medical Homework Needed

There is some homework children and parents need to do even before school really gets rolling. The Texas Medical Association says parents need to remind children each year about basic survival skills such as:

Never accept candy or a ride from a stranger.

Ride bicycles safely and make sure they are securely chained if there is a chance they will get stolen. Parents can inform children easily about bike rules by remembering that bicycles

must follow the same rules cars do.

Cross streets properly, using stoplights and crossing guards whenever possible. Parents may want to walk to school with young children some Saturday to make sure youngsters know all the danger points enroute.

Do not hang out of school buses or throw objects out the windows.

Parents also need to do their homework to fully prepare a child for a successful year in school. These

items are easier than the new math and may mean more in the long run:

Many children, especially those just beginning school, need to get a physical examination that includes a hearing and vision test. Children may think that the world looks blurred to everybody or that all sounds are supposed to be a little dim. A child can fall behind fast, struggling with a handicap nobody may know

he or she has.

A good physical exam is equally important for a child planning to participate in school athletics. An exam can uncover problems that athletics might aggravate. Or a doctor might encourage a child to participate in a certain sport to increase existing strengths or help correct a physical problem.

A physician or health

department clinic also can give children any needed immunizations that can prevent long, unnecessary absences. Texas law requires children have up-to-date immunizations for polio, tetanus, whooping cough (diphtheria), red measles and German measles (rubella) before they can attend school.

Parents have a continuing

responsibility during the year to make sure children get to participate in activities but do not get overloaded. Sometimes combinations of athletics, music lessons, social affairs, family responsibilities or other activities deny a child the chance for unstructured, independent playtime so important to healthy emotional growth.

B.J. Thomas Slated

Popular B. J. Thomas, who once again has a hit song, "Don't Worry Baby," will perform in two concerts at Six Flags Over Texas Saturday, September 17.

In a career that spans little more than a decade, the Houston-born performer has sold more than 20 million records like "Hooked On A Feeling," "I Just Can't Help Believing" and "Rock And Roll Lullabye."

Thomas was one of the top Houston singers in the mid-60's when he decided to cut a record. On the flip side of one of these records, he chose to do his father's favorite song, Hank Williams' "I'm So Lonesome I Could Cry."

Just as Thomas was receiving a lot of national attention for several major hits, he was involved in a stabbing in New York City which left him with a punctured lung.

He recuperated from the

wound for about six months and bounced back with a recording of one of his biggest hits, "Raindrops Keep Falling" for the movie "Butch Cassidy and the Sundance Kid."

The hectic whirl of performing began taking its toll on Thomas and he dropped out of touring in 1972. He didn't return until last year when he recorded an album called "Reunion" that,

is a career that spans little more than a decade, the Houston-born performer has sold more than 20 million records like "Hooked On A Feeling," "I Just Can't Help Believing" and "Rock And Roll Lullabye."

Thomas says, "sounds more like the old me than anything I've cut in several years."

Thomas will perform at 8

and 10 p.m. in the Music Mill Theater. Six Flags will be

open from 10 a.m. to mid-

night on Saturday, Sep-

tember 17.

The theme park will offer

a special \$5 discount ticket

sold at the front gate after 6

p.m. on the day of the con-

cert.

Thomas says, "sounds more like the old me than anything I've cut in several years."

Thomas will perform at 8 and 10 p.m. in the Music Mill Theater. Six Flags will be open from 10 a.m. to midnight on Saturday, September 17.

The theme park will offer a special \$5 discount ticket sold at the front gate after 6 p.m. on the day of the concert.

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Dance Group Opens NTSU Arts Series

The North Texas State University Fine Arts Series, now beginning its 74th season, has announced plans to bring to campus special presentations of music, art, dance and drama during the 1977-78 academic year.

The schedule includes the Raymond Johnson Dance Company, Oct. 6, NTSU University Theater; the Van Cliburn Competition winner

in concert Oct. 19, Main Auditorium; English guitarist and lutenist Julian Bream, Nov. 2, Main Auditorium.

Shakespeare's People, starring Sir Michael Redgrave in "A Celebration of Shakespeare in Words and Music," Nov. 10, Main Auditorium; Metropolitan Opera bass-baritone Donald Gramm, Jan. 25, Main Auditorium.

All performances are

scheduled for 8:15 p.m.

A summer Alumni Series, featuring performances by university alumni, also is being scheduled. Two performances will be announced at a later date.

NTSU students are admitted free with I.D. to all Fine Arts Series performances. Season tickets are on sale until Oct. 1 at the NTSU Union Ticket Office, \$14 for the general public and \$7 for NTSU faculty, staff and non-NTSU students.

Tickets also may be purchased for individual performances two weeks before each performance at the Union Ticket Office and at the door the night of the program.

For more information, contact Dr. Dorothy Pijan, NTSU Union director, (817) 788-2611.

Kraus, who teaches guitar in colleges throughout the Southern California area, will be joined in the concert by guest artists Jeffrey Goodman, a lecturer in the music school at UCLA, and Lenora Warkentin, a UCLA music student.

The trio will perform pieces by Cervantes, Erik Satie and Bela Bartok and Kraus will perform solos on music composed by Bach.

Peter Kraus Plays Thursday

The North Texas State University Union Courtyard Series will present classical guitarist Peter Kraus in concert Thursday (Sept. 8) at 12 noon and 8 p.m.

The noon recital will be in the University Union Courtyard just below the Balcony dining area and the 8 p.m. performance will be in the Lyceum on the third level of the Union. Both performances are free and open to the public.

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Future Circus'

Greg Travis (left) and Louis Roth, producer and director and stars of their own science fiction film, will present their production Thursday, Friday and Saturday at 8 p.m. in the Plano Senior High School theatre. Admission to "Future Circus" is \$1.50 per person. This is Travis' fourth movie. The Planoite will leave soon for Sherwood Oaks Experimental Film School in Hollywood.

Mellon Foundation Gives Grant to DSO

A grant of \$250,000 has been awarded to the Dallas Symphony Orchestra, for its permanent endowment, by the Andrew W. Mellon Foundation of New York.

Under the terms of the grant the Orchestra must raise \$750,000 in matching endowment funds by 1982 in order to qualify for the full amount.

John E. Sawyer, President of the Mellon Foundation,

said that similar grants had been made to other "major symphony orchestras" in the United States.

The Mellon Foundation's matching grant requirements necessitate a separate fund.

The Mellon Foundation's matching grant requirements necessitate a separate fund raising effort, according to Philip Jonsson, Chairman of the DSO's

Executive Committee.

Jonsson said "Endowment funds are an important building block in assuring financial stability."

The energy efficient foam insulation board that is currently being installed in new homes presents a potentially serious problem, says an agricultural engineer with the Texas Agricultural Extension Service.

"When foam insulation board is tightly installed on the exterior of a wall, moisture vapor may be trapped, resulting in condensation," points out Dr. Bill Stewart. Cold weather causes water vapor within a home to try to move through

the exterior walls from the warm indoor temperatures to the cooler outdoor temperatures.

"The problem arises when too much water vapor passes through the inside wall finish, becomes trapped, and condenses on the cold ex-

terior materials such as the foam board. The result is wet insulation and framing and musty odors. Over a prolonged period, wood rot develops," says Stewart.

Condensation problems become severe when outdoor temperatures drop to 35 degrees F. or lower for extended periods. Moisture vapor movement into the wall cavity can be restricted by proper installation of a vapor barrier near the inside surface of all exterior walls.

Polyethylene film is an excellent vapor barrier when installed with no openings through it. This requires all lapped joints to be made over framing and openings for electrical outlets to be sealed.

Foil-backed gypsum board is also a good vapor barrier if the joints are all made over framing.

Experience with vapor barriers indicates that it is impossible to completely prevent moisture vapor

from entering the wall cavity, points out Stewart. To eliminate possible condensation problems, vent the wall cavity to the outside.

This can be accomplished by allowing small cracks between adjacent sheets of foam board or by drilling one-inch holes through the boards at the top and bottom of each stud space.

"Remember that foam insulation boards installed alone as exterior sheathing do not provide adequate corner bracing. Let-in corner braces provide this strength and allow the complete coverage of the exterior wall with foam board insulation," reminds Stewart.

PRETTY LADY: Your beauty is only surpassed by the breath-taking colors of Tru-Test Latex Wall Paint available at C&S True Value Hardware Store. George. 233-2941.

-PISD Bond History

Continued from Page 1

The superintendent attributed the additional facilities to a favorable construction climate and dedicated efforts by school architects and trustees.

"Without a doubt, we got a tremendous buy on Vines," Dr. Hendrick commented, "and we also brought Armstrong in considerably under budget. The School Board also made the decision to reproduce the Jackson school plan for the Saigling, Thomas and Harrington schools which saved money."

Dr. Hendrick noted that the other projects in Proposition I of the 1974 election—a classroom addition to Christie, a P.E. addition to Williams,

renovations to existing facilities and purchase of new school sites—and the athletic stadium in Proposition II were all completed.

"The Christie classroom addition exceeded our budget slightly and the total stadium project also exceeded the amount listed in Proposition II somewhat," he pointed out. "However, the School Board decided to use planning funds included in that bond issue to pay the stadium architect's fees so that the actual stadium construction stayed within the allotted amount."

Dr. Hendrick observed that pinpointing several years in advance how much a specific project will cost is a tough call because of in-

fation, design and concept changes.

"We are tremendously pleased that we were able to provide the boys and girls and the taxpayers more educational facilities from the 1974 bond issue than we had anticipated," he said.

"We hope that we will also be able to provide even more facilities out of the upcoming bond issue than we are planning for, but only time and construction costs will tell."

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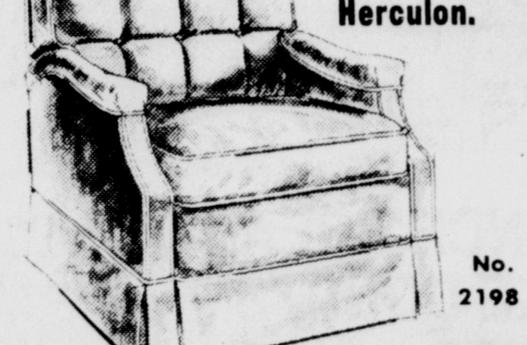
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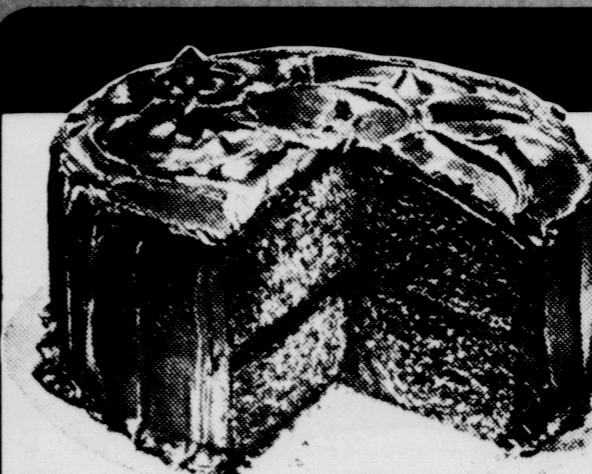
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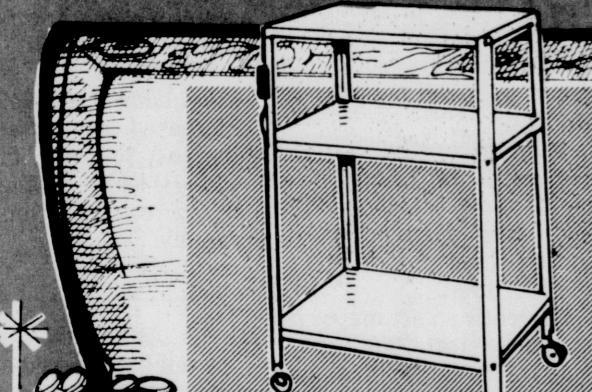
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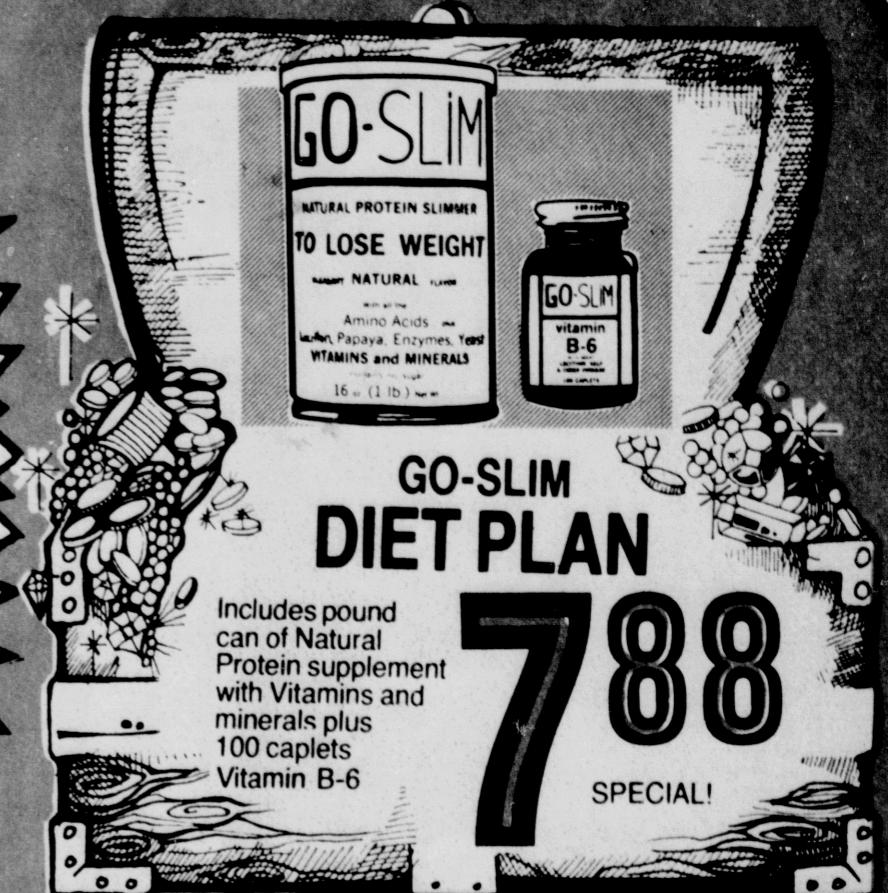
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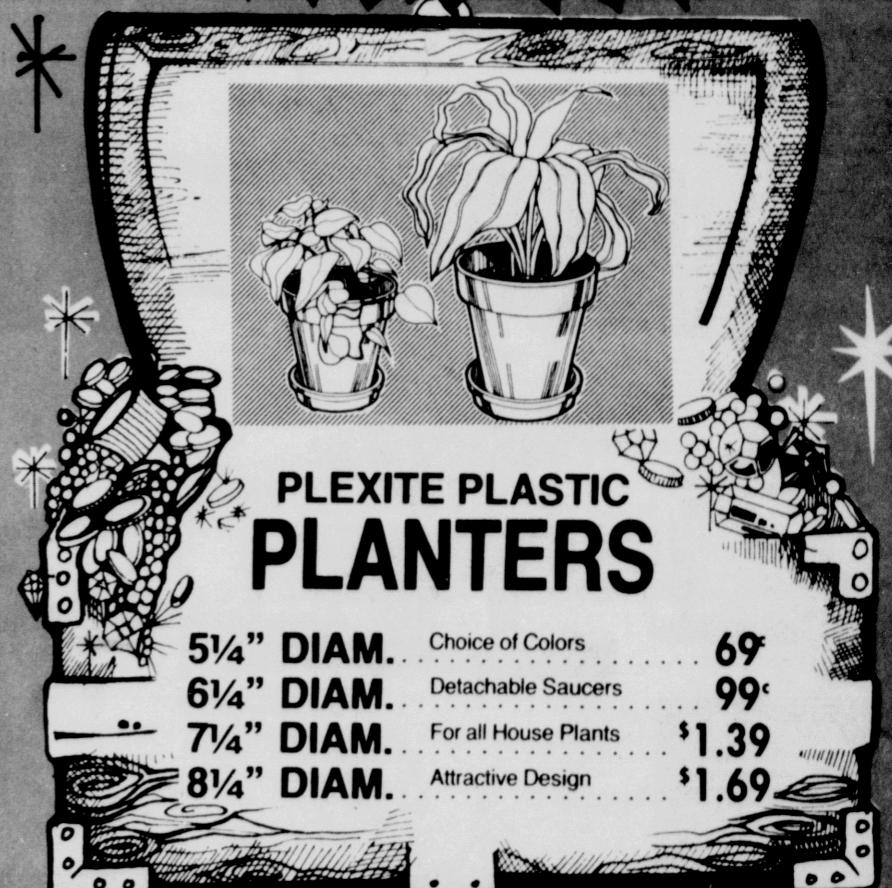
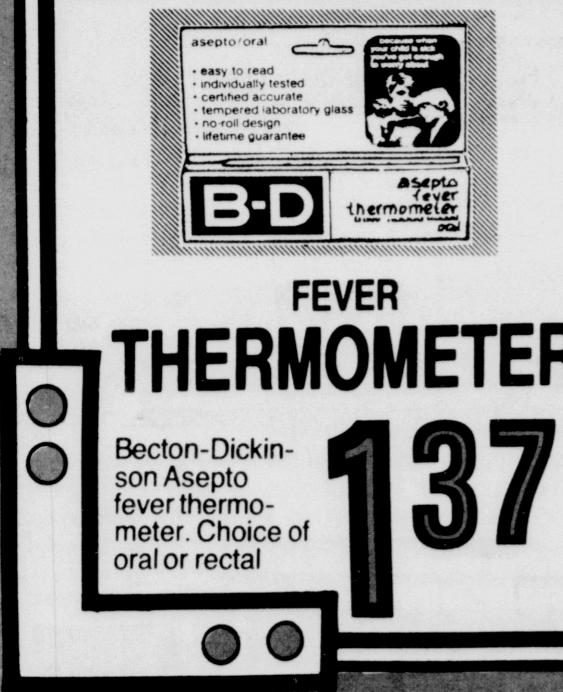
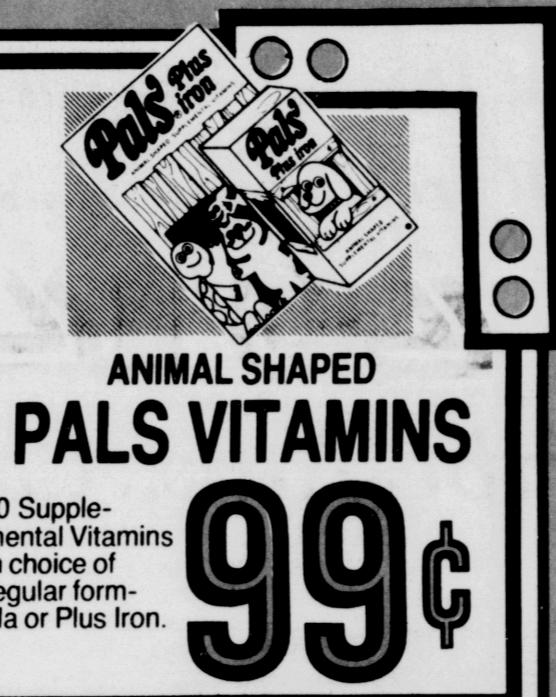
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Can Can

Planoette captain Julie Mitsrich takes the lid of her balloons as the drill team presented their first halftime show of the year Friday night at Plano's new stadium. The novelty number was followed the traditional high kick routine to the tune of "Everything's Coming Up Roses". (Staff photos by Mike Newman).

Retail Operations Increase Rapidly

Editor's Note: Earlier this summer, M-PF Research Inc. presented an analysis of Plano's retail trade potential to the Plano Chamber of Commerce. The study was commissioned by the chamber, with the financial assistance of the City of Plano and Plano Independent School District, in late 1976.

This is the third article in a series drawing from the 50-page report.

To realistically plan for future retail growth in Plano, it is helpful to examine historic retail sales performance and to determine Plano's potential retail sales.

According to the Census of Retail Trade in 1967 Plano had a total of 99 retail establishments with total retail sales estimated at \$10 million.

By 1972, the census reported the number of retail stores had jumped to 224 with sales of \$37.7 million, more than double the 1967 total.

Currently an estimated 750 to 800 retail businesses operate in Plano with annual sales of \$90 million. The population is increasing in Plano by 6,200 to 6,500 persons per year.

At this rate of growth, retail stores needed to serve the population's needs is projected to double by 1981 to over 1,600 stores.

An examination of actual retail sales versus the

potential retail sales yields the share of the retail sales market that Plano has captured.

This analysis reveals that in 1967, total retail sales were \$10 million compared to a potential sales volume of \$13 million. Therefore Plano, in 1967, was capturing 77 percent of retail sales potential.

Five years later in 1972, the share of retail sales captured remained virtually static. Actual sales totaled \$37.7 million with the potential retail sales calculated at \$49.6 million.

The total retail sales for 1977 is estimated at \$98 million, and potential retail sales at \$163 million, resulting in a decrease of share to 60 percent.

In other words, although the volume of retail sales has increased dramatically over the past 10 years, the sales Plano is losing to other areas is increasing even more rapidly.

SOIL BANK

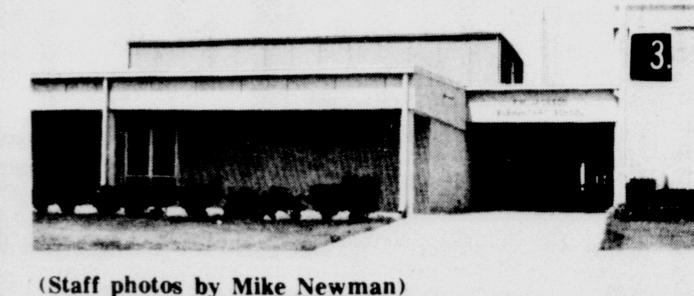
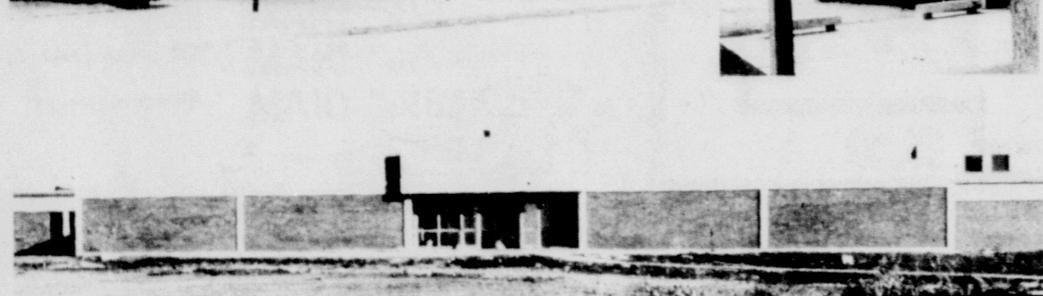
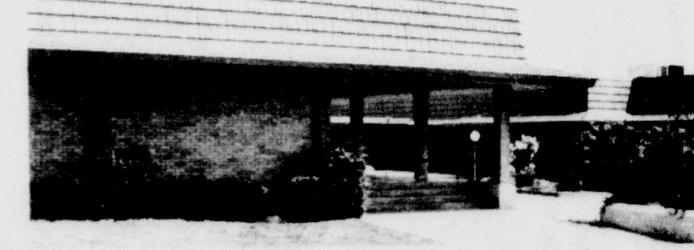
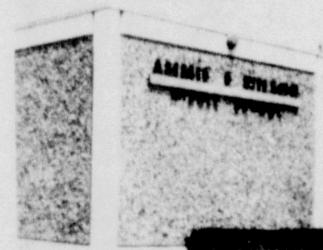
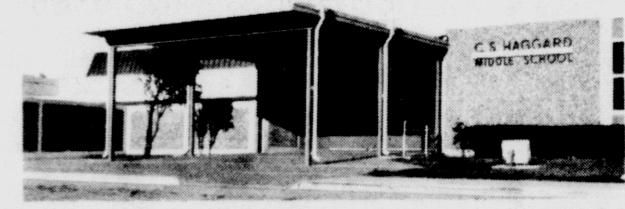
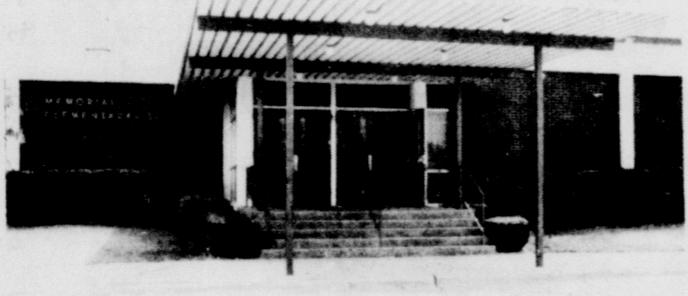
A soil bank to reduce farm surpluses was set up on May 28, 1956, by the Agricultural Act.

**who is
Frank Lee?**

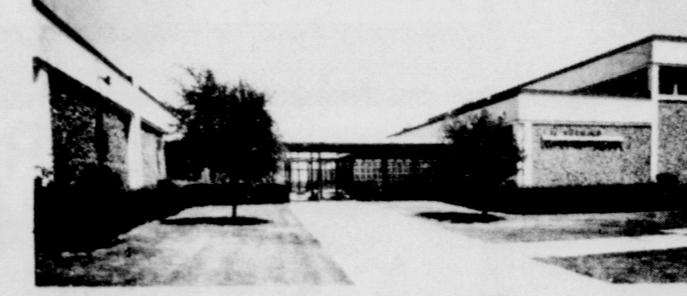
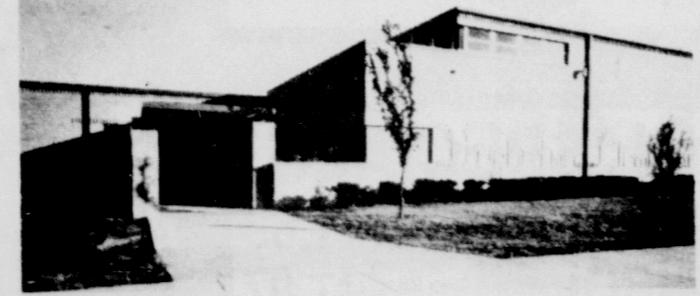
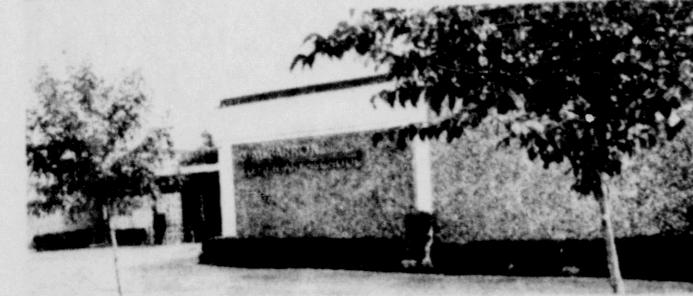
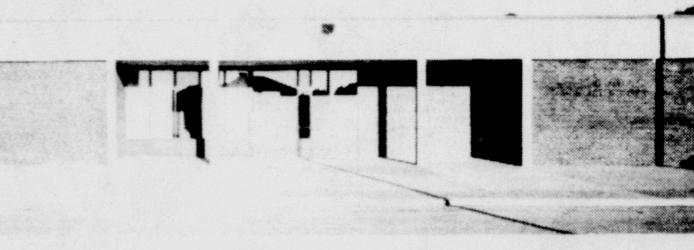
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(Staff photos by Mike Newman)



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Environmentally**State Is Goldmine**

To the astute environmentalist, Texas is a goldmine.

In fact, the state is one of the most environmentally diverse in the nation. To protect this vast array of natural resources, private control coupled with an appreciation for public need is the logical answer, contends one authority.

"Texas has samples of nearly every major type of natural environment found in the continental United States. There are forests, plains, mountains, prairies, deserts and coastal areas. Yet, few people are aware of these vast resources provided by nature," points out Pat D. Taylor, recreation and parks specialist with the Texas Agricultural Extension Service.

Many of nature's attractions in Texas are still in their pristine state due to the high degree of private ownership of land, notes the Texas A&M University System specialist.

Less than five percent of the state's lands are publicly owned, so millions of unspoiled acres remain because of the resource management practices of many farmers and ranchers.

Also, since the most fragile and spectacular resources are found in western areas, they are not

readily accessible to most of the state's population which lives in the eastern half of Texas.

Mountain peaks, ponderosa pines, Douglas firs, chihuahuan deserts and salt flats are some of the typical delights of western stretches of Texas, yet few people ever see them, notes Taylor.

"Of course, the pressures for access to Texas' natural beauty is increasing, so ways must be sought to meet the needs of the recreating public as well as the special needs of the private landowners," contends Taylor.

The irresponsible recreationist who abuses trees, wildlife or livestock, or leaves litter behind becomes an unpleasant neighbor to the landowner. Subsequently, the landowner is forced to absorb the cost of these abuses and is therefore not encouraged to allow access to his land and its natural recreational offerings.

"Although much of Texas' original beauty is still intact because of private management practices, there is no guarantee that present acceptable land uses will remain so," points out Taylor.

"Landowners often succumb to development or taxing pressures which encourage or force them to

convert the resource to other uses. The result is that unique natural sites are lost forever, and the people of Texas lose as well."

To protect the vast amount of diverse natural beauty that Texas has to offer, Taylor suggests that both public and private concerns work toward mutually beneficial management programs.

Richard Glenn Scott, 12-year-old son of Mr. and Mrs. Francis G. Scott of Garland, died Saturday in Garland.

Funeral services were held at 3 p.m. Tuesday at Harrington-Bratcher-Dickey Funeral Home with the Rev. Leonard Allgood officiating. Burial followed in Plano Mutual Cemetery with Jose Jubera, Frank Jubera, Jim Good, David Martin, Vernon

Douglas and John Martin serving as pallbearers.

The youth was born June 18, 1965, in Lindsborg,

and had lived in Garland five years.

He is survived, in addition to his parents, by a brother,

Jimmy L. Scott; a sister,

Mrs. Peggy Nading of

Garland, and an aunt Mrs.

Alvina Oliver of Plano.

Obituaries**RICHARD GLENN SCOTT**

In the current school year, more than one million children will undergo hearing screening, and the Texas Department of Health is making sure that the equipment used is accurate.

Early in August, the Department took charge of a new mobile laboratory to be used in calibrating audiometers, the sensitive devices used to test hearing.

The new van has a sound proof workroom at each end where a technician and his assistant can test the audiometers.

The middle of the van is the administrative area, where the paperwork is done and the reports are made out.

The special van will be used on locations throughout the state, such as local health departments and

schools. The van is equipped with air conditioning and heating, a dehumidifier, a built-in burglar alarm system, and carries its own diesel generator in case a power outlet is not available.

The van will be sent to a central location in a city, and then the audiometers from the schools, doctors offices and hearing clinics can be brought to it for testing.

The need for such service was brought out from a survey made by the Department.

The results of a survey made of 1471 school-owned audiometers checked for sound pressure level and frequency, showed that 81.7 percent didn't meet national standards.

Any type of hearing screening program can only be as good as the equipment

used. If the screening is not accurate, and there are a lot of over-referrals, or under-referrals, then the public will lose confidence in the health delivery system.

The new van will provide the quiet facilities needed to operate the sensitive equipment used to check audiometers. Screening audiometers will be tested for such things as sound pressure level, frequency, distortion, mechanical hazards and shock problems.

All audiometers must meet standards set by the American National Standards Institute.

All Health Department audiometers, those used in training and those loaned to schools for screening, are checked regularly. Audiometers owned by the schools are checked once a year by the Department.

Divorce Course To Aid Children

A program to help school age children adjust to the parent's divorce, "IALAC: For Loveable and Capable Children of Divorce", will be offered by the Family Guidance Center, a United Way agency, beginning September 8.

It will meet for five Thursdays through October 6 from 4 to 5 p.m. at the agency's downtown Dallas office, 2200 Main Street.

The fee is \$15 for the

Terry Heads Directors

Kenneth R. Terry has been named president of the board of directors of Richardson Medical Center. Terry is president of First Bank & Trust of Richardson.

Jerry Owens, president, Owens Sausage, was named vice president and Dr. J. J. Pearce, chairman of Firstbank, was elected secretary of the board of the medical center.

Appointments will become effective November 1.

series. Families with more than one child may apply for an adjusted fee.

The title for the series is derived from the phrase "I Am Loveable And Capable". One of the prevalent feelings of children of divorce is unloveableness.

This along with such feelings as guilt, loneliness, fear, and anger will be dealt with to enable the child to recognize he is loveable and capable.

Visitation adjustments, changes in life style and school problems will also be discussed.

Special video-tape vignettes recently produced by the Family Guidance Center and based on current research of the effects of divorce on children will be used to stimulate discussion of the child's feelings.

Geneva Giese, Director of Family Life Education, and Hugh Vinson, Family Guidance Center staff counselor, will lead the series. Advance registration is requested.

Parents may call the agency at 747-8331 to register their child.

Food Stamp Hearings Scheduled

Two public hearings will be held in Texas so that people in the Southwest region may advise the U.S. Dept. of Agriculture (USDA) of their needs and concerns about the Food Stamp Program.

An Oct. 18 hearing will be held in Dallas at the First Presbyterian Church, Harwood and Wood streets.

To assure that both urban and rural areas have opportunity for input concerning the program, another hearing is set Oct. 21 in Pharr, Tex., at the Pharr Civic Center.

Both hearings are scheduled to run from 9 a.m. to 7 p.m.

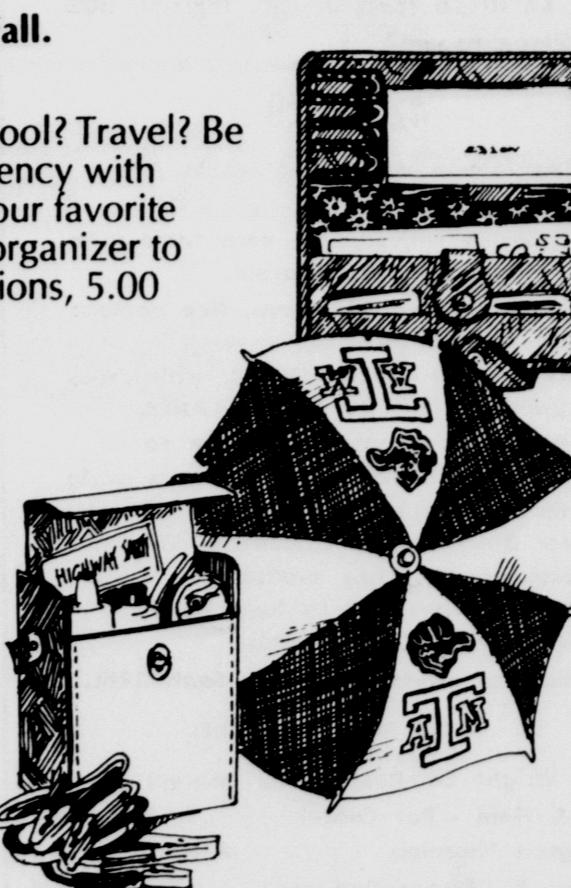
Both hearings are open to people in the states of the southwest region of USDA's Food and Nutrition Service which administers the Food Stamp Program. Besides Texas, they are Arkansas, Louisiana, New Mexico and Oklahoma.

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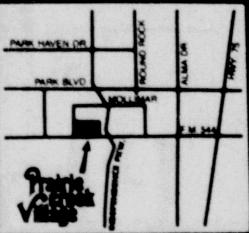
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District Roundup

Plot Thickens In 13-AAAA

District 13-AAAA football results from last week's games raises questions about the upcoming race for the loop title.

In Friday night's games, the team's that were predicted to be the top contenders lost with only one exception, while those teams picked as also-rans came out winners.

Plano, Richardson and Lake Highlands lost their respective games. Each is considered a favorite in the loop race that begins Sept. 16.

Meanwhile, Sherman, ranked number one in the state and picked the top contender to repeat for the championship, won easily over Hurst Bell, 50-26.

The also-ran teams of last year that won included Paris over Sulphur Springs, Richardson Pearce over Dallas Hillcrest and Greenville over Tyler Lee. Mild surprises included the win by Denison over Trinity and the loss by Berkner to Dallas Sunset.

What all the winning and losing means is that District 13-AAAA could be shaping up as the most even race in years.

Sherman, last year's champ, looms as the team to beat but everyone else seems beatable by anyone else on any given Friday night.

Shoulder Forces Withdrawal

Borg Reveals 'Too Much Pain to Serve'

By FRED LIEF
UPI Sports Writer

FOREST HILLS, N.Y. (UPI) — Locker No. 102 is empty today.

Bjorn Borg packed his gym bag and said goodbye to the U.S. Open Tennis Championships of 1977.

Sweden's top seed defaulted in the third set of his match with Dick Stockton Tuesday afternoon when pain from his sore shoulder forced him to call it quits.

"I'm finished," he told Stockton after the first game of the final set. And after notifying the umpire, Borg walked off the court to a hearty ovation from the capacity stadium court crowd of 12,333.

Later, at a press conference, he stated his case simply.

"There was too much pain to serve," he said. "It's a mental thing. Every time

you throw up the ball, you wonder if it's going to hurt."

The 10th-seeded Stockton was leading, 3-6, 6-4, 1-0, in the fourth-round match when Borg defaulted. Today, Stockton of Carrollton, Tex., takes on 12th seeded Harold Solomon, Silver Spring, Md., in a quarter-final match.

With the No. 1 seed unexpectedly gone from the 96th annual Open, a lot of the glamor went along with it.

But a 14-year-old ninth-grade girl and a 33-year-old woman are keeping things as lively as ever.

Tracy Austin, the pigtailed wunderkind of Rolling Hills, Calif., plays fifth-seeded Betty Stove of The Netherlands today in a quarter-final match on center court. In the night session, seventh-seeded Billie Jean King battles top-seed Chris Evert in another quarterfinal encounter.

Stove, 18 years older and a foot taller than Austin, is at times a powerhouse of a player. Other times she is not.

"If Betty plays her normal game she should beat Tracy," said second-seed Martina Navratilova. "But Betty's not a clay court player."

King, a six-time Wimbledon winner, has been playing solid tennis. But she may very well come to the end of her line against Evert. Breezing through her previous matches, Evert has lost just eight games in her four matches thus far.

But King has risen to the occasion before.

"I like the clutching," she says.

In a key match Tuesday night, second-seeded Jimmy Connors, Belleville, Ill., blitzed 11th-seeded Roscoe Tanner, Lookout Mountain, Tenn., 6-0, 6-2, to gain the quarter-finals.

Connors devastated the hardserving Tanner.

"It's not like I was coasting out there," said the 25-year-old Connors. "Every shot I hit I put something into it."

Tanner, speaking matter-of-factly afterwards, said his rhythm was off and his serve never got going.

In other major matches Tuesday, fifth-seed Manuel Orantes, Spain, ripped John McEnroe, Douglaston, N.Y.,

6-2, 6-3; third-seeded Brian Gottfried, Lauderhill, Fla., defeated Poland's Wojtek Fibak, 6-7, 6-3, 6-4; Evert, Fort Lauderdale, Fla., whipped Nancy Richey, San Angelo, Texas, 6-3, 6-0; and thirdseeded Virginia Wade, England, beat Mona Guerriant, Scottsdale, Ariz., 7-5, 6-4.

In another important match on today's card, fourth-seeded Argentinian Guillermo Vilas plays Ray Moore of South Africa.

Second Place Astros' Dream

HOUSTON (UPI) — The Houston Astros have no hope of catching the division leading Los Angeles Dodgers, but the Astros still dream of a second place finish.

The third place Astros whipped second place Cincinnati Wednesday for the second night in a row. It was the Astros' 10th win in 11 games, and it was Joaquin Andujar on the mound and Art Howe at the plate who made the difference in the 8-3 victory.

"Tonight meant a lot to me," said utility infielder Howe, who drove in three runs with a single and a double.

"I've been struggling the last two and half weeks. Tonight was the first time I've really felt comfortable since coming back from my pulled muscle."

"I've played second, short and third and I hope that next year one of them will be mine. I hope I can get rid of that utility-man tag. I hope I can get a hot streak going so we can catch the Reds."

Andujar boosted his personal pitching record against his former teammates to 5-1 in collecting the victory.

ATTENTION TEENAGE BOWLERS

The Fall Bowling Season is here and time to start registering for Jr.-Sr. Saturday morning league. If you like to bowl and are 12 to 18 years of age, register now at Plano Lanes

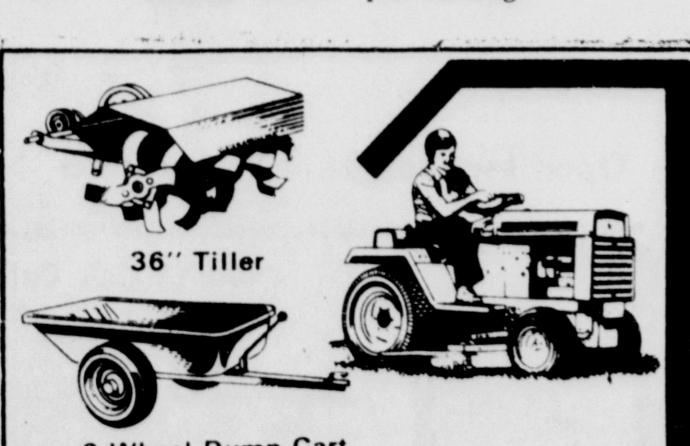
424-4229

1. The league will be 35 weeks long starting Sept. 21
2. Sponsors will support each team with a team shirt and morale.
3. There will be 16 teams, five persons on each team.
4. Fees are \$2.25 per week, with shoes provided FREE by PLANO LANES.
5. Parents may pay in advance to eliminate bookkeeping problems or in three equal payments. The total cost for 35 weeks of bowling is \$78.75.
6. Instructors/coaches available to teach new bowlers and to help keep everyone on their game.
7. Bowling starts 9:30, Sat., Sept. 24th.

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KELVIN SMITH

Smith Starts For Angelo State Rams

Kelvin Smith, former Plano High School standout football player, will be in the starting line-up for the Angelo State University Rams Saturday night when they open the 1977 season against Central State University in Edmond, Okla.

He will be beginning his second year as a full-time starter for the Rams playing nose guard and linebacker on defense.

Smith, who at 6'0" 225 pounds has the potential to become the best linebacker/nose guard in Angelo State history, according to Coach Jim Hess, will be a major key to the Ram's defensive success this year. He had an outstanding sophomore year, and great things are expected of him in the next two years.

He is majoring in math at ASU, and is the son of Mr. and Mrs. Robert L. Smith of Plano.

Sports Briefs

Kingman Claimed

ANAHEIM, Calif. (UPI) — Home-run slugger Dave Kingman, who had been put on waivers by San Diego when he refused to sign a contract, was claimed by the California Angels Tuesday for \$20,000.

The Angels said Kingman, 29, would join the team in time for tonight's game here against Milwaukee.

Manager Dave Garcia said Kingman would be used in left field and at first. "I'm happy to have him with us and I'm sure he'll be an asset to our club."

ORCHARD PARK, N.Y. (UPI) — The Buffalo Bills Tuesday waived veteran quarterback Gary Marangi and defensive tackle Marty Smith.

The cuts left the team with 50 players.

MIAMI (UPI) — The Miami Dolphins waived two free agents Tuesday and picked up free agent defensive lineman Eary Jones, who had been cut by the Los Angeles Rams.

The Dolphins still had to cut two more players to get down to the roster limit of 48 by 4 p.m. Tuesday, but the announcements were delayed until today.

Waived were guard Fred Dean, and defensive tackle Gerry Roberts.

HEMPSTEAD, N.Y. (UPI) — Ed Marinaro, who was leading the New York Jets in rushing and receiving last year before an injury sidelined him midway through the season, was one

of three players placed on 24-hour recallable waivers Tuesday by the Jets.

ST. LOUIS (UPI) — Notre Dame defenseman Jack Brownschidle has signed a

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Texas Tech

LUBBOCK, Tex. (UPI) — The Texas Tech Red Raiders worked out for two hours in shorts and T-shirts Tuesday in preparation for the season opener against Baylor Saturday in Waco.

Head coach Steve Sloan said the Raiders were not

Rabbit Run Holds MX Races

Riders Compete In 12 Classes

Motocross motorcycle races were held in 12 classes Sunday at Rabbit Run MX Park in Plano. Money was awarded to winners in all classes.

In the final results, Boo Stichter took first place in the Open Expert class followed respectively by Randall Tarter and Dewitt Knox. The fourth through tenth positions were nailed down respectively by Robert Brown, Dickey Nowell, Rickey Kidd, Bobby Pickard, Gary Haynes, Steve Floyd and Brian Parker.

In the 250 cc Expert class, California's Gary Ogden

took first place over 33 competitors. He was riding a Suzuki. Second place went to Tim Lunde and third was taken by Glen Johnson.

Fourth through tenth places were won respectively by David Boles, Barry Callaway, Billy Harrison, Mark Harrington, Doug Archer, Kurt Janish of Plano and Rich Weir.

In the 125 cc Expert class, Danny Doss piloted his Suzuki to a first place finish. Taking second in the 25-cycle field was Dickey Turnbo and

third was Glen Johnson.

Fourth through tenth positions were won respectively by Danny Weir, Shawn Smith, Sean O'Brian, Jimmy Martin, Rick Rickard, Joe Skinner and Eddie Roberts.

In the Over 30-Years class, Ed Terrell was first on his Bultaco in the seven-cycle field. Second went to Raul Echeverria and third was won by Roy McCullough.

In the Open Junior class, Marvin Wood was first on board a Yamaha followed by

Emmett Gibbs on a CZ.

In the 250 cc Junior class, Bruce Hallmark rode a Maico to first place followed by George Emil on a Suzuki. Third was won by David Marbo. Fourth through sixth positions were taken respectively by Guy Glover, Bob Boone and Larry McGhee.

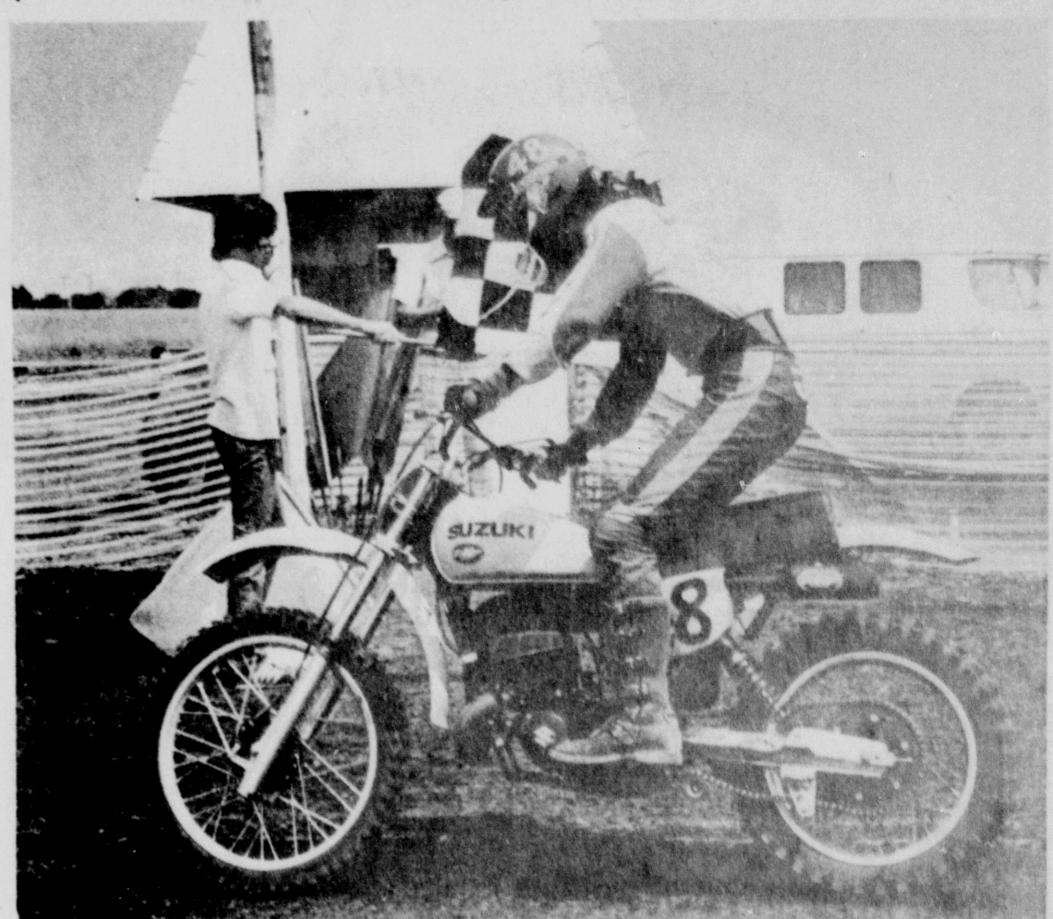
In the 250cc Novice class, Donald Preist rode a Yamaha to the top position followed by Jerry Martin, Paul Boatwright, Mike Mitchell and Jack Wehrle.

In the Mini Senior division on a Yamaha and Jerry Skinner was second on a Yamaha.

Third through sixth were taken by Jerry Martin, Paul Boatwright, Mike Mitchell and Jack Wehrle.

In the 125 cc Junior class on a Yamaha. He was followed in the nine-cycle field by Brent Fletcher on a Suzuki and James Roberts on a Yamaha. Finishing fourth through seventh respectively were Tate Walker, Henry Cherry, George Emil and Jim Hutcherson.

Mike Hance on a Yamaha took top honors in the 125 cc Novice class. The second position in the 12 cycle field was nailed down by Ken Smith on a Husqvarna. Third through ninth were taken respectively by John Propst, Tommy Wing, Jay Daughtry, Terrell Chastain, Mike Cox, Steve Pratt and Melvin Dunn.



Gary Ogden of California took first place in the 250cc Expert class at the Rabbit Run Motocross races held Sunday in Plano. (Staff Photo By Mike Newman).

District Roundup

Allen Surprising In Season Debut

BY KEYTH TAYLOR

Sports Writer

Football is off and running in the state of Texas.

Last week signaled the opening fireworks for the 1977 season as teams from every district tried to live up to their preseason ratings or as the case with some teams they tried to prove the so-called "experts" wrong.

Take Allen for example. This past Friday the Eagles played a formidable foe in Frisco. Even though Allen was rated next to last in their seven-team 12-AA district, they played a good game both offensively and defensively minus several mistakes by both teams and walked away with a narrow and exciting 7-6 victory.

Allen was outweighed in almost every position. Take the offensive line from tackle to tackle the Eagles weighed in at an average 178 lbs. and Frisco's offensive line weighed in at an average 211 lbs.

Although the game is very much a rivalry (such as Plano vs. Richardson or Sherman) and since when rivalries do meet odds are usually paid little attention to. Never the

less, Allen did beat a good team and could be on their way to surprising everyone in the district.

Elsewhere in the district, Cedar Hill defeated Aledo 13-12, Midlothian trounced Kennedale 52-0, Forney lost to Fort Worth Christian 14-0, Ferris fell to Dallas St. Marks 24-8, Red Oak lost to Lake Dallas 26-6 and state ranked district favorite Wylie upheld their rating with a 53-14 thumping of Fort Worth Diamond Hill.

DISTRICT 12-AA STANDINGS				
Team	W	L	T	PF PA
Wylie	1	0	0	53 14
Allen	1	0	0	7 6
Cedar Hill	1	0	0	13 12
Midlothian	1	0	0	52 0
Forney	0	1	0	0 14
Ferris	0	1	0	8 24
Red Oak	0	1	0	6 26

Last Week's Results: Allen 7 - Frisco 6, Wylie 53 - Fort Worth Diamond Hill 14, Cedar Hill 13 - Aledo 12, Midlothian 52 - Kennedale 0, Forney 0 - Fort Worth Christian 14, St. Marks 24 - Ferris 8, Red Oak 6 - Lake Dallas 26.

Sports Parade:

Dallas Cowboy Tony Dorsett Wants Unlisted Number?

BY MILTON RICHMAN

UPI Sports Editor

NEW YORK (UPI) — Running gag around the National Football League is that Heisman Trophy-winner Tony Dorsett considers himself so important to the Dallas Cowboys, he has asked for an unlisted number on his jersey... Neither side will confirm it, but Tom Seaver is said to have signed for \$265,000 a year with the Reds plus a bonus arrangement, which will bring him another \$800,000 over the next two years. He was getting \$225,000 with the Mets...

Bobby Orr keeps hoping he'll still play hockey for the Chicago Black Hawks, although on the advice of doctors, he'll sit out this season trying to strengthen his knee enough so that he'll be able to give it a try again for the 1978-79 campaign. He managed to appear in 20 games for the Black Hawks last season and had 23 points. Every time he took a turn on the ice, Orr was playing on practically one leg...

The America's Cup races are considered one of the most glamorous spectacles in all sports, largely because most of the elements are there: the water, beautiful girls cheering, and two different countries competing against each other one-on-one. But hear this: The crew of the 12-meter Courageous, which defends the cup against Australia at Newport, R.I., next week, spent most of the past two days sandpapering and painting the underside of their boat by hand...

Bill Veeck isn't letting

himself become unduly stamped by Richie Zisk's salary request. Zisk, who hasn't signed his contract with the White Sox yet and looks as if he won't, is supposed to be asking for more than a million dollars over five years. Zisk, having a good year with the bat, probably will take his chances on the open market this winter. "He's helped us. We'd like to have him," Veeck says, without going into any dollar specifics...

National Hockey League referees and linesmen no longer will wear numbers this season. They'll have their names across their backs instead. The NHL says the change will make it easier for the fans to identify the officials. That's only the party line, however. The real reason is — would you believe? — several of the referees and linesmen were upset because some of their colleagues had been assigned lower numbers than they...

Fellow players with the Giants have given up trying to figure out what makes Tim Foli blow up for no apparent reason the way he does. His latest run in with Dick Ruthven of the Braves Monday night resulted in a five-day suspension and fine by National League President Chub Feeney. Incensed because Ruthven wouldn't give him a fast ball to hit, Foli exchanged words with the Atlanta pitcher and the scuffle which followed almost led to a free-for-all. Tim Foli is baseball's Dr. Jekyll and Mr. Hyde, quiet and pleasant sometimes but wildly uncontrollable at others. When he was with the Mets, they gave him the name "Chief Crazy Horse" after he got into one hassle with Coach Joe Pignatano for picking up some hockey tickets of his by mistake and into another squabble with first baseman Ed Kranepool for not tossing the infield ball to him while the pitcher was warming up...

Johnny Bench sings to himself occasionally while walking up to the plate from the on-deck circle. What kind of songs does he sing? Country and western, naturally...

Ralph Houk, the Tigers' manager, has mellowed since his early days. Some who were with him then like to tell about the time he was managing Denver in the American Association and Max Macon, who had pitched for the Cardinals, Dodgers and Braves, was handling St. Paul. Macon had a habit of whistling and that was the signal for his pitcher to knock down the hitter. In a game with Denver one night, Macon whistled. Marv Throneberry, the Denver batter, went flying on the next pitch. So did Houk, from the third base box where he was coaching. He didn't bother with the St. Paul pitcher, heading directly instead for the St. Paul dugout where he flattened Macon with one punch. It was all over in less than a minute and Macon never whistled anymore after that...

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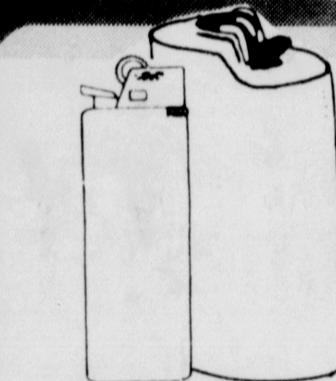
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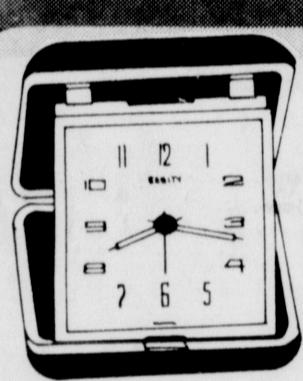


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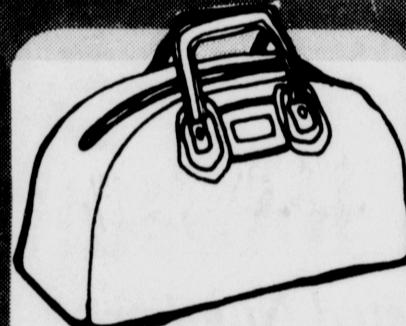
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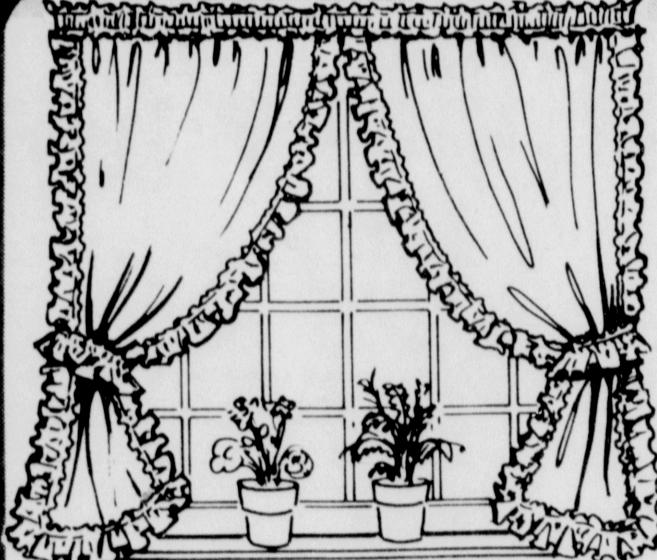
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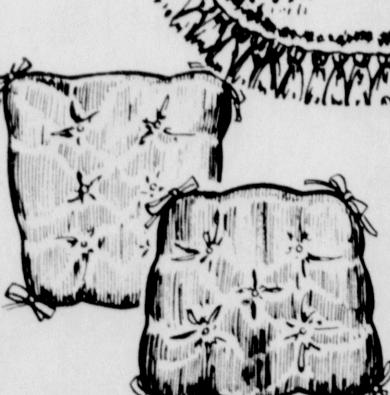
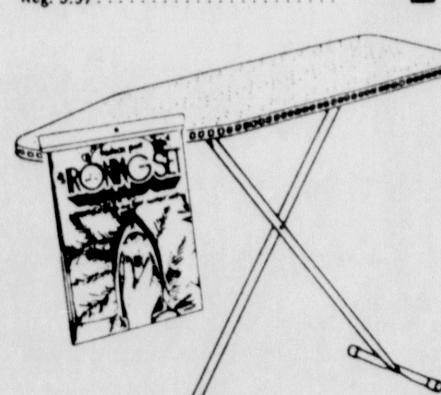
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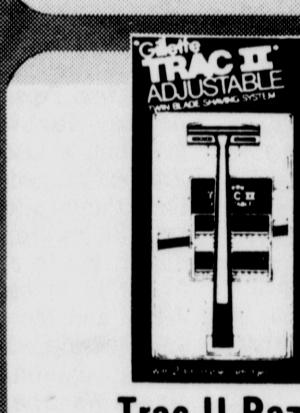


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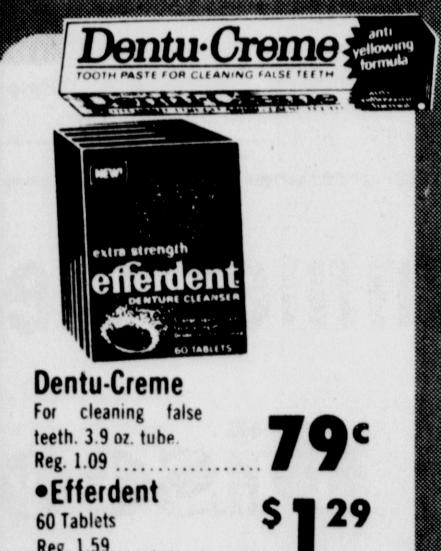


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Section II

Wednesday, September 7, 1977

Page 1

Outlook

Features- Entertainment Page

A Day at the Races.....

Plano's Rabbit Run Hosts Weekend Action



It's hot, it's dusty and the racers are on the track, so it must be Sunday at Plano's Rabbit Run motocross raceway. Racers from as far away as California like Gary Ogden (above) took to the track in the 250 cc Expert Class. Ogden took top honors in the race. (See today's sport pages for

complete results.) Sunday saw the return of Plano's Kurt Janish to competition (right No. 946) who finished ninth over all for the day. And 250 expert rider Barry Calloway (above right) obviously felt two heads were better than one. (Staff photo by Mike Newman).



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The Legal Way

By E. J. DEMSON, J.D.
Copley News Service

To recover damages in a court action for a breach of contract, the cost may be more than the amount recovered. For example:

Q. My husband had a garage in Paramus, N.J., install a new transmission and driveline in our 1971 Ford van. The garage put in the wrong transmission. We had it replaced in Phoenix, Ariz., where we now live. We have written to the New Jersey garage for what we paid them, but we get no answer. What's our next step?

A. The law says you have a court action for damages against the New Jersey garage arising out of a breach of contract for a transmission which has proved to be the wrong transmission improperly installed (Am. Jur. 2d Ref. Damages Sec. 46-79).

To obtain services of the court action on the defendant garage you would be required to file your case in Paramus, N.J., and appear personally

to testify with an expert in automobile mechanics and a lawyer retained in New Jersey to prove the breach of contract.

For this the expense would probably exceed the amount you could recover in your lawsuit; that's probably the reason the garage doesn't respond.

+ + +

Q. Within three years before my husband's death, I transferred, without his knowledge, savings bonds and bank accounts held jointly by us to my name only. The Federal IRS has included the bonds and the bank account balances in his gross estate except the exclusion of \$3,000 a year to each donee (IRS Code Sec. 2035).

+ + +

Q. My husband and I added three rooms to our home in Hawaii after our son's marriage; he and his wife now occupy the rooms. We are behind in our mortgage payments. The bank has sent us a notice of foreclosure.

We paid in advance to the contractor for the addition. The contractor says he can separate the addition from our home if it's not included in the description in the mortgage. Is this legal?

A. If the mortgage on your home provides that all additions and improvements to your home become a lien, then such additions as you have described become a part of the original mortgage lien. To remove the addition would violate the provisions of the mortgage (Haw. Rev. Stat. Sec. 506-2).

+ + +

Q. I live in Iowa. I sold my car. A day later the new owner had an accident in which two persons were seriously injured. The son of one injured person called me to say they will hold me as well as the driver. I thank you to tell me the law on this situation.

A. The former owner who has made a bona fida sale of the vehicle is not liable for its negligent operation regardless of whether the certificate of title has been transferred. (Code of Iowa Sec. 321-493).

Master's candidates climbed about ten percent from 1,050 to 1,150.

Both junior class student enrollments and Ph.D. candidates remained the same at about 2,200 and 260, respectively.

Also remaining constant at UT-Dallas, which opened in 1969 and added juniors and seniors in 1975, was a 56 percent to 44 percent ratio of undergraduate students to graduate students.

A 54 percent to 46 percent ratio of men to women also recorded this fall at UT-Dallas does not follow recent national media reports of female enrollment exceeding male enrollment at universities.

The experiment, to be performed this fall, also may

by Mary Ann Miller



It's Not All Gravy

During our vacation, we noticed that the first day of driving was the hardest and by the second day everyone seemed to settle into the routine of traveling. The day we left Plano and headed northeast to Kentucky, the kids were as wild as March hares, and I really started to wonder if taking five kids on a two thousand mile trip was really such a hot idea. Not to mention the twelve hundred miles to get home again.

We got as far as McKinney before things got too bad. Then the kids started asking every five minutes if we were going to cross the Mississippi River soon. Then they wanted to know if we were still in Texas. Then they wanted to know if we'd be in Kentucky in time for dinner, and we finally told them not to call us we'd call them.

That settled them down a bit and everything was peaceful for an hour or so. Then they started squabbling, which soon deteriorated into full fledged fighting, and then pieces of the car-bingo game were flying around the back of the van. Danielle refused to take a nap, no matter how hard we tried to get her to lay down, so I went to the back of the van to try keeping things down to a dull roar. The twins took that as an open invitation to use me for a trampoline, so considering the noise, the jumping and the crushed Cheeto's all over the mattress, I quickly retreated back to the front seat leaving the mess to the kids.

By supper time, we were all more than ready to stop for awhile to see if we could straighten our cramped bodies from a sitting position to a standing one. But somehow the kids weren't nearly as anxious to run around and make noise as they had been in the van. In fact, meal times were the only really quiet times of the whole trip. After we finished eating, we tried to get everyone to get one last drink, and go potty so we wouldn't have to stop again for a while. No matter how hard we tried to avoid frequent stops, nobody ever had to go potty when we stopped for gas, but fifteen minutes later they simply wouldn't be able to wait another second.

About midnight, Carl and I decided to stop for a cup of coffee and a hamburger. When we stopped the car, all the kids popped up like a jack-in-a-box and appeared to be quite wide awake. Since we hadn't planned to get them a hamburger too, we tried to hide ours in the front until the kids went back to sleep. After an hour of waiting, we decided to eat the hamburgers anyway, despite the fact that Anjanette was still awake. The next day she said, "I know you and Daddy had hamburgers last night." I told her to chalk that one up to 'driver's special privileges' and not to take it personally.

So went the first leg of our trip which took us to Richmond, Kentucky and by that time we were irrevocably committed to the vacation.

Study Shows Drug Useful for Epilepsy

By HORTENSE MYERS

INDIANAPOLIS (UPI) —

A drug used to control epileptic seizures in France for 10 years has emerged from a year-long test in an Indiana hospital with a record of effectiveness without long-lasting side effects.

The drug is sodium valproate. It has not yet been approved by the Food and Drug Administration for general use, but an FDA spokesman said such approval may come before the end of the year.

It was tested in epileptic patients at the New Castle State Hospital and Dr. Joseph T. Brock said the trial substantiated its value in treatment of seizures and lack of permanent side effects. He directed the test project for the National Institutes for Health and Abbott Laboratories, North Chicago, Ill.

"I can say it is a good drug," Brock said in an interview. "I believe it will be adopted by the FDA although the question is how soon."

Of the 40 patients involved in the project, Brock said, "They are people who have a number of seizures so any improvement is a blessing."

"Valproate is a drug quite different from any other anticonvulsant. The success of a drug is measured not only in seizure control but in lack of side effects."

He said the tests showed temporary side effects but "there were no side effects after the patient had been taking the drug 10 days to two weeks. Many of them perked up and when we were able to take away the depressive side effects of

phenobarbital or whatever other drug they were using, the patient seemed much brighter."

The tests covered patients from 18 to 55 and thus represented an older, more generalized patient group as contrasted with a study done at University of Virginia for one specific type of epilepsy (myoclonic) more often found in children.

Brock said valproate has been in use since the 19th century as an industrial chemical solvent.

He said a doctor in France about 1960 noticed that when sodium valproate was used as a solvent there was an anticonvulsant effect. It was approved for use in France in 1967 and now is used in many nations.

Although valproate is not available through normal U.S. medical prescription, it is possible for doctors to get it for epilepsy patients through Abbott Laboratories or the FDA.

Jack Walden, an FDA spokesman in Washington, said other evidence available also indicates valproate is useful and safe. He said a meeting is scheduled for October to review all available test data on the drug in an attempt to speed up its approval.

Walden said the FDA planned to allow Abbott to complete certain mandatory studies after it starts marketing the drug. Usually, all studies must be completed before a drug is available in the drug store.

For New Castle, data collection in determining whether a drug can safely be used is nothing new.

Dr. William Murray, Indiana mental health commissioner who formerly served as New Castle superintendent, said New Castle has one of the largest groups of epileptic patients in one place where testing can be done.

"The testings have been run very ethically and properly. The drugs were screened first with animal studies. Appropriate consent was obtained from families. The work has been very productive."

'Soft' Is Watchword

For Fall Fashions

NEW YORK (UPI) — You'll hear the word over and over again when you start your fall clothes shopping.

New York, Rome, Paris and London all preached softness in their fall ready-to-wear and couture collections.

UTD Experiences Enrollment Jump

Continuing to be one of only a few universities in recent years showing impressive enrollment increases, The University of Texas at Dallas has shown a 20 percent enrollment increase, registering more than 5,400 students for the fall semester.

Roy Naugle, UT-Dallas registrar, said late registration will continue through the first part of next week but registration figures as of today surpassed the 5,400 mark.

That figure is almost a 900-student increase over the fall semester. 1976, enrollment of 4,508 students.

One of the more significant statistics coming from fall enrollment figures, Naugle said, was a dramatic increase of graduate special students, which increased from 610 in the fall, 1976, to already more than 850 for this fall's classes.

"These are the students that educators nationwide are talking about now," Naugle said. "They're the persons already in the work force, the ones in

managerial positions who are returning to school to enhance their positions, rather than to actively seek a masters or Ph.D. degree."

UT-Dallas, an upper-level undergraduate and graduate institution, doubled its senior class size, going from last fall semester's class size of 350 to this year's registration of 650 seniors.

Master's candidates climbed about ten percent from 1,050 to 1,150.

Both junior class student enrollments and Ph.D. candidates remained the same at about 2,200 and 260, respectively.

Also remaining constant at UT-Dallas, which opened in 1969 and added juniors and seniors in 1975, was a 56 percent to 44 percent ratio of undergraduate students to graduate students.

A 54 percent to 46 percent ratio of men to women also recorded this fall at UT-Dallas does not follow recent national media reports of female enrollment exceeding male enrollment at universities.

The experiment, to be performed this fall, also may

Neutrinos Send Signal

New Communication Aid Discovered

SEATTLE (UPI) — An experiment which may lead to a new method of communicating over long distances without the use of satellites is being prepared by two scientists.

The experiment, to be performed this fall, also may help prove some basic theories about the sun.

A tiny, sub-atomic particle called the neutrino is key to the project. Scientists hope to shoot neutrinos into the earth near Chicago and detect them in Washington state.

The neutrino almost never interacts with matter, which makes it easy to shoot the tiny particles through the earth without hitting anything. But that property also makes it difficult to detect neutrinos.

Physicists Peter Kotzer and James Albers of Western Washington University hope to detect about one in every 20 billion neutrinos sent to Puget Sound from the Fermi accelerator near Chicago.

Until now, neutrinos have been sent and detected over distances no greater than a few hundred feet. The neutrinos from Chicago will be sent more than 1,500 miles in the experiment funded by

the Office of Naval Research.

The easiest way to detect neutrinos is in liquids, so the scientists will set up their equipment in the waters of Puget Sound.

Neutrinos occasionally interact with the oxygen or hydrogen atoms in water, setting off small flashes of light, and what Albers and Kotzer hope to detect are those flashes.

Each flash leaves a cone-shaped trail, which will be seen by three photoelectric cells.

The experiment will be done at night, in deep water, to eliminate most extraneous sources of light.

A computer will be used to distinguish between neutrino flashes sent by the Fermi lab and light from other sources, such as glowing fish or naturally occurring neutrinos.

Neutrinos are emitted by the sun and other stars, but the computer will be able to sort out the Fermi neutrinos because of their direction and timing.

The Fermi lab will send one burst of neutrinos every eight seconds. Each burst will last 20 microseconds, or 20 millionths of a second, and will contain 10 billion neutrinos.

Although the beam of neutrinos will be only a few millimeters wide when it leaves the Chicago area, it will spread like shot from a shotgun as it travels across country. By the time it reaches the West Coast, the beam will be nearly two kilometers in diameter.

Satellites make it possible to aim the beam at any spot on earth with an accuracy of several feet, so Kotzer and Albers will know exactly where to place their detectors.

The experiment has practical value, because

some time in the future neutrinos may be used for communications in the same way an old-time telegraph worked: by turning a signal on and off. But instead of sending morse code on a telegraph key, a digital computer would send information at high speed.

That information could contain speech, written material, pictures or anything else which can be sent by wire.

The signal could be sent between any two points, not only across the earth's surface but underwater, through the air or through the earth.

The research may also help account for "missing" neutrinos from the sun.

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Education Experiment Catches On

By PATRICIA MC CORMACK
UPI Education Editor
Many dancers become experts on baller by doing it. Some prison inmates make themselves authorities on criminal justice by reading.

More than a few wage earners learn more about management on the job than any professor could teach them.

Persons also become really good in a subject by traveling or reading the right books in the cellar, attic, garage or even on the bus or train while commuting to office or factory. So where does the expertise lead?

Well, it may lead a person to college credit by examination, thanks to an experiment in higher education that caught on in the last ten years.

The way it works: The person who has mastered a body of information signs up for a College-Level Examination Program in the subject, takes a test. He gets credit if demonstrating a certain proficiency.

The idea: If a person knows the material, the colleges don't care if they learned it in the cellar, attic, prison, on the job, dancing in the ballet or poking around the Orient.

After a decade of trial the concept of college credit by examination has now been accepted at more than 1,500 American colleges and universities.

The College Level Examination Program — CLEP — was developed by the Collegeboard as a national system of credit. It now covers 47 college subjects.

During the new school year the CLEP system of credit will reach hundreds of thousands of persons.

State universities in Texas, Florida and Utah, and such private universities as Boston, Rice and Brigham Young, are among major users of CLEP.

Many two-year schools are also heavy users. That includes the nation's largest two-year college, Miami-Dade County Community College.

New York, New Jersey and Connecticut state colleges now offer external college degree programs that enable persons to earn degrees just by passing tests and demonstrating in other ways that they have satisfied educational requirements.

At Illinois State University researchers looked at the records of nearly 4000

10 Million Retirees In AARP

George A. Sprenger, a Toledo, Ohio, clothing store owner, has become the 10 millionth member of the American Assn. of Retired Persons.

Founded in 1958, AARP did not enroll its one millionth member until 1967. Since then, the organization has attracted new members at the rate of nearly 2,400 a day, every day, for 10 years.

Open to persons age 55 or older, whether retired or not, AARP is now the largest organization of its kind in the world.

"We like to think that one reason AARP has grown so dramatically—and that so many of our members are encouraging their friends to join—is the quality of our programs and services," says Harriet Miller, the association's executive director.

"Whether it be our publications, community service activities, legislative representation, or other member services, we believe that there is something for everyone who pays \$3 a year to belong to AARP."

But, she says, there is another important reason.

"Older people are politically astute," she says. "They know that the only way to make their voices heard in the public arena is to organize. They understand that they have the power to bring about beneficial changes in this country if they work together."

students who had gotten credit by CLEP over the past five years.

The CLEP candidates measured up to and sometimes surpassed other students.

Researchers said CLEP credits offer students greater latitude in shaping

their academic programs.

The dramatic spurt in credit by examination was one focus of a report to the Florida Legislature this year.

Commissioner of

Education Ralph Tulington noted that some 50,000 took advantage of acceleration

opportunities, an increase of 50 per cent over the previous year.

Tulington estimated that the students earned about 200,000 credit hours through credit by examination in place of course work.

What did this mean?

"The state saved approxi-

mately \$6.3 million in instructional costs and students avoided having to pay \$2.3 million for credits," Tulington said.

The CLEP way also is helping sailors, airmen and soldiers.

Last year, an estimated

United States armed forces took the examinations without spending one penny.

They took the tests under a program known as DANTES (Defense Activity for Nontraditional Education Support). Uncle Sam paid.

This year, tens of thousands of additional

credits will be earned the test way by military personnel or civilians who apply to take CLEP tests. They apply through education offices.

During the new school year, four new CLEP examinations are being added in dentistry.

The examinations were developed in conjunction with the American Dental Association.

They include a 45-minute test in oral radiography; head, neck and oral anatomy; tooth morphology and function; and dental materials.

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Weapon-Wielding Women Waging West Warfare

By WELLINGTON LONG
BONN, West Germany (UPI) — Seven years ago, a woman fired a shot in German guerrilla warfare for the first time.

Now half of the urban guerrillas wanted by Federal Criminal Police on suspicion of murder, bombings, bank robberies and associated crime are women.

Writers and psychologists puzzle over the leading and violent role women play in

the urban guerrilla movement, and the fact that most of them come from upper middle class families.

Suggested explanations range from sexual dependency on male guerrillas to revolt against the family. But even the authors of these suggestions admit they are only guesses. The women themselves say they are in political revolt against a system they consider repressive.

In the most recent case,

Susanne Albrecht, daughter of a wealthy Hamburg lawyer, led a man and another woman into the home of banker Juergen Ponto, her father's close friend and a man who always had considered her as a goddaughter.

She handed him a bouquet of red roses just before the man with her opened fire on Ponto. Police say one of the two women, perhaps Miss Albrecht, also fired at Ponto. Ponto was killed.

Ulrike Meinhof, a left-wing journalist who abandoned husband and two children when she turned to violence, opened the terrorist era on May 14, 1970, when, assisted by the two other women, she shot a guard in West Berlin to free Andreas Baader, then in jail for arson.

Mrs. Meinhof acted because of disappointment with the lack of results achieved by the leftist "Antiparliamentary Opposition" which set out

during the late 1960's to reform West German society.

Early in 1968, Mrs. Meinhof told an interviewer that fellow leftwing intellectuals "have gone far enough in their theory to know that armed action is necessary for the revolution but they are afraid to take the step."

She broke the impasse by forming the "Red Army Faction" and by personally leading the shooting raid that freed Baader.

Germany's urban guerrillas then became known as the Baader-Meinhof gang.

The women on the federal criminal police's wanted list now include Ingeborg Baz, for bank robbery; Gabriele Kroecher-Tiedemann, convicted in 1973 of the attempted murder of a policeman, suspected of one or two killings during an attack on OPEC headquarters in Vienna in 1975; and Angelika Liuther, suspected of bank robberies and of participation in the slaying of West Berlin Judge Guenter von Drenkmann.

Drought Bankrupts Ranchers

BY PETER M. KELLY

DENVER (UPI) — A rancher and his wife walked up to Colorado Department of Agriculture ombudsman Ron Ellsworth a few days ago in Grand Junction and said they were selling out because of drought and poor market prices. Ellsworth said they went broke raising 450 head of cattle.

"Last year, they sold off 50 per cent of their cow herd," said Ellsworth. "They were going to try and get through the winter. They shipped the last of their cattle off in July."

Colorado's drought has burned off rangeland in Western Colorado and ruined hay and bean crops, Ellsworth said Tuesday. In areas such as Cortez, ranchers have no fall feed for livestock.

"Just on today's prices, a rancher is losing nine cents a day for every animal he owns," Ellsworth said. "The rancher has used up all his collateral at the bank. The rural bank's regulatory agencies are looking over his shoulder pretty hard and he (the banker) is unable to extend further credit."

The problem extends south, according to James Kirby of the New Mexico State University extension service at Las Cruces. Alfalfa grown in the Mesilla Valley of southcentral New Mexico is being sold for less than it costs to grow.

Ellsworth said the problem in Western Colorado was a combination of drought and a depressed market. He estimated losses in the area this year could total \$200 to \$300 million.

Growers near Cortez expect to harvest only a fraction of their beans and the "only people who have any hay are the ones who live on the rivers and creeks," Ellsworth said.

Planoite In Rome For UTD

Dale Efaw of Plano is one of 33 University of Dallas students who are currently touring Rome as part of the Univ. of Dallas special program of education abroad.

Sophomores at the Univ. of Dallas are encouraged to spend one semester in Rome in order to better understand the University's liberal arts heritage and to experience history come to life. A trip to Greece is also planned in connection with the study of Greek drama and thought.

The Rome campus of the Univ. of Dallas campus of the Univ. of Dallas campus is located at the Hotel la Villa, on the outskirts of the Eternal City. Classes on the Rome campus are taught primarily by Univ. of Dallas professors.

A total of 75 students will attend classes in Rome this semester along with students from SMU and St. Edward's University in Austin.

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PART TIME sales woman needed for specialty gift shop who can also do art work. 3 days a week. Dependable. Dandilion, 690-1635.

CITY OF PLANO Offers career opportunities. Excellent fringe benefits, including group insurance, vacation, sick leave, longevity pay and retirement.

General Maintenance Worker: Manual labor in street department, ability to understand and follow oral and written instructions, commercial driver's license, \$562-\$683. Applications accepted until 5 p.m. Sept. 9. **PERSONNEL OFFICE**
Municipal Building
Plano, Texas
424-6531
Equal Opportunity Employer

11. Help Wanted

LVN, 3-11 SHIFT. Plano Nursing 3100 S. Rigsbee, Plano. Please apply in person.

CHILDREN BACK in school? Turn your spare time into profit for you while running your home. Phone 233-0458.

HELP WANTED: Aluminum Extrusion Plant. No experience necessary. Apply in person at 404 Highway 78, Wylie, Tx.

RICHARDSON AREA bank has immediate opening for tellers. Experience preferred. 690-1020.

RECEPTIONIST - SECY
To \$750

LBJ company needs super attractive person with good skills. Mag card experience helpful. Fee negotiable.

DALLAS NORTH EMPLOYMENT AGENCY
1100 E. Dallas N. Pkwy.
Plano 424-7585

INVENTORY CLERK, \$450. Be responsible for on hand stock. Call Pat Raye 422-2929. Snelling & Snelling Emp. Ser.

WELDERS
New steel fabrication shop in McKinney call Marvin Reisner 238-9681 (Dallas) 542-0330 (McKinney)

REGIONAL CPA firm with office in Plano desire tax staff person with 2-3 years experience. Resumes only. 661 E. 18th Street, Suite 100, Plano, TX 75074.

HELP! Assembler position now open with a small expanding company. Will train. Excellent working conditions. 7 a.m. to 3:30 p.m. Mon.-Friday. See Dolph Gray, 1:30 p.m. to 5:00 p.m. only.

SPAN INSTRUMENTS
1947 Ave. K
Plano, Tx.
423-5320

PLANO, GEN office \$500. Good math aptitude. Some office exp. needed. Call Jackie 422-2929. Snelling & Snelling Emp. Serv.

SECRETARY, \$640. Average typing, SH required. Opp. for adv. full benefits, call Jackie, 422-2929. Snelling & Snelling Emp. Ser.

FOR INFORMATION on our training program, call Mr. Huffman at Century 21 Huffman & Gilmore Realtors, 423-1550. Opportunities now available in each of our 3 offices; East Plano, West Plano & Allen.

BABYSITTER NEEDED to stay in my house one week during September. For details call 423-1688.

WE NEED several people for light assembly work, hours are flexible. Contact Ima at Babb Sound Corporation, 608 Business Pkwy., Richardson, 238-7534.

DELIVERY-ROUTE salesman, needs commercial license, good working hours, paid vacation, and good company benefits. Apply Welder's Supply 1302 Ave K Plano.

ALUMINUM WINDOW COMPANY now accepting applications for Assemblers and fabricators, experienced preferred but will train in all phases, steady work. 495-7979.

INDIVIDUAL TO CARE for 15 mo. old son, 5 days week. My home or yours. Mrs. Dunlap, 423-5401 after 6.

BEAUTIFUL PEOPLE need a beautiful receptionist who can type 50 w.p.m.

\$650
RICHARDSON PERSONNEL

777 S. Central 231-3407
Next to Furr's

ENGINEERING CONSULTING firm in Richardson needs a young man to work with physical measurements in natural water bodies & sewer systems. Good math & mechanical aptitude, extensive travel. Geo-Marine, Inc. 234-2722.

Now is your chance to make money while children are in school... by working with us. Due to our expansion in the Richardson and Plano areas, we have daytime openings. We offer many benefits with good pay and will work around your schedule. Call us now!

234-0216

DON'T MISS THIS EXCELLENT OPPORTUNITY WE ARE WAITING TO HEAR FROM YOU!

Arby's

LADIES!

Now is your chance to make money while children are in school... by working with us. Due to our expansion in the Richardson and Plano areas, we have daytime openings. We offer many benefits with good pay and will work around your schedule. Call us now!

234-0216

DON'T MISS THIS EXCELLENT OPPORTUNITY WE ARE WAITING TO HEAR FROM YOU!

11. Help Wanted

CREDIT SEC. \$700. Large Co. desires person with good typing & SH responsible position. Credit exp. helpful. Call 422-2929. Snelling & Snelling Emp. Ser.

ACCTS. REC. Clerk, \$7800. Accts. rec. exp. 10-key by touch. Typ. paid benefits. Call Mack 422-2929. Snelling & Snelling Emp. Serv.

WANTED: FULL TIME landscape workers. Good starting pay. Call after 8 p.m. 423-0417.

WANTED: RECEPTIONIST typist. Call for appt. 424-4546. Workdays Tues.-Sat.

PERMANENT FULLTIME salaried positions as dockroom technician and mail clerk with additional training as diazo blue-line operator with company in Plano area. Day work only. High School education and an aptitude for learning a must. Call 424-1511 for information.

SECRETARY - \$650 Convenient location good skills. Fee neg. Call Pat Raye, 422-2929. Snelling & Snelling Emp. Ser.

WILL CLEAN HOUSES, have references, & dependable. 495-7295.

SALES ENGINEER Process instrumentation sales. Chemistry background to \$15K + car & bonus.

RICHARDSON PERSONNEL
777 S. Central 231-3407
Next to Furr's

DEPENDABLE HIGH SCHOOL JUNIOR needs job from 12 noon till 5 or 5:30 p.m. Must be in retail business to qualify for D.E. program at Plano High. Call Jodie at 424-2832.

I HAVE an open territory in Plano and North Richardson. It can be yours. As an Avon representative you'll earn good money. Call 424-5579 or 236-2971.

NURSERY ATTENDANT needed during Sunday & Wednesday church services at Plano Church of the Nazarene. References requested. Call 422-4054.

WELDERS &
ELECTRICIANS
New steel fabrication shop in McKinney, call Marvin Reisner 238-9681 (Dallas) 542-0330 (McKinney)

CONSTRUCTION LABOR, \$4.00 experienced, \$3.00 inexperienced, contact John Hahn, Terry Construction, Plano Sewer Plant, Los Rios Blvd., Plano

Field Serv. Tech \$13K Experienced pneumatics, mechanics & electronics. Some travel.

RICHARDSON PERSONNEL
777 S. Central 231-3407
Next to Furr's

MAIL CLERK, \$475. Local Co. needs eager, personable applicant. Train on PBX. Work exp. Call Pat Raye, 422-2929. Snelling & Snelling Emp. Ser.

DEPENDABLE HOUSEWIFE willing to do general housework while you enjoy day out. Call 423-2163.

EXPANDING BUSINESS needs man or woman over 18 to work part-time from home. Unlimited earning potential. Free training. Call 424-3665. 4-7 p.m.

WANTED: EXPERIENCED sewing machine operators. Incentive pay. Paid vacations, plus bonus vacations. Paid holidays, jury pay. New hours: 7:30-5 Monday-Thursday, 7:30-11:30 a.m. Friday. Apply Johnston, Inc. Wylie.

BEAUTIFUL PEOPLE need a beautiful receptionist who can type 50 w.p.m.

\$650
RICHARDSON PERSONNEL

777 S. Central 231-3407
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ENGINEERING CONSULTING firm in Richardson needs a young man to work with physical measurements in natural water bodies & sewer systems. Good math & mechanical aptitude, extensive travel. Geo-Marine, Inc. 234-2722.

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Plano areas, we have daytime

openings. We offer many benefits

with good pay and will work around

your schedule. Call us now!

234-0216

DON'T MISS THIS EXCELLENT OPPORTUNITY WE ARE WAITING TO HEAR FROM YOU!

11. Help Wanted

NEEDED IMMEDIATELY, mature conscientious lady to fill position in sales - order entry department. Good typing and clerical skills required. Contact Personnel Dept. Capitol Wire and Cable, 910 10th St. Plano. Equal Opportunity Employer.

NEEDED IMMEDIATELY Nurses aides. Apply in person, Heritage Manor Nursing Home, 1621 Coit Road, Plano. 424-9506.

ADULT LADY, clerical and sales, retail store, 6-8 p.m. Mon-Fri, Sat, 10 a.m.-6 p.m. Call 424-9201 after 7 p.m.

\$10,000 Part Time!

Men-women keep your present job! Show America's No. 1 reducing plan to thousands of waiting prospects! Call Mr. Rogers 522-3824.

NEED TRACTOR operator, older man preferred. 424-3004. Chambers Construction.

DUE TO RECENT promotions in the organization, I am in need of 6 people to assist me in my business. \$825 per mo. to start if you qualify. Call 436-2365.

RETIRER, SEMI-RETIRER \$260-\$479 A MONTH. As security officers working 24-36 hours per week. On 2 or 3 days, off 4 or 5 days. Pair off with friend on "Buddy Plan" and work every other week if preferred. Ideal for retired, military, social security, or civil service. Work day or night, schedule Friday, Saturday, Sunday. Other schedules also, including full time 4 day workweek earning \$540-\$692 a month. Home phone and transportation required. Equipment furnished. Advancement opportunity, state approved training available. Join the PROUD PROFESSIONALS. WAC-KENHUT 2600 Stemmons Suite 176 638-1424 or 263-2901. Equal Opportunity Employer.

CASH PAID for refrigerators, freezers, Kenmore washers and dryers. Working or not. We also sell used appliances. 398-9941.

CASH FOR working washers, dryers, refrigerators. Or will haul off nonworking ones. Days 235-5192 or Nites 423-9346.

UPRIGHT FREEZER, 4 years old, perfect condition, 750 pounds, \$150. 231-5515.

23. Music Instruments

SCHOOL BAND Instrument

Sale: Pete's Pawn and

Music, 3209 Forest Lane,

Garland. 272-2766.

Collections \$600 Self starter with proven experienced background in collections.

RICHARDSON PERSONNEL

777 S. Central 231-3407
Next To Furr's

12. Situation Wanted

CHRISTIAN MAN wants change, college and professional experience, willing to train, learns fast. Call 423-4608 eves. No commission sales, please.

NON-DRIVER needs Dallas carpool. Marge Brown, 1113 Edgefield, Plano. 424-6383, Eves. 749-2515 days.

DEPENDABLE H.S. JUNIOR needs job from 12:00 or 5:30. Must be in retail business to qualify for D.E. program at Plano High School. Call Jodie, 424-2832.

DEPENDABLE HOUSEWIFE with carrying case, new felts, \$150. Call after 6, 423-5598 or 424-1644.

OLDS STUDENT trombone. Good cond. Exc. instrument for beginner. Call after 4 p.m. 4

42. Houses For Rent

3 BEDROOM, 2 bath, fenced yard. \$250. a month. \$100 deposit. 3421 Ave N. 424-5355.

3-2-1. **\$270** A month. West-side. Carpeted throughout. Available Oct. 1 424-1150.

WEST PLANO, 3-2-1, \$280 per month. \$150 deposit, eves. 422-5696.

3 BEDROOMS, fenced yd near shops, washer-dryer connections. \$225 a month plus deposit. Call after 5 p.m. 234-5598.

3-2-2. **FENCED**, close to all schools. \$325 a month. Available Oct. 1. 424-1150.

45. Storage

MINI WAREHOUSE. Rent storage space. 1781 S. Millard, Plano. 10' x 20'—\$45 a month. 20' x 20'—\$80 a month. Call 368-0459.

10x30 WAREHOUSE SPACE available. Metropark Properties 902 Ave. K 422-4712.

F-REAL ESTATE

50. Houses For Sale

"FRESH PAINT"

Both inside and out. So you can move right in. The master bedroom is split for your privacy. Both baths have tub & shower. The 16' family room is big enough for everyone. A best buy bargain at \$24,900. And any financing available!

"PRICED TO ENJOY"
Family size den has loads of room. Breakfast area in kitchen for your convenience. Split master especially for mom & dad. Two car rear entry garage. Now, note the \$1500 reduction. It's all yours for \$31,900.

RED CARPET MLS 424-3551

3 & 4 BEDROOM homes. Coppell, Irving & Grapevine. From \$55,000 up. We trade. Call anytime. 471-8211, 251-3982, 462-1950.

EXCELLENT 4-2-2, WBFP, No. 17 Eastcreek, lease plus deposit, \$360 month, available Sept. 15. 442-5703.

1500 E. PARK BLVD. By owner. 3-2-2, formal dining, fence, garden kitchen, custom drapes, shade trees. \$33,900. 424-6428.

SAVMOR
ON
Auto Supply &
Service Center
1114 14th St.
424-9595

50. Houses For Sale

MUST SEE!!
Massive sunken den with fireplace, glassed-in patio and Split Master Suite are only a few of the extras in this 3-2-1/2 home!! Call Gail Today before it goes!!! 424-3717. \$53,900

SUPER FOUR
Bedroom, 2 bath on extra large lot - over 2000 Sq. Ft. Large den with massive corner FP. \$10,000 equity or \$43,950. Call Jim today at 423-6540.

A GAMEROOM
Formal living, country garden kitchen, den, 3 bedrooms, 2 baths, indoor utility. Fenced yard secludes fruit trees, storage shed and covered patio. Eves call Mark first 423-3807. \$30,900

UNDER THE YUM - YUM TREE--
Prettiest house in East Plano! This 3-2-2 won't last long. Call Ann 234-5795 or 423-6540 \$31,900.

CENTURY 21
TOWN & ASSOCIATES, INC.
2149 W. PARK BLVD.
PLANO, TEXAS 75075

FOR SALE in Parker. 1/3 acre, 3 bedroom, 2 bath, new carpet, double carport, storage house & extras. \$22,500. 442-5855.

WE NEED LISTINGS!
WE BUY EQUITIES
CALL NOW!
FIRST MARK
DAVIS & ASSOCIATES
423-3280

1203 BRENTWOOD
Attractive four bedroom, 2 bath, CH&A, fenced yard. Lease. \$310 per month. Deposit 424-2402.

"Trade In"

our new guarantee equity plan may be for you. If you would like to buy a new home with the ease of knowing your present home will be purchased by Paula Stringer Realtors. Call us to see if your home will qualify for this plan.

Paula Stringer
REALTORS
423-6400

50. Houses For Sale

EXTRA NICE, 3-1-1 brick in Wylie. Storage building, fenced yard, dishwasher, new carpet. \$21,900. 442-2929.

BY OWNER. Save \$. Custom 3-2-2, formals, 2000 sq. ft., WBFP, fenced, humidifier, drapes. Below market at \$45,700. Immediately available. Principles only.

FRAME HOUSE 3 bedroom, 1 bath, carport, fenced corner lot, storage building. \$3800 equity. \$144 a month. Balance \$14,580 8 1/2 percent interest. 809 20th St. 424-3331. By owner.

FOR SALE by owner, 2100 sq. ft. 3 bdrm., 2 bath, 2 car garage. Close to Davis Elem. New Senior High. 6 ft. wooden fence. Formal living room. Den with fireplace. 2412 Flagstone.

BY OWNER. Apt. only 424-0109. 3-2, lrg living den, fence, beautiful yard, 7 percent loan. 1912 Overgreen. \$27,900. Open house Sun 2-5.

4-2-2 WITH POOL. 1 1/2 acres fenced for horses. By owner. Plano schools. Phone for appointment or come to open house Sunday noon til 5. By owner. 423-0296 or 750-7842. 280 Willow Wood Drive.

4-2-2, GAS AND electric, custom drapes, automatic garage, fenced yard, door opener, covered patio, large attic storage, close to schools and shopping. Assumable. \$56,500. Call 424-5851.

WEST SIDE custom, 3-bedroom, 2 1/2 bath, formal dining, beamed paneled living-den with fireplace. By owner. \$52,500. 423-4628.

TOO MUCH BUSINESS!

New home sales operation needs additional agents to handle business overflow. We are in the middle of a strong new home market. Opportunity for excellent earnings for hard workers. Training second to none. Commission. Call Harold Goodman nights 234-6256.

Shirley Becker
REALTORS
423-9000

50. Houses For Sale

BEAUTIFUL HOME 4-3 with trees Split WBFP arrangement. Nice neighborhood near shopping. For living & dining, den, card room, brick bar-be-que grill, 9 closets, 2 walk-in closets. Only \$65,000.

NEAT BEGINNER'S HOME 3-2-2 near school & shopping split arrangement. Formal living & den. Large corner lot. Only \$32,950. (Reduced).

BUD WISER
Real Estate
651 E. 18th Suite 105
423-3158 442-3021

BY BUILDER, open house, Sun. & Mond. Cul-de-sac lot, 2104 Heather Hill in Stonecreek addition in established neighborhood. 4 bedrooms, 2 1/2 baths, large den with WBFP, formal dining with breakfast nook, kitchen on front with boxed-out window, earth tones. Lots of extras. Builder will show anytime. Ask for Jim or Myra Briggs, 424-9732. Upper 50's.

CUSTOM DOLL HOUSE 2 bedroom brick home across from school. Private quiet setting. \$26,900.

REDUCED

3-2-2. Neat as a pen. Almost new in great neighborhood. Tremendous buy at \$32,950.

NEW LISTING

Lovely custom 3-2-2 both formals. Large den with fireplace and outstanding cabinetry. Extra storage, trees & waterfall. Mid 40's.

CLAIR BRYAN
REALTORS
423-5013

BY OWNER, 3 bedrooms, 2 full baths, large utility room, panelled den, dining, & kitchen. Kitchen has built-ins, fully carpeted, fenced backyard. Open 10-6, Sundays 1-6. 902 21st \$20,900.

WE'RE FINALLY IN!
Come by the Plano Bank & Trust & have a cup of coffee with us! Julia Taylor, Peggy Poland, Sue Love, Doris Nelson, Tilli Knowles, Peggy Cannon, Jim Ray Smith. 422-7100.

CANNON, TAYLOR
& SMITH
REALTORS
1105 W. 15th
Suite 101
Plano
422-7100

McKINNEY
CARTER
CHEVROLET
542-0101 234-2454
700 McDonald

Drive North to McKinney turn at exit 38 and save during our SUMMER REDUCTION SALE

USED CARS AND TRUCKS

1947 JEEP 4 Wheel Drive with Front Power Winch and Tow Bar. white Folding Top. Price \$1675.00.

1977 OLDS CUTLASS SUPREME COUPE Orange Metallic, Tan Vinyl Top and Seats—Air P.S., P.B., AM Radio Sport mirrors 16,000 Miles. Price \$5250.00

1977 MONTE CARLO SILVER Vinyl Top and Seats Air, P.S., P.B., Am Radio 16,000 Miles. Price \$5195.00

1976 MALIBU CLASSIC COUPE. White with Buckskin 1/2 Vinyl Top. Buckskin Vinyl Bench Seat. Auto, Air, Power Steering, Power Brakes, AM Radio. \$4095.00

1976 MONTE CARLO. Green with White Vinyl Top. White Bench Seat. Air, Power Steering, Power Brakes, AM Radio. Price \$4375.00

1976 IMPALA 9 PASSENGER WAGON. White. Red Vinyl Bench Seat. 350-V8, Auto, Air, Power Steering, Power Brakes, AM Radio. Price \$4575.00

1976 VEGA MEDIUM BLUE. Blue Cloth Seats. Auto, Air, AM Radio. Price \$2550.00

1974 PLYMOUTH VALIANT 4 Dr., 6 Cyl. P.S. Air, AM Radio Price \$1825.00

1973 RIVIERA. Gold with Beige Bucket Seats. Air, Full Power, Tilt Wheel, AM-FM Radio, Chrome Wheels. Price \$1995.00

1976 OPEL MEDIUM BLUE. Blue Cloth Seats. Auto, Air, AM Radio. Price \$2550.00

1976 OPEL 2-DOOR COUPE. Maroon with White Vinyl Top. 60-40 Cloth Bench Seat. Air, Full Power, AM-FM Radio. Price \$375.00

1976 OPEL 4-DOOR SEDAN. Maroon with White Vinyl Top. 60-40 Cloth Bench Seat. Air, Full Power, AM-FM Radio. Price \$375.00

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GARAGE SALE

(DATES)

(ADDRESS)

As Advertised In The
DAILY STAR-COURIER
PLANO

Serving Plano and Southern Collin County Since 1888

FREE GARAGE SALE SIGNS

- You receive one FREE Garage Sale Sign for each day your ad appears in the Daily Star-Courier.
- You simply come to our office at 1301 19th Street, pay for your ad in advance and pick up your Free Garage Sale Signs. It's that simple!

By advertising in the Daily Star-Courier, you reach

10,000

HOMES DAILY
(Paid Circulation)

13,000

HOMES ON
WEDNESDAY

You reach more homes for less money than any other possible way - and you get Free signs to boot!

CALL
CLASSIFIED ADVERTISING **424-6565**

Health's-A-Poppin'

By MARION WELLS
Copley News Service

We can always go out and buy a new pair of shoes, but our feet have to last us for life. There's no profit in saving on shoes at the expense of your child's feet.

Imprisoning little feet in the wrong shoes or socks is a big cause of future foot trouble, says Francis Dolan, D.M.

He adds that in a baby's early months, most experienced doctors may feel the best footwear may be none at all. During this stage, freedom of motion gives baby's foot muscles an optimum chance to develop. It's also generally too early to diagnose hereditary tendencies toward foot problems unless they are drastic.

Baby's early steps are best taken in a sandbox, padded playpen or some other soft, resilient surface. Let baby decide when his feet are ready.

Children's feet, too, will welcome the chance to go barefoot on soft, yielding surfaces where there's minimum danger from stones, thorns, cuts or cold. But going barefoot on hard, unyielding surfaces such as cement is not a good idea.

When you shop for school shoes or play shoes, put fit and foot before fashion.

Avoid hand-me-downs,

urges foot specialist Elizabeth Roberts, D.P.M. Shoes shape themselves to their first wearer's feet and gait. Now should children's shoes be resoled, she says. This generally makes shoes smaller. Buy new shoes when Junior outgrows his present pairs. Don't wait for them to wear out.

Drying shoes near heat is apt to shrink them. When your child sloshes in, stick his shoes in a corner, stuffed with paper. They may take a couple of days to dry completely.

Children may not complain when their feet are stuffed into unsuitable containers. But their feet can tell you a lot about how their shoes are fitting.

Especially when shoes are new, watch feet for spots of thickened skin and red, pink or darkened areas indicating pressure. Look within shoes

Information for the above article was obtained from the American Physical Fitness Research Institute, 824 Moriga Drive, West Los Angeles, Calif. 90049.

The World of Music

By ROBIN WELLES
Copley News Service

HOLLYWOOD — The big screen has "Star Wars" and the rock scene has Yes.

Both are riding the waves of public demand for fantasy, a flight from reality into the dream world of science fiction.

Keyboard artist Rick Wakeman has returned to Yes after a very successful solo journey. Other members of the quintet are vocalist Jon Anderson, guitarist-vocalists Steve Howe and Chris Squire, and drummer Alan White.

Under the influence of Wakeman, Yes has taken rock music on an experimental road that embraces both classicism and mysticism — a road that just might be the path of the future for a music style that has been dead-ending for many years.

In a new album for Atlantic, called "Going for the One," Yes is all spaced out in fantasy land.

Typical lyrics: "High vibrations go on to the sun, oh let my heart dreaming past a mortal as me — where can I be . . ."

Not exactly your usual pop love lyrics. Anderson did most of the writing for the five songs on this album. But the major contribution, as expected, is from the thunderous organ work of Wakeman, a musician of prodigious talent who is strongly influenced by the classics.

Listening to Yes is the audio equivalent of a tour of the Museum of Modern Art. Experimental, innovative — and exciting.

Also new and notable:

KNNILLSSONN (RCA) — Harry Nilsson has been with us for a decade now, plowing us with those sardonic love lyrics and working hard at becoming a legend in his own time. Nilsson passed as a teen-ager in the bars until he was around 28 which made him a veteran, dues-paying member of the youth cult. But now he's 35 and anxiously calculating that his life is half over, if one is to believe the insurance companies. If Nils-

SOUTH'S GREATEST HITS — (Capricorn) — Dixie rock began early in this decade and spread like wildfire throughout the South. A pulsating mixture of rhythm and blues, honkytonk and rock, its banner was carried by the Allman Brothers Band, the Charlie Daniels Band, Elvin Bishop, the Marshall Tucker Band, Lynyrd Skynyrd, Gregg Allman and the Amazing Rhythm Aces. All, and more, light up this sizzling platter of Southern rock.

Property Tax Blues Beaten

By FRANK RYAN
MADISON, Wis. (UPI) — You own a \$35,000 home. To blunt winter's icy blasts, you put on aluminum siding, or a new roof, or pack in more insulation.

The local assessor drops by and says the house is now worth \$38,000. Your taxes go up.

It's an old story in much of America. And it's causing homeowners to wail the Property Tax Blues.

In Wisconsin, however, there's relief in sight under a new program aimed at removing the "psychological barriers to improving homes."

State Sen. David Berger, D-Milwaukee, architect of the program, said, "It will contribute to neighborhood stability and it will help eliminate a regressive property tax."

"This is a credit aimed at the middle class. It is a true middle class tax break."

"And if it's unconstitutional, so is the pollution abatement tax credit, the homestead tax credits, even property tax rates are not uniform in small towns and villages."

If he said it once, he said it a dozen times:

"People keep asking me, 'Why should I be penalized for keeping my home nice or improving it?'"

Because of that higher assessment of \$3,000 in Oshkosh, Wis., for example, if it

was a direct result of improvements made after Jan. 1, 1979, homeowners would be eligible for a tax credit of \$82.14 next year.

Say you own a dwelling in Eau Claire worth \$35,000 and rent it out. You put on storm windows or install a larger furnace or water heater.

The value of the building rises to \$38,000 because of the improvements. But the owner then is eligible for a tax credit of \$85.85 to \$91.08 a year.

For the same home and improvements in Milwaukee, the tax credit is \$128.10.

In Green Bay, it is \$82.74. In La Crosse it is \$79.29. In Madison it is \$95.22.

The home improvement tax credit will go into effect Jan. 1 if it is not ruled unconstitutional. Berger doesn't think there's a chance of that, and so far there has been no court challenge.

The main reason the tax credit met with such wide acceptance in the Wisconsin legislature was because it affects city dwellers as well as farmers and the middle class residents of small towns and villages.

It's really a five-year program. So the \$82.14 the Oshkosh home owner receives will translate into \$410.70 over the life of the plan.

Here are the main points:

— It will affect anyone who

improves a home or rented dwellings after next Jan. 1.

— The tax credit applies to one or two family dwellings and then valued at \$39,000, he could still only apply the credit to \$3,000.

— It also applies to rental units — single family or multifamily dwellings worth \$75,000 or less.

— No property is eligible if it is less than 10 years old.

— The maximum assessment increase a

property owner can claim is \$3,000. In other words, if his \$35,000 house was improved and then valued at \$39,000, he could still only apply the credit to \$3,000.

That is, if a home owner applied for the credit, got it for the five year credit period and sold the house after only nine years, he would have to pay the entire cost of the credit he received plus 6 per cent interest per year compounded annually.

fast buck operators from taking advantage of it — homeowners must own their homes for 10 years after first getting the credit.

That is, if a home owner applied for the credit, got it for the five year credit period and sold the house after only nine years, he would have to pay the entire cost of the credit he received plus 6 per cent interest per year compounded annually.

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New School Year Marks Recovery

NEW YORK (UPI) — The new school year opening this week probably will mark a strong recovery for education at all levels, in the view of Dr. Ernest L. Boyer, U.S. Commissioner of Education.

Boyer, one of several leaders on America's education front asked by UPI to size up the current scene, predicted "This is going to be an exciting year for education. There is a new expectation and a new sense of hope."

The authorities all are pretty optimistic, but they worry about violence in the classroom, shrinking dollars, teacher unrest and a critical public.

Boyer had some advice for parents at school opening time:

"Schools are in business to help the children," he said. "But parents are the single 'first teachers' and they can contribute enormously to the education of their children by providing support and encouragement."

"Working in a new partnership with teachers, parents can play a major role in assuring a first class education for all our

children," Boyer said.

In Washington, Mrs. Grace Baisinger, president of the National Congress of Parents and Teachers, said parents and teachers must begin a serious dialogue about what is happening in the schools and work together to solve the many problems.

"We must find new ways to reach all the parents and get them involved — the working mothers and the single parents," she said.

"I think we can reach them and get them involved. We must get them on the team if we are to work with the schools better to help all the children."

In Austin, Tex., Will O. Davis, president of the National School Board Association, said he believes that "by and large we will have a good school year. But there will be ripples."

He expects ripples over rising costs, inflation and other factors in the "economic crunch" resulting as legislatures and taxpayers bristle over higher taxes to pay bigger school bills.

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Wednesday, September 7, 1977

Page 1

Section III

Lifestyle

Food-Fashions-Furnishings

Diet Recipes Don't Have to Taste Bad



Dieters can have their cake and eat it, too, if they stick to the proper kinds and amounts of cake. Successful dieters in the Diet Workshop program (from left) Dee Dailey, Becky Sealove and Celia Hellem enjoy chocolate pound cake. (Staff Photo by Richard La Gow).

Alarm College Heads Handicap Regulations

By PATRICIA McCORMACK
UPI Education Editor

Fixing buildings for easy access by handicapped students and workers could sink some fiscally shaky private colleges or further push up tuition, school officials fear.

Federal regulations mandating, if necessary, ramps, elevators and wide doorways, are the number one concern among many college administrators as their campuses come to life this fall.

The costly alterations seem to be called for under section 504 of the Federal Rehabilitation Act of 1973. This bans discrimination against persons with physical, mental or psychological disabilities.

The 504 regulations went into effect this summer. But many presidents and administrators of both public and independent schools consider them too sweeping and prohibitively costly.

Dr. John Phillips, President of the

Doll Show Scheduled

Plano Camp Fire Girls will sponsor a city-wide doll show Sunday at Gladys Harrington Library.

Girls of all ages may enter their dolls in any or all of 16 categories.

Entries are to be deposited at the library, each doll being identified by name and telephone number of owner pinned in an inconspicuous place, between 10 a.m. and 2 p.m. Judging and presentation of awards will be from 2 to 3:30 p.m., with the exhibit open to the public from 3:30 to 5:30 p.m.

Winning dolls in each category will be placed in the library display case, but all other dolls must be picked up



Fashion Scene

Amy Phillips makes the transition from summer to fall in this PBJ denim jumpsuit from DeVasher's. Suede and vinyl trim decorate the button-front creation which sells for \$36. (Staff Photo by Mike Newman).

There have always been diets for overweight people—grapefruit diets, water diets, starvation diets, carbohydrate diets, protein diets—the list goes on and on.

Some promise the moon; others more truthfully admit that weight loss requires time and persistence in adhering strictly to the diet.

But few actually hint at the reason people are overweight—their diet place—most have poor eating habits.

There are all kinds of excuses—glandular problems, too many fat cells, etc. But that's just what they are, excuses. Glandular problems affect only a tiny proportion of the total number of obese people in the U.S.

The major reason, by far, for obesity is poor eating habits, and it is toward solving this problem that a diet must aim itself.

Recognizing this fact, a number of dieting organizations have sprung up in recent years, most achieving far better and longer-lasting results than any diets heretofore.

One is Diet Workshop, which has active chapters in Plano, along with several other organizations, among them Weight Watchers and Take Off Pounds Sensibly (TOPS).

Two examples of the diet organizations' success are Celia Hellem and Becky Sealove, both Planoites who have lost 43 and 60 pounds, respectively, in the Diet Workshop program they started in January. Now, both are qualified

Stuffed Mushroom Caps

25-30 fresh, large mushroom caps
1/2 cup onions, chopped
1 egg
6 oz. lean ground veal
Soy sauce (1/2 bottle)
Season salt to taste
Garlic salt to taste
Dash green pepper flavoring

Sauté mushroom caps in pan sprayed with PAM. Mix remaining ingredients and stuff each cap with a mound of meat mixture. Sprinkle with soy sauce and broil until meat is done.

Chili Sauce

2 qts. tomato juice
1/2 green pepper
1-3 hot pepper
1-3 quart cider vinegar
8 packs Sweet 'N Low (sugar substitute)
4 cloves garlic
3/4 t. pepper
2 t. salt
2 onions
6 stalks celery

Chop peppers, onions, garlic and celery into small pieces. Mix all ingredients together. Cook over medium heat about two hours, stirring frequently, until reduced to about one half. Excellent on sandwiches, meat, fish, poultry.

Strawberry Patch Jam

4 cups fresh or frozen unsweetened strawberries
2 tablespoons lemon juice
Dash of salt
1 package dietetic strawberry gelatine
6 packs Sweet 'N Low
Empty strawberries into large saucepan. Crush strawberries to fine pulp. Add lemon juice and salt and bring to a boil over medium heat. Boil for 3 minutes. Remove from heat, add gelatine and stir until it dissolves. Stir in sweetener. Pour into 4 sterilized half-pint jars. Seal and store in refrigerator or freezer.

Old-Fashioned Strawberry Ice Cream

2 cups non-fat dry milk powder, liquified
1 envelope unflavored gelatine
1/4 cup cold water
2 eggs
2 teaspoons vanilla
1/4 teaspoon butter flavoring
2 envelopes Strawberry Alba '77 Powder
8 packs Sweet 'N Low
2 cups fresh or frozen strawberries, sliced

In a small saucepan, sprinkle gelatine over cold water. Place over medium heat, stir until gelatine is dissolved. Set aside to cool. Beat eggs until thick, add vanilla, salt, sweetener and strawberry Alba. Continue beating and slowly pour in milk and cooled gelatine. Pour mixture into flat 8"x8"x2 pan and place in freezer until it is partially frozen but not hard. Cut into chunks, place in large mixing bowl and beat at high speed until very thick and creamy, takes about 10 minutes. Stir in strawberries. Pour into 1 1/2 quart container, cover and freeze until firm. Remove 10 minutes before serving.

instructors in the program, with their own classes scheduled to begin soon.

The key to successful dieting is modification of eating patterns. Toward this end, the Diet Workshop program participants stress good nutrition and portion controls.

About the only foods that are eliminated from the diets of workshop participants are sweets, and even some of those are allowed.

The program places special emphasis on control of protein and carbohydrate intake and stresses variety in the diet.

Another point—it is not necessary to prepare two meals, one for the dieter and one for the dieter's family. Rather, well-balanced, nutritious meals are prepared for the entire family group, and the dieter adheres to the recommended portions of each food.

At the workshop meetings members weigh privately and set a goal weight, with the advice of the instructor, toward which they will work. Losses are praised, and meetings are geared toward giving positive strokes. Achievement pins are given to those dieters who lose 25 pounds, and when goal weight is reached, a special maintenance program is set up to help the dieter maintain the goal weight.

Following are some recipes from the Diet Workshop Cookbook. Additional information about the program may be obtained from director Dee Dailey, 234-3542.

Chocolate Banana Pound Cake

2 eggs
1 ripe banana
1 t. chocolate extract
1/2 t. vanilla
5 packs Sweet 'N Low
1 oz. diet white bread
1 qt. pkg. Chocolate Alba
1/2 t. baking soda

Spray loaf pan with PAM. Blend 2 eggs for 5 seconds, add banana, chocolate extract, vanilla, Sweet 'N Low and crumbled bread; blend. Add Alba and baking soda; blend. Bake at 350 degrees for 30 minutes or until toothpick inserted in center comes out clean.

Vegetable Soup Supreme

4 c. water
23 oz. tomato juice
3 pkgs. vegetable bouillon
1/2 head cabbage, cut up
1/2 bunch celery, diced
1 bunch broccoli (or cauliflower or string beans)
1 can asparagus
Salt, pepper, onion powder, paprika to taste

In large pot combine water, tomato juice, bouillon, cabbage and celery. Cook over medium heat for 30 minutes. Add broccoli or substitute and seasonings. Cook for 30 minutes more. Cool. Place 1/4 of soup in blender with 1 can asparagus (drained) and blend. Add to soup. Heat and serve. This recipe can be doubled and will keep in refrigerator for three weeks. It also can be stored in the freezer.

Peachy Cream Pie

1 1/2 cups Tillie Lewis Tasti Diet sliced peaches, packed in own juice
1/2 cup juice from peaches
1 package unflavored gelatine
1 cup Dannon Plain Yogurt
8 ounces cottage cheese
1/2 teaspoon grated lemon rind
1 teaspoon vanilla
1/4 teaspoon cinnamon
3 packs Sweet 'N Low

Put peach juice in small saucepan. Add gelatine, stir to soften. Heat over low heat until gelatine dissolves. Process rest of ingredients in blender container until smooth. Add gelatine mixture, blend for 1/2 minute. Pour into 8 inch pie plate. Chill until firm, about 3 hours. Garnish with half peach slice on each serving. Serves 6.



Strawberry patch jam and cheese biscuits are among the Diet Workshop recipes offered at left. Diet products keep the calories down and nutrition value up.



Old-fashioned strawberry ice cream is made a new-fangled way to keep the inches off. Its creamy texture and richness make dieters forget that they're dieting at all.



Peachy cream pie blends yogurt, cottage cheese and sliced peaches into a flavorful combination that will delight dieters and non-dieters alike.

School Menu

JR. & SR. HIGH SCHOOL MENU

September 12 - Sept. 16, 1977

Monday, September 12

BBQ Chicken

Creamed Potatoes

Green Beans

Hot Rolls

Peach Jello

Milk

Tuesday, September 13

Grilled Cheese Sandwich

French Fries-Catsup

Celery Sticks

Carrot Circles

Chocolate Cake

Milk

Wednesday, September 14

Frito Pie

Ranch Style Beans

Green Salad

Cornbread

Peaches

Milk

Thursday, September 15

Chicken Fried Beef Patties

Gravy

Mashed Potatoes

English Peas

Hot Rolls

Ice Cream

Milk

Friday, September 16

Lasagna

Tossed Salad w-Italian

Dressing

Garlic Bread

Fruit Cup

Milk

ELEMENTARY SCHOOL MENU

September 12 - Sept. 16, 1977

Monday, September 12

BBQ Chicken

Creamed Potatoes

Green Beans

Hot Rolls

Peach Jello

Milk

Tuesday, September 13

Grilled Cheese Sandwich

French Fries-Catsup

Celery Sticks

Carrot Circles

Chocolate Cake

Milk

Wednesday, September 14

Frito Pie

Ranch Style Beans

Green Salad

Cornbread

Peaches

Milk

Thursday, September 15

Hot Dogs

French Fries

W.K. Corn

Ice Cream

Milk

Friday, September 16

Lasagna

Tossed Salad w-Italian

Dressing

Garlic Bread

Fruit Cup

Milk

"GRITO DE INDEPENDENCIA"



It's not true, as some visitors speculate, that every day is a holiday in Mexico. There are a lot of them, though, and one of the biggest is Independence Day, September 16.

Eating, dancing, parades and fireworks highlight the celebration. Shouts of independence, "Grito de Independencia," resound.

You may not feel like shouting to mark the occasion, but you might feel like putting together a Mexican style menu for dinner.

Here's one from Rosarita Mexican Foods Co. that ought to adapt well to any table north of the border. It features meat loaf shaped into a ring and flavored wonderfully with a hot Mexican tomato sauce, green chiles and crushed corn tortillas. Don't worry, it's not too hot! Serve it with Mexican style rice, a salad (fresh tomato and avocado slices would be good) and cold cerveza—that's Mexican beer.

MEXICALI MEAT RING

6 servings

2 eggs
1 can (7 1/4 oz.) Rosarita Sauce for Tacos or Hot Tomato Sauce
6 Rosarita Stone-Ground Corn Tortillas, crisply cooked* and crushed
1/2 pounds lean ground beef

1 can (4 oz.) Rosarita Diced Green Chiles
Mexican Style Rice (recipe below)
In large mixing bowl, beat eggs. Thoroughly mix in all remaining ingredients except rice. Press into 4 1/2-cup ring mold. Run knife around edge of meat; invert mold onto greased shallow baking pan. Shake gently to release meat. Bake in preheated 350° oven 45 to 50 minutes, or until done. Cool 10 minutes. Carefully slide meat ring onto serving plate. Fill center of ring with Mexican Style Rice. Serve hot.

MEXICAN STYLE RICE

6 servings

1 can (13 3/4 oz.) chicken broth
1 can (7 1/4 oz.) Rosarita Sauce for Tacos or Hot Tomato Sauce
2 tablespoons Rosarita Diced Green Chiles
1 1/4 cups uncooked rice
1/2 teaspoon salt

Combine all ingredients in large saucepan; bring to boil. Reduce heat and simmer, covered, 15 to 20 minutes, or until liquid is absorbed.

Klan Infiltrates Women's Groups

DETROIT (UPI) — The Ku Klux Klan has infiltrated the women's movement and plans to disrupt an upcoming feminist conference in Houston, the Detroit News reported today.

The newspaper quoted Robert Shelton, the Klan's imperial wizard, as saying the infiltration of women's groups began three or four years ago.

"These women's libbers are trying to destroy all the principles and heritage that I cherish," Shelton told the News in a telephone interview.

He said hundreds of members of the Klan's Ladies Auxiliary have attended most of the state International Women's Year meetings "opposing the women's libbers" and will attend the Nov. 18-21 National Women's Conference in Houston to "oppose what's going on."

"Our men also will be there to protect our women from all the militant lesbians who will be there," Shelton said. "It's not safe for a decent woman to be there. Some of our women were approached by lesbians at the state meetings."

Shelton said his group resented use of taxpayers' money to help organize the state IWV meetings which selected delegates to the national conference.

If Congress can authorize \$5 million for that, he said, "then it should give \$5 million to the Klan to fight for segregation."

One IWV commission member, Dorothy Haener, said she was not surprised to learn of the KKK's anti-feminist activities.

"Shelton's statements verify what we have suspected for all summer during the state IWV meetings across the country — that the Klan was active in a number of those meetings," she said.

Shelton told the News the Klan's infiltration tactics varied.

"Our women are open with their sympathies in some

states and secretive in others, but they're active in most states," he said. "It's been difficult to infiltrate some of the IWV's secret meetings. By the time of the Houston meeting, we'll have infiltrated enough to be somewhat effective."

Conference organizers hope to bring women from all over the country to recommend ways of eliminating barriers to male and female equity. The conference grew out of the Commission on the Observance of International Women's Year, which former President Gerald Ford created in 1975.

SOCIETY FORMED

A number of workers, tradesmen and political leaders on May 12, 1789, formed the Society of Tammany, which later became the Democratic machine in New York.

STRETCHING YOUR DOLLARS

BY DR. W. L. DORRIES

Professor of Economics Finance

East Texas State University

Have you been reading the small advertising booklets of Shell Oil Co. related to driving and care of your car? You can get some practical information that will save money and could save your life.

I thought booklet No. 7, entitled "Driving Emergencies," was very good. Let me give you a few of the suggestions mentioned in this booklet.

What should you do if your brakes fail to stop the car?

—Pump the brake pedal. Sometimes the pressure comes back.

—Use the parking brake.

—Shift into a lower gear. The engine drag will slow the car.

These should be done in rapid order. If these do not stop the car, then you should sideswipe something such as a curb, guardrail or even parked cars. A sideswipe is better than hitting a wall or an oncoming car.

What should you do if you have a tire blowout while driving the car? When a front tire blows, your car gets pulled hard to the side of the blowout. The steering wheel vibrates and must be held tight while pulling back into your lane. Instead of using the brake, let the car slow gradually as you pull off the highway. When a rear tire blows, the back of the car will weave back and forth. Do the same as for a front tire.

What should you do if the accelerator sticks while driving? First, try pulling it up with the toe of your shoe or ask your passenger to reach down and try to pull it up. If this does not work, shift the gear into neutral or push down the clutch pedal.

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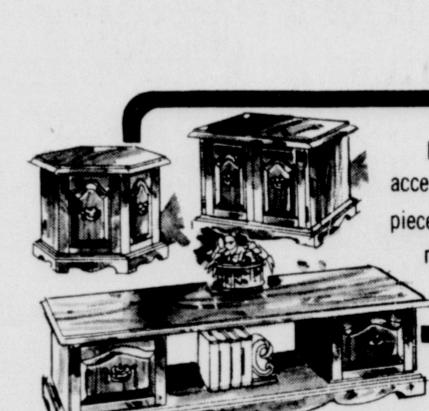
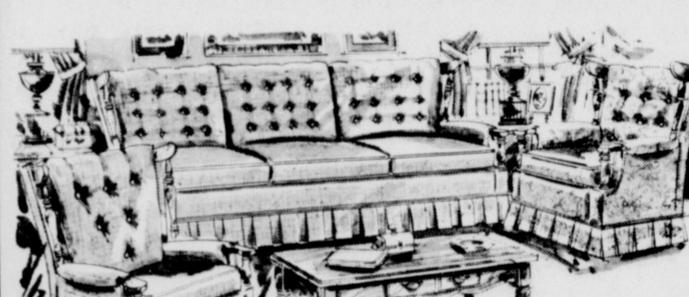
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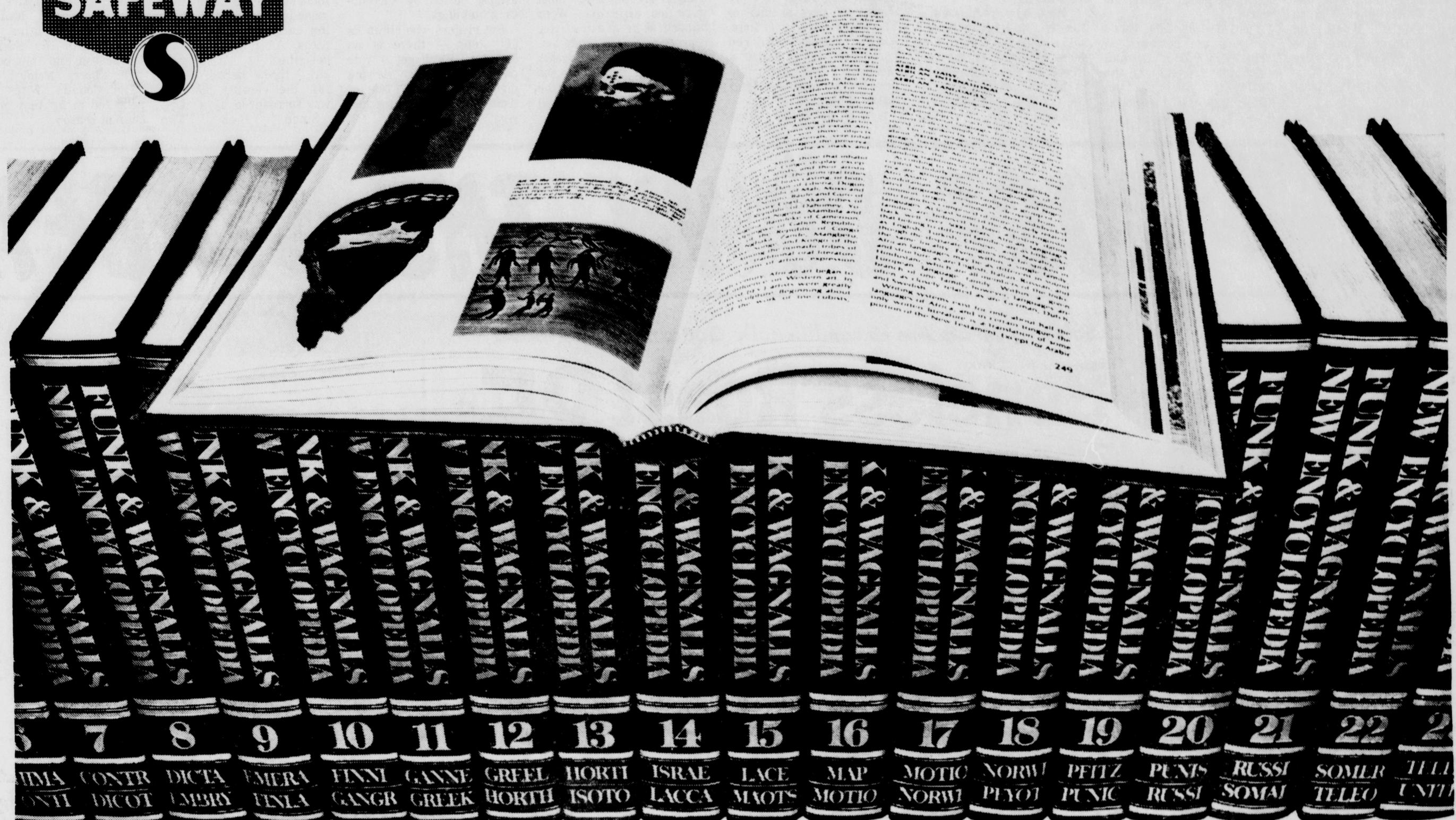
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*The Reference and Subscription Books Review Committee of the American Library Association, Booklist, January 15, 1975.

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Fiery Pillar Celebrates Birthday 300

Low-Key Observance Marks Anniversary

LONDON (UPI) — One of London's best known tourist sights — its "fiery pillar" or "metropolitan maypole" — is 300 years old this year, though hardly anyone seems to have noticed.

Only one low-key exhibition celebrates the 300th birthday of The Monument, so named as if here were no other monument anywhere.

King Charles II inspired it, parliament decreed it and Sir Christopher Wren designed it. When the soaring Doric column was finished in 1677 it gave London:

— A memorial to the Great Fire of 1666.

— Not only the tallest but

the finest isolated stone column in the world," as The Monument's current guidebook boasts.

— A launching pad for suicides.

— A site for the scientific experiments, though these were soon abandoned since London's traffic even in 1700 shook the peculiar pillar too much.

The Monument's three centuries are reviewed in "The Fiery Pillar," a small exhibition currently at the Guildhall library, the historic center of the square-mile City of London.

The Monument stands near London Bridge, exactly 202 feet — the column's precise height — east of a baker's shop in Pudding Lane which caught fire on Sept. 2, 1666.

The three-day conflagration which resulted hit London as the nuclear bomb hit Hiroshima.

"Here, bye permission of Heaven, Hell broke loose," said a stone inscription, long since removed, on the spot where the fire broke out.

This horror is echoed by the Latin inscriptions chiseled onto The

Monument's base. One of them records that a "city most prosperous" was turned into a city "no longer in being."

It gives a catalogue of disaster: 83 per cent of the city destroyed, 13,200 houses burned, 400 streets and 89 churches gone.

"While the ruins were yet smoking," says another of The Monument's Latin texts, King Charles ordered parliament to authorize a memorial "the better to preserve the memory of this dreadful Visitation."

A City of London com-

mittee was given responsibility for building the memorial and still maintains it.

Wren, the king's surveyor, was commissioned to design it. According to the Guildhall show — called "Coming Down the Quick Way" — shows newspaper reports and woodcuts of the fatal dives.

No longer. On three sides The Monument these days is almost buried by surrounding buildings.

Besides tourists, this towering landmark also proved irresistible to suicides. One section of the Guildhall show — called "Coming Down the Quick Way" — shows newspaper reports and woodcuts of the fatal dives.

There were only six Monument suicides in all, but they gained enormous publicity in the early Victorian penny press. After Jane Cooper, described as "a servant girl," threw herself off in 1842 the viewing platform was surrounded by a cage.

Since then The

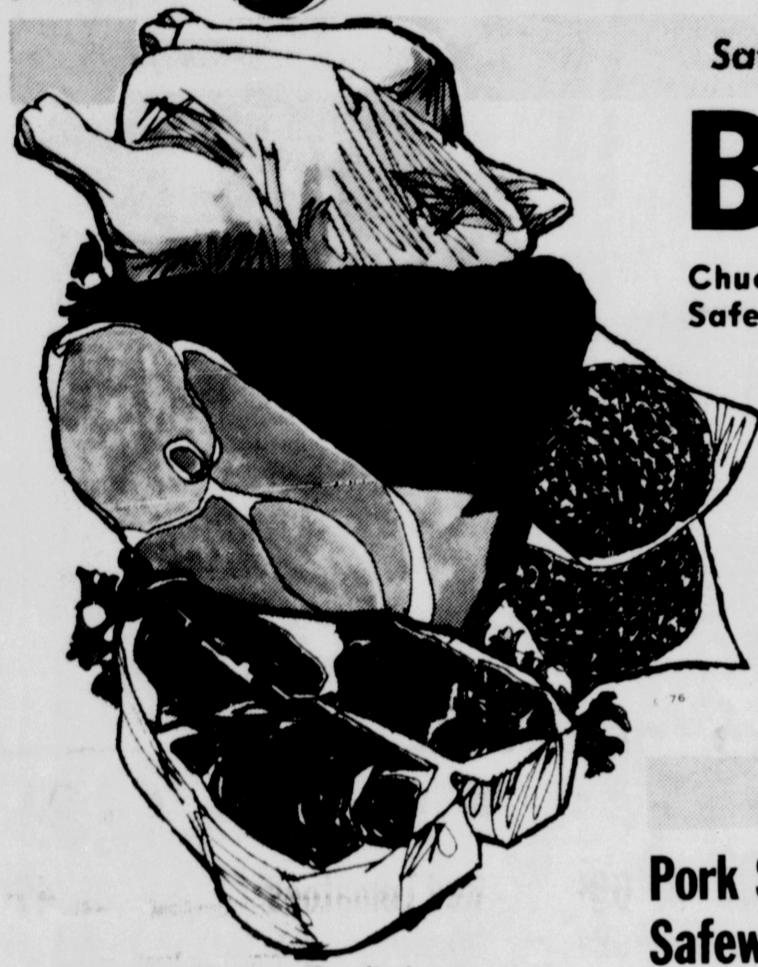
Monument's life has been uneventful, apart from periodic repairs and cleaning. Wartime bombing barely scarred it, and it seems ready to stand for more centuries yet.

Finney Returns To National Theatre

London (UPI) — Actor Albert Finney, back from plugging his first album as a pop singer, is rejoining Britain's National Theatre company. He played "Hamlet" and "Tamberlaine the Great" with the National last season, and "Macbeth," "The Cherry Orchard" and "The Country Wife" are penciled in for him in the coming season.

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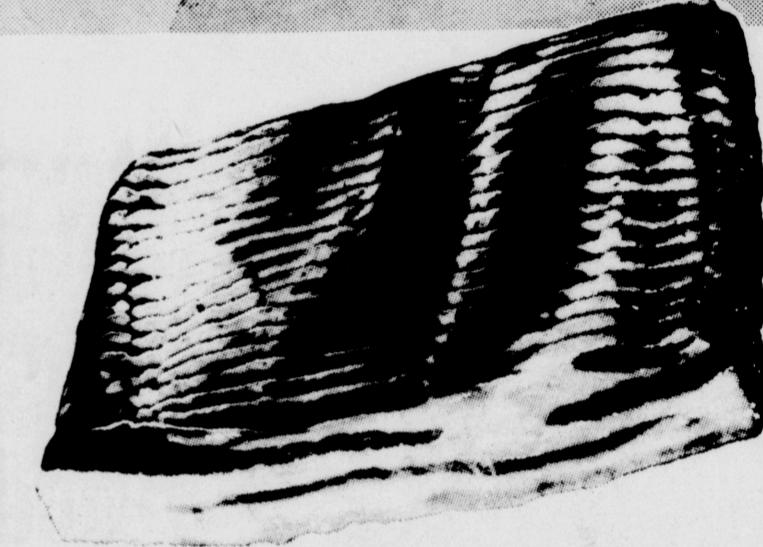
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Italians Shun Sculpture Heritage

Most Students Now Come from Abroad

By NORRIS WILLATT
UPI-Financial Times
PIETRASANTA, Italy
(UPI) — Here in the foothills of the Apuan Alps, where Michelangelo came seeking marble for such masterpieces as "David" and "Pieta," his modern counterparts are in short supply.

Master sculptors of the future, if there are any, seem more likely to emerge from the Third World.

Pietrasanta ("holy stone") is one of a number of communities in the shadow of the marble quarries of Tuscany where the art of sculpture still survives. But of some 50 master craftsmen in the community, most are in their fifties and sixties.

Few young Italians are coming forward to serve an apprenticeship of up to 15 years in a craft which they associate more with dirtying their hands than creating works of art. Their place is partially being taken by aspirants from Britain, the United States, Germany, France, Asia, Africa and Latin America.

The sad spectacle of the Italians turning their backs on an incomparable heritage has been graphically conveyed by a report from the country's only school for would-be sculptors in marble, at nearby Carrara,

the center of quarrying. Carrara today is more associated with supplying marble in bulk for facades of buildings, flooring, stairways and other architectural uses. The sculpturing of statuary survives more in smaller adjacent communities. But, as the capital of the industry, Carrara is the site of its only technical institute.

Today most students attending this State Professional Institute for the Marble Industry — up to 95 per cent of them at times — are from abroad. If foreigners did not continue

to enroll the state would have closed down the school long ago.

Some 40 students from abroad are this year studying the theory and practice of carving in marble, and 24 of them are from developing countries, aided by grants from the Italian Foreign Ministry.

They come, for example, from Argentina, Costa Rica, Nicaragua, India, Afghanistan, Jordan, Zambia, and Malagasy. Instruction is given regularly in English, French, Spanish and German.

The number of Italian students has been declining for years. Few young Italians are willing to serve the long apprenticeship necessary to become a master sculptor, admits Angelo Miliani, secretary of the Consortium of Artisans of Pietrasanta.

He says that in addition to the 50 master sculptors, the community of Pietrasanta also provides employment for some 1,800 artisans, many working on the sculpting of onyx (equally plentiful in the region), wood carving, casting in bronze or designing with mosaics. But the most important activity

is still the production of statuary for churches, cemeteries, museums, public buildings and private collections.

To the visitor it is somewhat disillusioning to discover that the master sculptors and their assistants make a living producing copies of the great masterpieces of the past, on something of an assembly line basis.

In the showroom of the Consortium of Artisans you see on display reproductions of the Michelangelo creations in various sizes, alongside copies of other

famous works, such as the Venuses di Medici, Di Milo, of Giambologna and Canova. There are many replicas of holy families, the three graces, the madonna and child, and such like.

From a price list that resembles any from a supermarket, you can purchase a David two feet high for about \$650. One three times as tall sells for about \$3,350. You can get one as big as the original, such as the copy at Forest Lawn Cemetery in Los Angeles, for \$35,000.

These are wholesale prices, which apply only if you come to Pietrasanta to

close a deal for, say, a couple of dozen half-size Davids. The trade attracts dealers from all over the world, in particular from the United States. More recently, they have been joined by merchants from the Middle East.

If you seek to save dollars by buying in person, you will have to add freight and insurance. These are costly, given the bulk and weight of marble, but you should come out ahead, for retail prices represent a markup of 100 to 200 per cent.

But however you come by your personal David or Moses, don't imagine it is the work of a single craftsman, laboring lovingly on the form and surfaces for many months.

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SAFEWAY

For Food Stamp Recipients**DHR Offers Nutrition Info**

Despite popular belief, the food stamp program does more than supplement a family's buying power at the supermarket, according to a Department of Human Resources spokesman.

As part of its educational program, DHR, formerly the Texas Department of Public Welfare, makes available free of charge to its food stamp clients information on planning, buying and preparing wholesome, well-balanced meals. The name of the game is nutrition education.

The information is designed to help food stamp recipients make better use of their monthly food stamp allotment, according to Richard Wardlaw, who heads DHR's food stamp program in the Dallas-Ft. Worth area, which includes Collin County.

"By informing recipients how to best utilize foods at the least cost, we believe they can stretch their food budget and, at the same time, maintain a proper, well-balanced diet for their family," he said. "The end result of this is better health."

The maintenance of an adequate nutritional level for disadvantaged Americans is the goal of the food stamp program.

Food stamp applicants are asked at their eligibility interview if they are interested in receiving nutritional information. If interested, their names are

referred to the county home extension agent.

The county agents send them an assortment of brochures and information sheets on topics such as food preservation, food safety, inexpensive recipe ideas and buying tips.

"If these tips are followed, we believe the food stamps can be used to their best advantage," Wardlaw said.

DHR also produces a monthly newsletter called "Consumer Corner" which contains additional tips and information. These are made available at food stamp offices in the Dallas area. Some are mailed to clients with their application letter.

In some food stamp offices, films on nutrition are shown periodically in the waiting area while clients wait for their eligibility interview. One film, entitled "Read The Label, Set a Better Table" featuring actor Dick Van Dyke, has proven especially popular.

Other offices have volunteer workers who conduct group meetings where clients are able to ask questions about their nutritional needs and problems. Most of the questions concern special dietary needs for persons such as diabetics and ways of making various foods more palatable to children's tastes.

"We have various charts and graphs explaining how

to make cost comparisons," Wardlaw noted. Other charts explain how to determine the best value among canned, frozen and fresh vegetables.

Canned green beans, for example, are generally a better buy than either fresh or frozen. Fresh potatoes, on the other hand, are usually a better bargain.

"We have found many food stamp recipients lack basic knowledge about proper diet and nutrition," Wardlaw said. For instance, they eat far too much meat and not enough fruit, vegetables and milk.

"Of course, this problem is not limited to food stamp recipients. It is true of Americans in general," he said. The problem is that most Americans believe meat is the only way they can get protein.

Dried beans, dried peas, peanut butter, cheese, poultry and fish are excellent sources of protein, which should be taken into consideration when planning a meal.

If Americans would cut down on their intake of meat and substitute a lower cost source of protein, they could cut down on their food bills dramatically, Wardlaw said.

Food stamp clients are advised that snack foods, soda water, potato chips and snack cakes with no nutritional value should be avoided, even though they may be legally purchased with food stamps.

Instead, clients are urged to satisfy their sweet tooth with fruit and snack cakes containing some nutritional value, such as oatmeal cookies and cake containing fruit.

Wardlaw also noted that many eligible families in North Central Texas are not participating in the food stamp program.

"I would encourage anyone who thinks they may be eligible to contact one of our local offices," he said.

Fake Fireplace Ashes Could Prove Deadly

Decorative fireplace "fires" using asbestos fiberized materials may cause cancer, reports Lynn White, family resource management specialist with the Texas Agricultural Extension Service, The Texas A&M University System.

A new Consumer Alert from the U.S. Consumer Product Safety Commission (CPSC) reports that artificial fireplace ashes made from asbestos fiberized materials will be banned, and urges consumers to remove the ashes from their homes.

However, extreme caution is necessary in removing these asbestos ashes. Read all instructions, urges the specialist, and make sure you understand them BEFORE you start to remove the ashes.

If you also have gas-burning or non-burning artificial fireplace logs on which asbestos ashes are scattered or glued, then treat the logs as carefully as you treat the ashes, the commission warns.

EQUIPMENT

—Two heavy-duty plastic bags

Two pieces of string or "ties" for fastening the bags

—One flat bottom scoop (sugar scoop, dust pan or small plastic toy shovel)

—A covering for the nose and mouth (This could be a dust face mask, available in most drugstores, or a single-use respirator. Most hardware stores carry respirators.)

—One pump spray-type bottle (window cleaner bottle, plant mister, etc.)

—A generous supply of paper towels or pieces of cloth (for wiping up)

—A supply of newspaper

PREPARATION

Proper removal and disposal of the ashes also requires that you:

—Be careful not to create dust from the ash and embers in the fireplace.

—Clear the room of all other people and pets.

—Close all windows and doors which might cause a draft.

—Close the fireplace flue hamper.

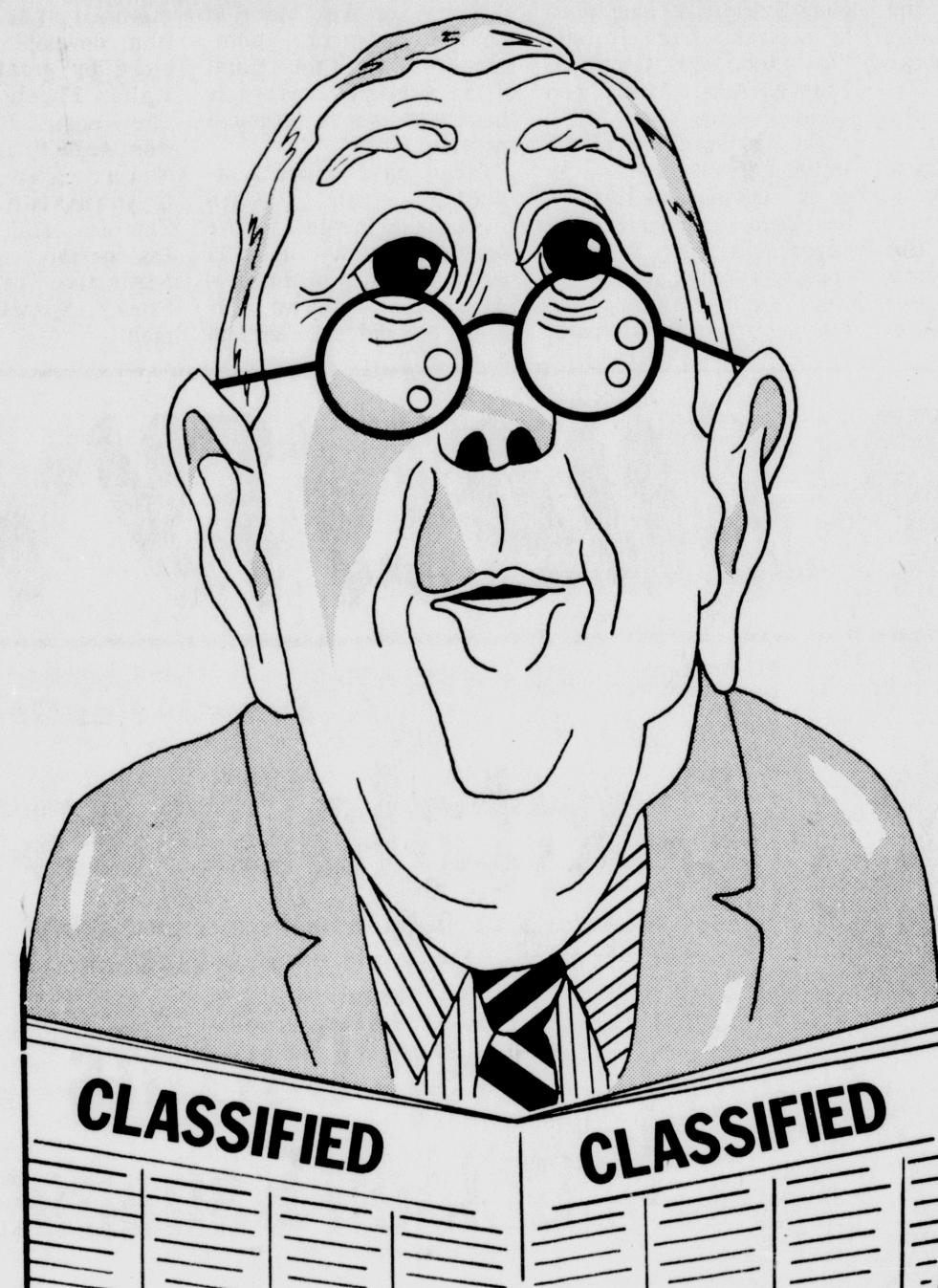
—Fill the pump spray bottle with water and two or three drops of liquid detergent.

Do not make a lot of suds in the bottle.

—Put one plastic bag inside the other.

Cover your nose and mouth with a respirator or face mask. (Do not try to disconnect the gas line as this should only be done by licensed plumbers or gas company personnel.)

REMOVAL PROCEDURES
DO NOT TRY TO

The Most Important Things Are Written In 20 Words or Less

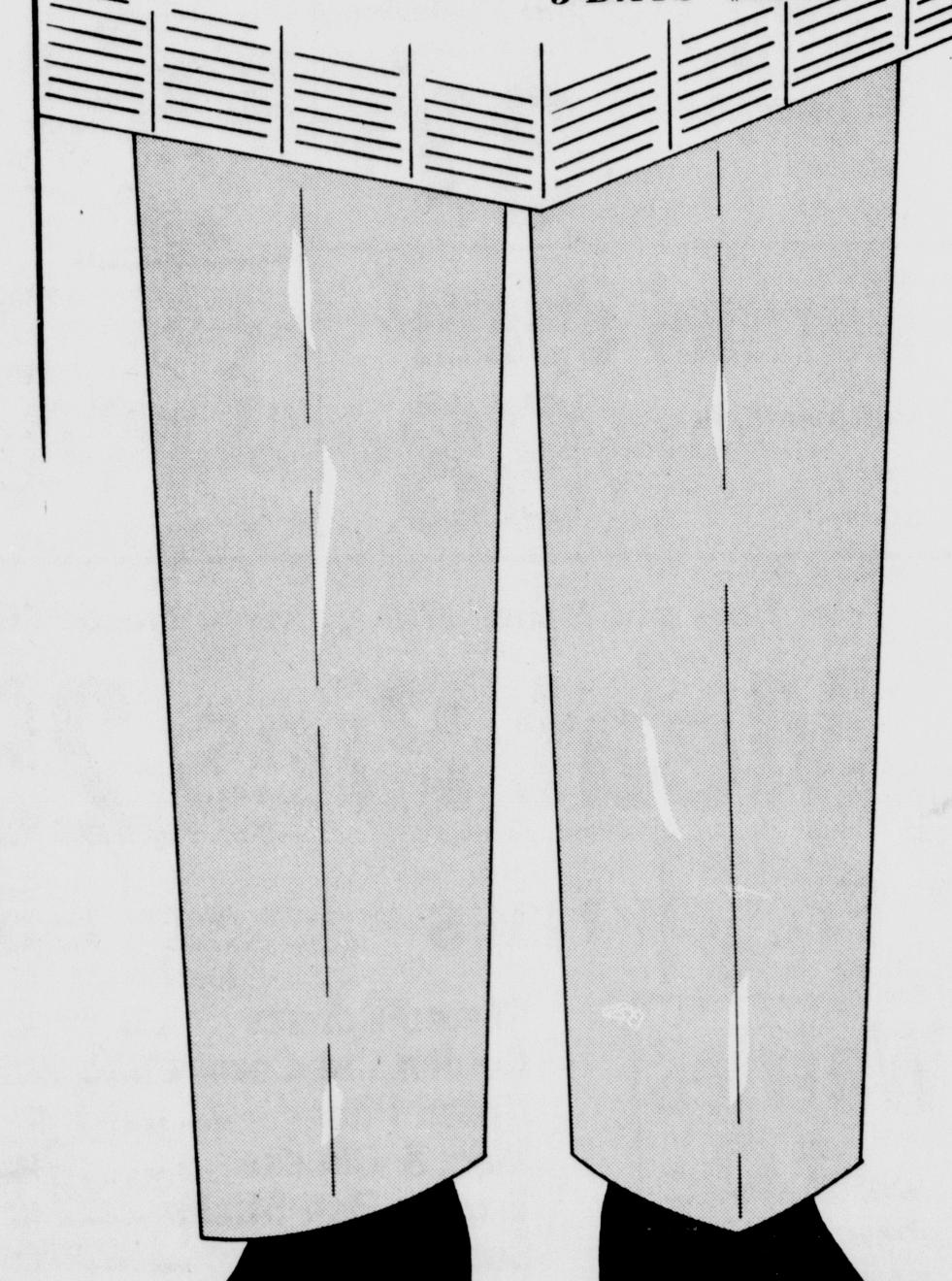
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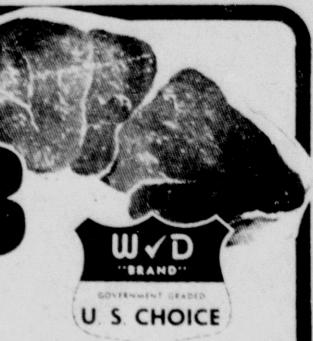
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**Royal
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Del Monte Cut
Green Beans

**3 14 oz. 1
5 3 oz. 1
3 16 oz. 1**

**Crackin' Good
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**16-oz. 39¢
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**49 oz. 99¢
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Eat Yourself Slim**Lifetime Eating Habits Formed Early**

Pizza chargers are a nutritious, easily-prepared snack that starts with spoon sized shredded wheat. This and other shredded wheat snacks listed below can be prepared in a jiffy either by Mom or by the kids when they get in from school.

Whole Wheat Snacks Nutritious, Easily Made

This snack will go to the top of the list with a 100 percent grade from the after school crowd. When that last bell rings the kids first thought is food—mother's thoughts are on nutritious snacking. They'll give an A to this 100 percent whole wheat wholesome treat—*Pizza Chargers*.

In minutes mother or the kids can coat the spoon size shredded wheat with butter or margarine, season, heat and sprinkle with parmesan cheese. Make plenty for that Cub Scout meeting or the teenagers—they'll be back for more.

So often, we think of cereal only as a breakfast food. The need for the whole grains in the diet has been proven. Cereal really is a kitchen staple that can be used in many different ways to provide the body with the vitamins, minerals and roughage it needs. Seasoned spoon size shredded wheat is an excellent, easy crouton for soups and salads or can be used as a casserole extender for the main dish—and don't forget—*Pizza Chargers* would be a sure hit in the lunch box or brown bag.

PIZZA CHARGERS
1-3 cup butter or margarine
1½ teaspoons oregano leaves
1 teaspoon garlic salt
2 tablespoons ketchup
4 cups spoon size shredded wheat
1 tablespoon parmesan cheese

Melt butter or margarine in a 13 x 9 x 2-inch baking pan. Blend in next three ingredients. Add spoon size shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Makes 4 cups.

CHICKEN FLAVORED SNACKS

1-3 cup butter or margarine
2 envelopes instant chicken flavored broth
½ teaspoon onion powder
1 teaspoon parsley flakes
4 cups spoon size Shredded Wheat

Melt butter or margarine in large skillet. Blend in next three ingredients. Add shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Makes 4 cups.

ZESTY WHEAT SNACKS

1-3 cup butter or margarine
1-3 cup Italian dressing
4 cups spoon size Shredded Wheat
3 tablespoons parmesan cheese

Melt butter or margarine in large skillet. Blend in Italian dressing. Add shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Cool slightly. Stir in cheese. Cool. Makes 4 cups.

LEMON DILL SNACKS

1-3 cup butter or margarine
1 teaspoon parsley flakes
1 teaspoon dill weed
1 teaspoon grated lemon rind
1½ teaspoons lemon juice
½ teaspoons onion salt
4 cups spoon size Shredded Wheat

Melt butter or margarine in large skillet. Blend in next five ingredients. Add shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Makes 4 cups.

CURRIED WHEAT SNACKS

1-3 cup butter or margarine
¾ teaspoon curry powder
½ teaspoon onion salt
4 cups spoon size shredded wheat

Melt butter or margarine in a 13 x 9 x 2-inch baking pan. Blend in next three ingredients. Add spoon size shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Makes 4 cups.

wheat

Melt butter or margarine in large skillet. Blend in next two ingredients. Add shredded wheat. Cook and stir gently until cereal is well coated and toasted, about 5 to 7 minutes. Makes 4 cups.

SOUTH OF THE BORDER SNACKS

1-3 cup butter or margarine
1 teaspoon chili powder
¼ teaspoon ground cumin seed
¾ teaspoon onion salt
1 tablespoon ketchup
4 cups shredded wheat
1 tablespoon grated American cheese food, optional

Melt butter or margarine in a 13x9x2 inch baking pan. Blend in next four ingredients. Add shredded wheat. Cook and stir gently until cereal is well coated. Bake in a preheated moderate oven (350 degrees F.) 15 minutes or until cereal is lightly browned and crisp. If desired, sprinkle with cheese. Cool. Makes 4 cups.

BEEFY-ONION WHEAT SNACKS

1-3 cup butter or margarine
2 envelopes instant beef flavored broth
½ teaspoon onion salt
4 cups spoon size Shredded Wheat

Melt butter or margarine in large skillet. Blend in next two ingredients. Add shredded wheat. Cook and stir gently until cereal is well coated and toasted. About 5 to 7 minutes. Makes 4 cups.

Midnight golf in Sweden

A game of midnight golf can be played on the Ostersund course in northern Sweden.

Thanks to the midnight sun during June and July, a golfer can tee off at midnight and finish his game at 4 a.m.

By SHIRLEY
BRIGHT BOODY
Registered Dietitian
Copley News Service

Since eating habits of a lifetime are established in childhood the wise parents will begin early to train their young in good eating habits.

It is almost inevitable that fat babies and overweight youngsters will grow up to be fat adults. "Baby fat" never goes away by itself. Parents who overfeed a child in the mistaken belief that fat babies are healthier or cuter may destine the child to a lifetime of obesity.

As the child grows from infancy into childhood there is a rapid increase in size that is unique to this period of life. Rapid growth calls for more nutrients. The growth pattern in children occurs in spurts—a rapid increase in height followed by a slow height increase but a rapid gain in weight.

During a slow growth period the need for nutrients is often decreased and may be reflected in the fluctuation of the child's appetite. These fluctuations often cause parents concern. However, it is common and perfectly normal for even the most hearty appetites to fluctuate.

If a lowered appetite persists for a prolonged period, there can be evidence of fatigue, susceptibility to colds, infections and irritability, all of which suggest undernutrition. This can happen when the child is heavily into junk foods. By

filling up on sugary, fat-laden foods, to the exclusion of good meals, the stage is set for malnutrition.

The youngster's weight is not necessarily an indication of his health. It is very possible to be overweight and to suffer from malnutrition at the same time. Many parents who pay little or no attention to the child's diet feel they

are satisfying nutritional requirements by giving the youngster a vitamin pill. They hope this will overcome the effects of a bad diet and protect against ill effects. It won't.

Soft, sugary food, for the older child, doesn't permit the natural development of jaw and facial muscles, and induces rapid dental caries.

Manufacturers of such products aim their TV commercials toward children. They suggest to the child and his parents that cupcakes, candy, and sugar-flavored water are "ideal" snacks. Wise parents do not keep junk food in the house.

Children will emulate parents and develop the same kind of eating habits. Par-

ental hang-ups on food are also transmitted to the child.

In feeding children of all ages, it must be kept in mind that they are people too, and react to flavor, temperature and appearance of food just as adults do. The size of serving must be adjusted to the size of the child. Urging a child to eat usually results in negative reactions. Threatening and bribery only serve to increase rebellion. Children respond to calm and happy circumstances far more than many parents realize.

YMCA Classes Announced

Registration for fall classes has begun at the Richardson branch of the YMCA on Custer Road.

relationships.

For more information, phone 231-7201.

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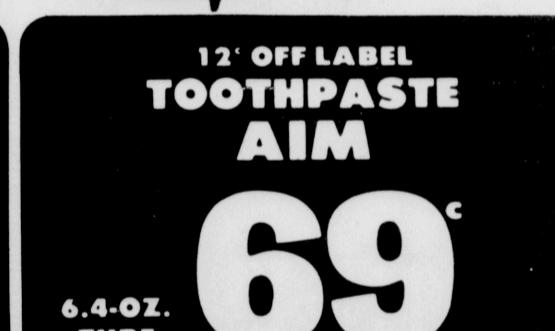
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CHECK OUR IN-STORE DISPLAYS FOR MORE MONEY SAVINGS FEATURES!

Successful Souffles Take Practice

By MARJORIE RICE
Copley News Service

There's an ages-old rule that guests wait for the souffle; the souffle doesn't wait for the guests.

It's a blend of practicality and showmanship. There's nothing more spectacular than a high-rise souffle, brown and fragrant, brought in hot from the oven.

Wait just a few minutes and you have a deflated, disappointing mess.

So if souffle's on the menu, get the guests to the table, forks in hand, and bring on the show.

The dish should have straight sides, and be the right size for the recipe. Too small and you'll have spill-over. Too large and the souffle won't rise to spectacular heights.

If the recipe calls for a collar to lift the souffle above the rim of the baking dish, use either foil or baking parchment. Make a four-inch-wide band of triple thickness.

Lightly butter one side of the band and dust with sugar (for a dessert souffle), flour or parmesan cheese. Wrap the band around the dish, overlapping the edges by two inches.

Buttered side should face in, and the collar should extend two inches above the rim of the dish. You can staple the collar edges, then tie it with string. Make sure it's snug enough to keep the souffle from running down the dish.

Egg whites are the leavening agent for souffles, giving them their height, and properly beaten egg whites

are the secret to success. Chefs such as James Beard and Jacques Pepin always use a copper bowl and a wire whisk to beat egg whites. Rinse the bowl with vinegar, then water, to be sure there's no speck of oil. Grease or oil will keep the whites from getting sufficient volume.

If the whites are at room temperature, they'll have more volume. Then it's a matter of elbow grease as you beat the whites to stiff (but never dry) peaks. One source says to beat the whites just until they won't slide when you tip the bowl.

Folding takes some practice, too. You want to blend the whites with the egg yolk mixture, but at the same time keep the air in the egg whites. Beard folds with his hand. You can try that, or use a spatula, gently cutting down through the mixture, bringing the spatula across the bottom of the bowl, then up and over the mixture.

Come up through the center of the mixture every few strokes, while rotating the bowl frequently. Fold only until no streaks remain. The yolks must be beaten to the point that they form a ribbon. Spoon out a little of the yolk mixture and pour it from the spoon back into the bowl. You'll know if they're at the right stage, because they'll run back in a thick, lemon-colored ribbon.

Warming the beaten yolks with a little of the hot sauce before completely combining the mixtures will prevent the yolks from coagulating too rapidly and creating lumps. Some cooks lighten the yolk

mixture by stirring in a spoonful of the beaten whites before folding. Beard adds a healthy dollop of whites, easily $\frac{1}{4}$ cup, to the yolks before folding.

Make a top hat by holding a spoon upright and circling the mixture to make a ring about one inch from the side of the dish, and about one inch deep. The center of the souffle will rise an inch or so above the rest.

Cooking time is generally a matter of personal preference. The French like a souffle that's still a bit runny in the middle. Other cooks like them more well-done. Makes four servings. Serve immediately.

SOUFFLE AU CITRON (Hot Lemon Souffle)

Butter, sugar
One-third cup sugar
1½ tbsps. grated lemon peel
3 tbsps. lemon juice
¼ tsp. salt

One-third cup butter
4 eggs, separated
¼ tsp. cream of tartar

Butter bottom and sides of a 1½-quart souffle dish. Sprinkle sugar over buttered surfaces. Make a collar, buttering and sprinkling the inside of the band with sugar.

In a medium saucepan, beat together the one-third cup sugar, lemon peel, lemon juice and salt until well blended. Add butter.

Bring to a boil over medium heat, stirring constantly. Boil and stir one minute. Remove from heat.

In a small mixing bowl, beat yolks at high speed until

thick and lemon-colored, about five minutes. Into yolks, blend a little of the hot mixture; return yolk mixture to saucepan and blend.

Beat whites and cream of tartar until stiff but not dry. Gently but thoroughly fold yolk mixture into whites. Carefully pour into prepared dish; bake at 350 degrees 25 or 30 minutes, until puffy and delicately browned. Serves six.

To test this, or any souffle for doneness, make sure it's delicately browned and puffy, and that it shakes very slightly when oven rack is gently moved back and forth. Carefully remove foil band. Makes four servings. Serve immediately.

CLASSIC CHEESE SOUFFLE

Butter, grated parmesan cheese

1 10¾-oz. can condensed cream of asparagus soup, undiluted

1 cup (4 oz.) shredded Cheddar cheese

4 eggs, separated
¼ tsp. cream of tartar

Butter bottom and sides of a 1½-quart souffle dish. Dust with parmesan. Make a collar, lightly butter collar and dust with parmesan cheese. Attach to baking dish.

In a medium saucepan, combine soup and Cheddar. Cook over medium heat, stirring occasionally, until cheese is melted. Remove from heat.

Gradually add to unbeaten yolks, beating mixture well. Beat whites and cream of tartar until stiff. Fold yolk mixture into whites. Carefully pour into prepared dish. With a spoon, make a top hat. Bake at 350 degrees 40 to 45 minutes. Carefully remove collar. Serve immediately. Serves four.

In a medium saucepan melt the one-third cup butter. Blend in flour, onion and mustard. Cook and stir over medium-high heat until mixture is smooth and bubbly.

Stir in milk all at once. Cool and stir until mixture boils and is smooth and thickened. Remove from heat; stir in cheddar until melted.

In a small mixing bowl, beat



A high-rise lemon souffle takes some practice—but not a magic touch. It's a matter of learning a few simple steps.

Slow Cooker Rules Helpful

Plug in the slow cooker for an easy meal, says Frances Reasonover, foods and nutrition specialist with the Texas Agricultural Extension Service, The Texas A&M University System. In cooking some dishes you may even leave the slow cooker on all day while you're away from home, the specialist says.

SLOW COOKER SAFETY
Before using the cooker the first time, read instructions and safety rules. Generally the cooker will have a high and low heat setting.

Slow cookers are designed for long cooking time, so food heats slowly, especially on lowest setting. Generally meat and egg mixtures are cooked longer than six hours on LOW setting to make them safe to eat.

Meat and egg mixtures do not get hot enough in less than six hours to destroy harmful bacteria. Also, remember that the cooker is hot to the touch during cooking, so use hot pads.

In addition, sudden temperature change may damage the crockery liner of the cooker, so avoid putting cold food or water in it. Put the food IN before you turn the cooker ON.

SLOW COOKING: Cook

with the cover on, except to reduce liquid, as in browning. Enough heat may escape when the cover is removed—to check cooking progress or to stir contents—that cooking time must be extended.

Slow cooking does not

LOSE

liquids; generally it ADDS liquids—which makes the method especially effective for cooking meats and vegetables. It may, however, also be used for some breads, cakes, and other foods.

Try these: spiced, dried

fruits

cooked overnight and served with ready-to-eat cereal. Old-fashioned bean soup—start it before breakfast and it's ready at lunch. Add a fresh vegetable relish tray and leftover cornbread—toasted and sprinkled with cheese. It's a meal!

—Allow plenty of time for cooking on the low setting. —Often steps can be left out of a recipe and all ingredients added at once and cooked 8 to 10 hours at the low setting. Liquid is added last if needed.

—Add frozen vegetables and seafoods during the last hour of cooking. It is not necessary to precook these.

—Most foods may be cooked on "high" the first two hours to reduce the cooking time, then turned to "low".

HEALTH

Lawrence E. Lamb, M.D.

See specialist about breasts

By Lawrence E. Lamb, M.D.

DEAR DR. LAMB—I am 20 years old and a female who

looks like a boy because of my small breasts. I wear a 32A bra and have done everything to help them get larger but nothing seems to work. Could you tell me what I need to know about silicone injections, like how much it costs, where I can get it done, and what kind of doctor does it?

DEAR READER—See a specialist in obstetrics and gynecology before you do anything about your breasts. Sometimes the breast development is related to the balance of female hormones and help in that department is the proper procedure. Also, he will be able to tell you what is available in your community if breast augmentation is really indicated.

Silicone injections are usually illegal. Implants are another story. I don't approve of these either in young women with your complaint. Some of my colleagues are not happy with my view. I agree that breast implants and reconstructive surgery are of great benefit for the woman who has breast disease and needs help. This would include the woman who has breast surgery for cancer. This is not the same problem though as presented by the many women who think they would like to have larger breasts for one reason or another.

Good posture that keeps the shoulders back improves a small breast's appearance as does development of the chest muscles that the breasts rest upon. Neither measure increases the breast size, only the appearance.

DEAR DR. LAMB—I read your column in the Mainichi Daily News, Osaka, Japan, and would appreciate your opinion about "hot" sauces. I love them all: tabasco, chili, kim-chee, curry—but I don't take as much as I would like because of a vague feeling that they may be bad for you. But Mexicans, Koreans and Indians are healthy enough and I have never had any ill effects that I know of. Is this just a superstition or an old wives' tale?

DEAR READER—The old saying, "one man's meat is another man's poison" certainly applies here. The hot spicy taste is dependent upon chemicals that many people tolerate very well. In fact, one reason people in the spice world have less heart and vascular disease is that they depend upon spices for flavor rather than copious amounts of fat, particularly butter.

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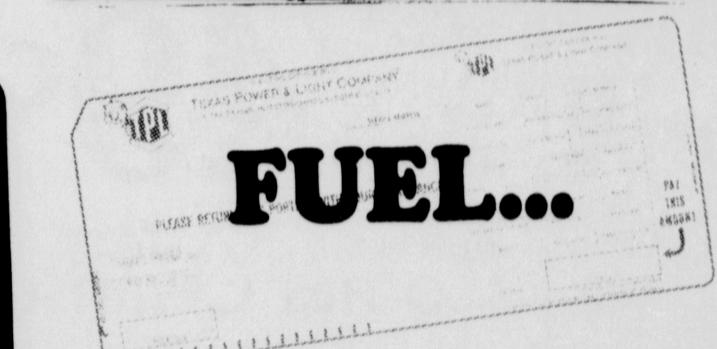
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'She's Not a Woman, She's My Boss'

CONCORD, N.H. (UPI) — When women's lib leaders write to Abby Wilder, New Hampshire's leading lady executive doesn't answer. She doesn't think much of all that shouting and knows darn well women can succeed without it.

"I never asked a man to do anything I hadn't done myself," says Mrs. Wilder, 88, an expert in tuberculosis, relief, labor, production, manpower, refugee settlement, work for the handicapped and problems of the elderly.

For years, Mrs. Wilder has had a pat answer for men who protested they couldn't do a job. "I'd say of course you can, I've done it myself."

Mrs. Wilder still chuckles at the answer one employee gave a snoopy fellow from Washington who asked years ago what it was like working for a woman.

"She's not a woman, she's my boss," the employee said.

Mrs. Wilder entered government work in 1931 when her husband died and Gov. John Winant, a family

friend, appointed her to the first federal program to cope with the depression.

It included such things as the Civilian Conservation Corps, distribution of surplus commodities, old-age assistance and the national youth program. Some of the activity carried over into New Deal programs. So did Abby Wilder, who outlasted them all, staying on as director of the state employment service until she retired in 1961.

Along the way she was federal emergency relief ad-

ministrator for New Hampshire, federal employment director during the war and manpower coordinator for Civil Defense from 1954-1961. She headed regional federal manpower agencies, refugee relief programs, the governor's committee on employment of the physically handicapped (she is deaf), and served on a variety of charity boards and chaired the state Council on the Aging.

A young federal official was scared to death of her because he never before had

interviewed a woman. But he approved one of her first appointments and gave her a useful piece of advice.

"You're working for a living like the rest of us, so when you're out on business with a bunch of men, don't wait for them to buy your lunch. When the check comes, get that purse up on the table," he told me," Mrs. Wilder recalled.

She followed the advice and added that a woman who wants a career should never think or say "I'm just a poor, weak woman and I can't do

something."

Nor, Mrs. Wilder said, should a woman think that because she is associating with men, she should coarsen herself. "There's no need to say damn when darn means the same thing."

And a career needn't mean an office, she said.

"If women have a talent for homemaking they should exercise it. You've got some women coming to work just because it's the thing to do."

Women's lib?

"I think it's for the birds," Mrs. Wilder said.



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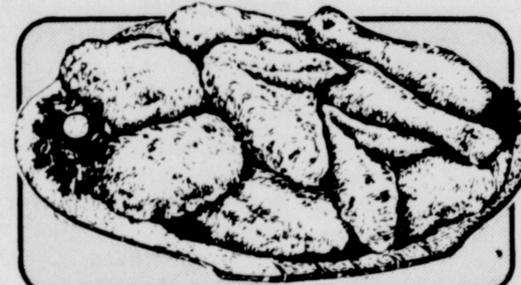


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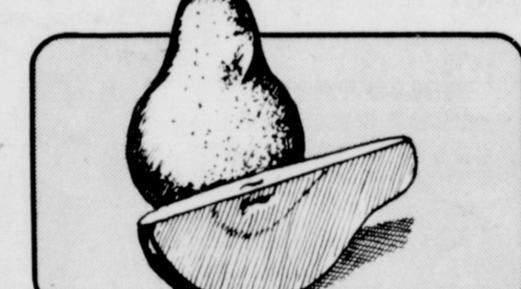
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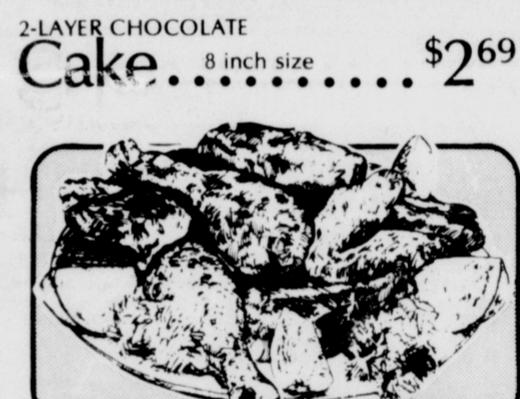


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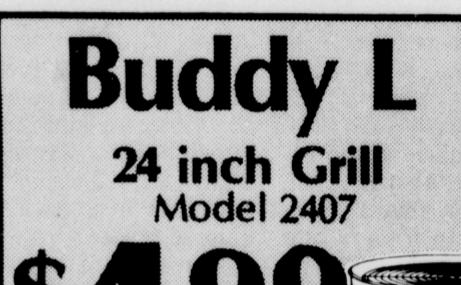
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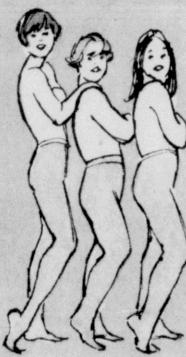
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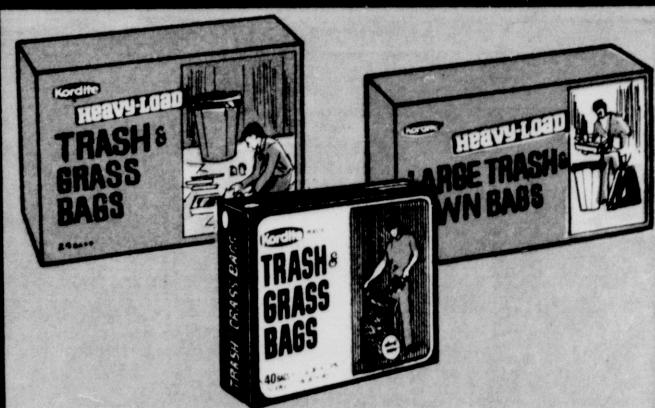
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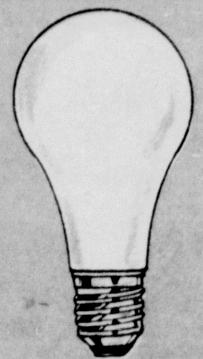


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DUTY
OXFORDS** Just **397** Pair

An easy walking shoe with full tricot lining, California construction, EVA outsole. In white, black or deerskin. Sizes 5-10.

27

BARGAIN Bonanza



BEN FRANKLIN®

We bring variety to life!

For Babies Over 16 lbs.
Pampers

Pampers Extra Absorbent DAYTIME 24's Just **219**

Provides extra daytime protection. Disposable, custom-fit tapes.

5

Ruth Barry®
SEAM-FREE PANTY HOSE Just **67¢** Pair

Most popular shades! Knit in one piece. Nude heel, demi toe. P/A, A/T.

25

Nylon Stretch BIKINIS

Comfortable nylon with cotton crotch. Knitted elastic. Solid colors. One size fits 4-7.

2 \$1. for

3

Denim STRIPE KNEE-HI's

Knee deep in the denim look! Orlon/nylon. 3 tone stripes in popular colors. Sizes 9-11.

Only **97¢** Pair

4

Infant's Terry TRAINING PANTS Now Only **299¢** for

Good quality terry, double crotch. Rib knit cuffs, bartacked. White, washfast. Sizes 1-6.

Permanent Press BANDANAS

24x22-in. bandanas in denim tone finish. Favorite colors.

Only **57¢** Each

23

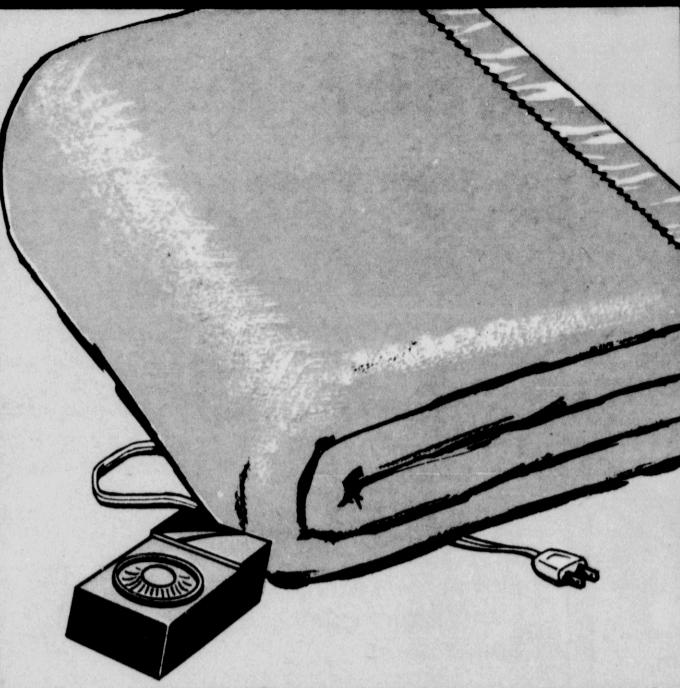


Good Home Cooking KITCHEN ENSEMBLES

Country charm! Natural or brown designs in cotton. 7x7-in. pot holder, 12x12-in. dishcloth, 16x27-in. towel.

Dishcloth
69¢
Each
Pot Holder
79¢
Each
Kitchen Towel
99¢
Each

10

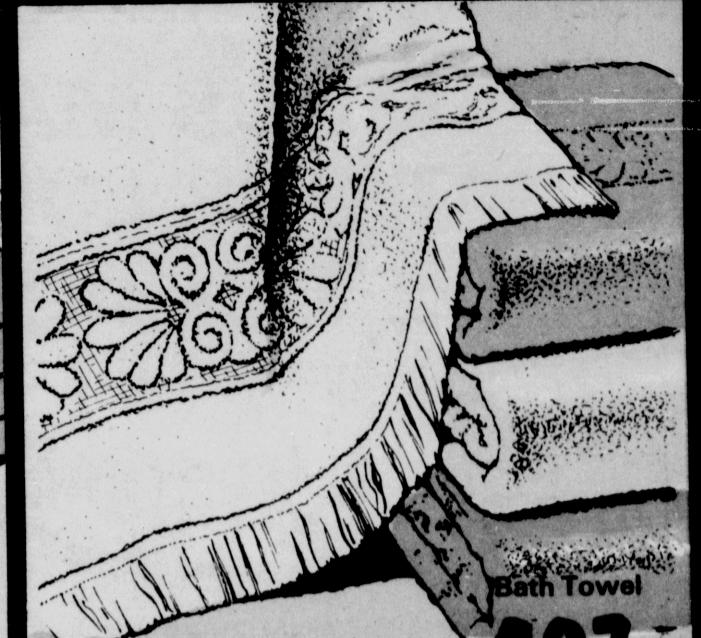


Northern® ELECTRIC BLANKET

Stay warm all winter with a polyester/acrylic blanket with dual or single controls. 6-in. nylon binding. 72x84-in. sizes fits single, double bed. 2 yr. mfg. guarantee. Colors.

12

Single Control
1797
Each
Dual Control
2197
Each



Made in USA
CANNON

Santa Cruz TOWEL ENSEMBLES

Soft, absorbent ensembles to brighten your bath! Sheared solid jacquard in cotton/poly. Colors.

Bath Towel
197
Each
Hand Towel
157
Each
Washcloths
97¢
Each

8

COME EARLY! Share in the BIG, BIG SAVINGS Throughout Our Store!



FABRIC SPECIALS!

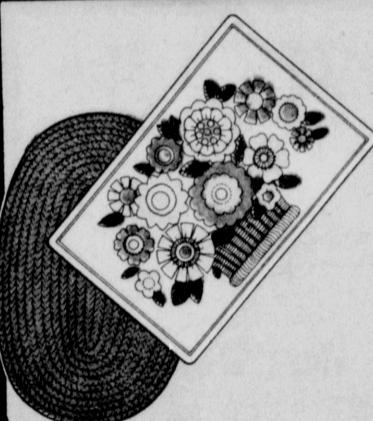
BRUSHED SLEEPWEAR

Make cozy, soft gowns and pajamas! Fleecy finish fabric in Avisco/acetate nylon. Lots of prints or solids. 54-in. wide.

COTTON/POLY DRESS, SHIRT FABRIC

Great fall plaids, stripes or prints for dresses, shirts and children's apparel. Machine washable. 45-in. width.

CHOICE
99¢
yard



13

Cheery PLACEMATS

Set a pretty table with straw look or flower box vinyl mats. Colors.

2 99¢
for



9

Cotton Terry WASHCLOTHS

Long-lasting cotton terry cloths. Hemmed. 10x10-in. size. Color choice.

6 99¢
for

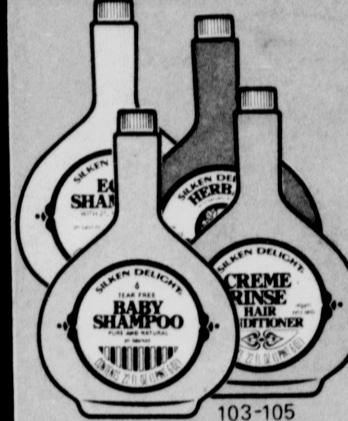


16

8-Oz. BARRELS OF YARN

Big barrels of yarn at big savings! 8-oz. acrylic sport weight. Machine care. Colors.

Only **157**
Each

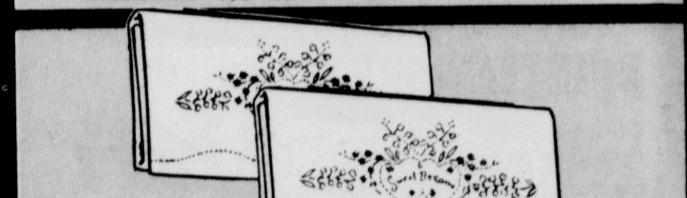


103-105

Silken Delight SHAMPOOS, RINSES

Delightfully fragrant shampoos, rinses in Venetian decanters.

22-Oz.
Size
77¢
Each



Ready to Embroider PILLOW CASES

Stitch your own beautiful cases for yourself or gifts! Stamped white cotton.

Just
257
Pair



Polyester BATTING

Quilt batt of polyester, glazene finish. 81x96-in. size. Weight 1 lb.

Only **377**
Bag



20, 21

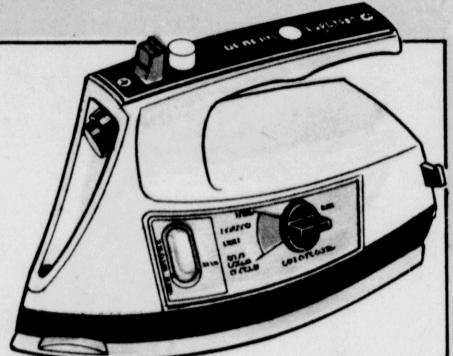
FAMOUS MAKE APPLIANCES AT OUR LOW SALE PRICES!

Spray, Steam, Dry
Light 'n Easy™

IRON
Only
18⁹⁷

63 Each

Compact, lightweight for easy ironing! Water window, 25 steam vents, cool shell, built-in sprinkling system.



RIVAL CROCKETTE Slow Cooker

• 1-Qt. Removable Crock

Just right size for singles, couples! 8-in. wide, 5-in. high. Wrap-around heating element. Cook book.

Just 9⁹⁷
Each

67



BURGER MAKER

Electric cooker shapes and broils a hamburger in under 3 minutes! Spatter-proof.

Only
9⁹⁷
Each

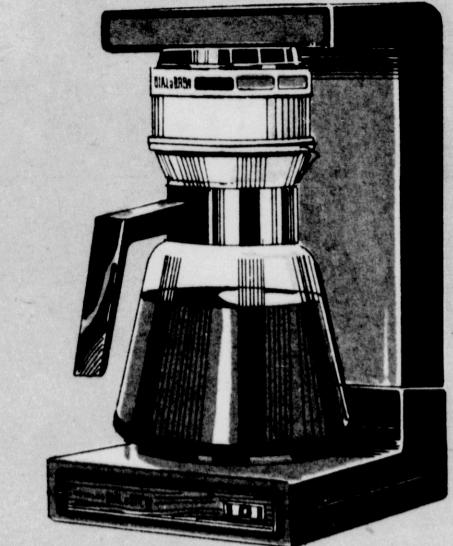


FRY BABY

• Makes 1 to 2 Servings
Compact deep fryer makes 1½ cups French fries. Thick cast aluminum, non-stick coating - inside and out.

16⁹⁷
Each

66



Norelco®

10-CUP

Automatic
Drip Filter

**COFFEE
MAKER**

**Now Just
\$28⁹⁷**

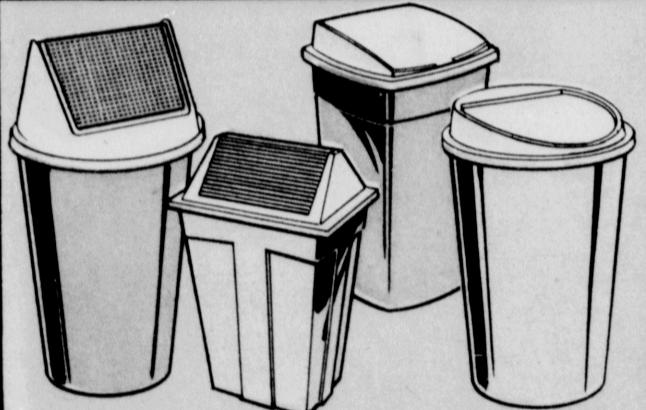
Dial-A-Brew® for perfect coffee to suit your taste! Brews a full pot in less than 8 minutes. Warming plate, dishwasher safe pot. Handsome styling.

64

BARGAIN Bonanza



BEN FRANKLIN®
We bring variety to life!



Plastic Tidy-All

WASTEBASKETS

Choose round or rectangular baskets with lift or swing top lid. 40 to 50-qt. capacity baskets.

\$2⁹⁷
Each



3-Piece Cast Iron

SKILLET SET

Heavy, sturdy skillet set consists of one each 6½-in., 8-in., and 10½-in. sizes. Preseasoned.

**Just
\$5⁹⁷**
Set

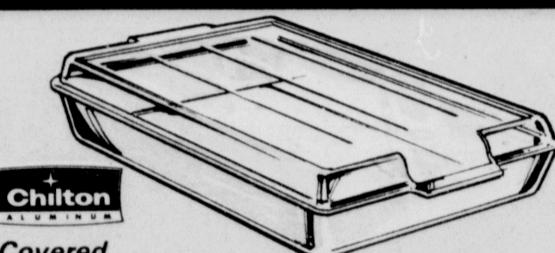
51



**22-Gal. Size
TRASH CAN**

Durable and strong polyethylene 22-gal. can. Avocado with black lid.

Just \$3⁷⁷
Each



Covered

See 'n Take CAKE PAN

13-1/8x9 1/2x2-7/8-in. Aluminum pan. Snap-on styrene cover.

\$1⁹⁷
Each



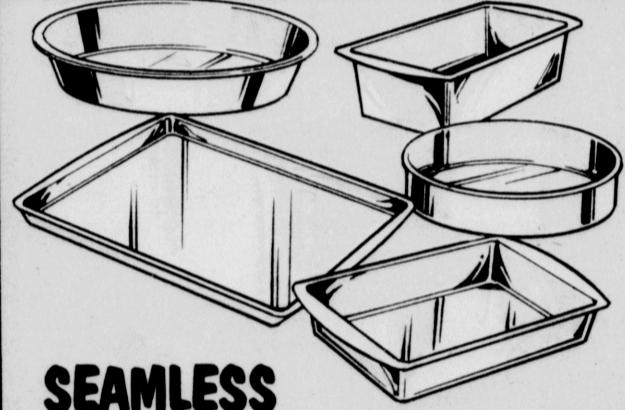
**Chilton
ALUMINUM**

10-in. FRY PAN

Sturdy 14 gauge aluminum, white non-stick interior, acrylic exterior.

**Just
\$1⁹⁷**
Each

52

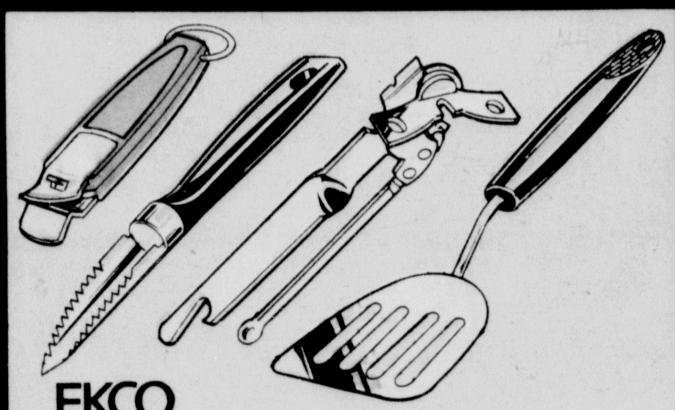


**SEAMLESS
BAKEWARE**

Home-baked is best!
Choose tin pie plate, cake pan, loaf pan, cookie or biscuit pan with handles.

CHOICE

**2 \$1
for**



**EKCO
Kitchen GADGETS**

Handy kitchen helpers! Choose parer, can opener, cheese slicer, small turner, beverage opener.

CHOICE

**2 \$1
for**

48

SAVE ON SCOTT PAPER PRODUCTS!

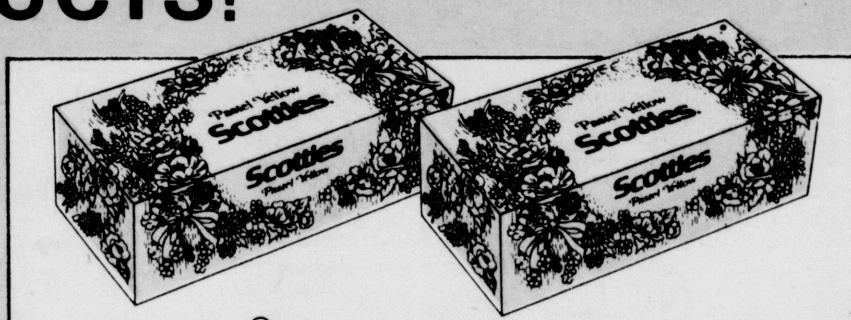


4-Roll Packs Bathroom Tissues

500 Sheets
single ply
per roll

Only **75¢**
Pkg.

84



Scotties® Facial Tissues

• 200 Count, 2-ply

2 \$1.
Pkgs.



VIVA® PAPER NAPKINS

• 140 count, 1 ply

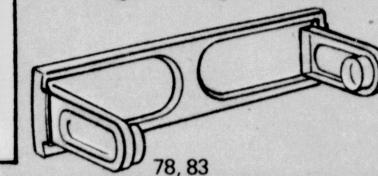
2 \$1.
Pkgs.

85



JUMBO ROLLS SCOTTOWELS

140 Sheets,
Single Ply
2 \$1.
Rolls



Paper Towel
HOLDERS

Just **57¢**
Each

78, 83



BARGAIN PRICES ON EVERYDAY NEEDS! SHOP NOW AND SAVE!

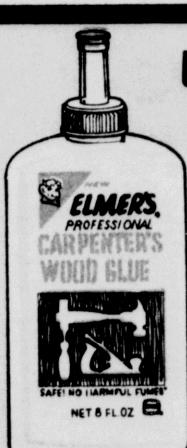


PLASTIC SHEETING

Strong, heavy gauge,
4 mil thick. 250 sq. ft.
in a roll. 10 ft. x 25-ft.

Only **377**
Roll

36



Elmer's CARPENTER'S WOOD GLUE

Super strong resin
glue! Dries fast. Paintable,
washable, resists gumming. 8-oz.
tube.

Just **\$1.**

31



3-Pc. PAINT BRUSH SET

All purpose brushes!
1-in., 1½-in., and 2-in.
brushes. Best for latex paint.

Only **\$1.** Set

34

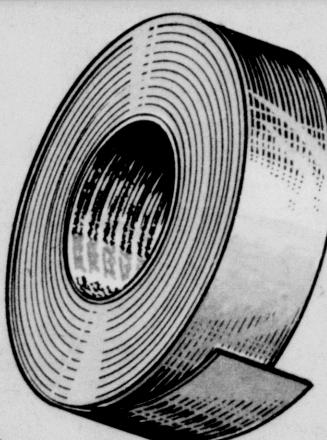


Self-Stick Weather STRIPPING

Eliminate drafts, dust!
Plastic foam, ¼-in.
thick, 3/8-in. wide.
17-ft. roll.

Only **57¢**
Roll

35



60-Yds. TUCK® DUCT TAPE

Do it yourself and
save! Seals air-tight
to eliminate loss of
heating, cooling. 2-in.
wide.

Only **337**
Roll

32



Extra Wide 15-In.

120-Ft. Roll GLAD WRAP
Seal in freshness with Glad
Wrap! Clear polyethylene.
2 \$1.
Rolls

81

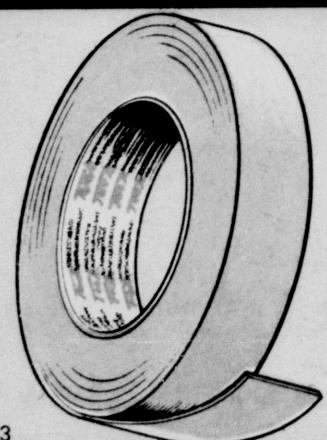


ELMER'S® Latex Caulk

Superior adhesion,
won't crack or crumble.
11-oz. cartridge.
Weather, water resistant.

Only **\$1.**

30



60-Yd. Roll TUCK® MASKING TAPE

Handy for so many uses!
¾-in. wide.
Stock up now and
save!

2 \$1.
Rolls

33



Liquid WOOLITE® Cold Water Wash

Protect your fine garments
with the cold water wash.

**16-Oz.
Size** **127**
Each

55



90,91

Texas
Instrument®

**Pocket Size
Electronic
CALCULATOR** **777** Each

Calculate quickly, accurately at home, school or office. 8 digit, % key, fixed constant, floating decimal, L.E.D. display, AC/DC. Uses 9 volt battery (not included).

AC ADAPTOR **4.95**

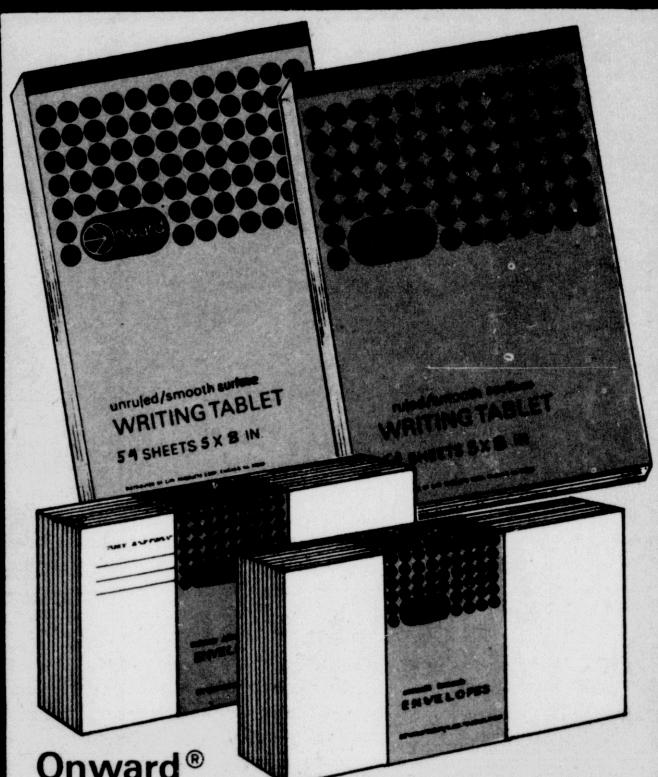


Take music wherever you go! Compact, rugged, built-in constant guard frequency control to reduce drift on FM. 3-inch dynamic speaker.

Two-way power, built-in AC or 9 volt battery pack. (Battery not included.)

Just
16.97
Each

**FM/AM Two-Way Power
Compact Portable Radio**



Onward®

**TABLETS,
Envelopes**

- Ruled Tablet, 54 count.
- Unruled Tablet, 54 count.
- Return Address Envelopes, 20 count.
- Plain Envelopes, 24 count

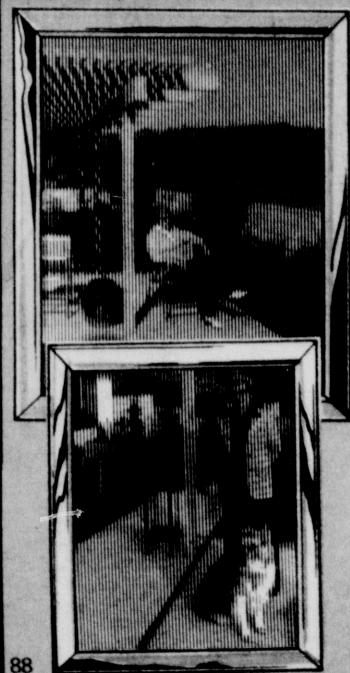
Any
4 \$1.

74-77

BARGAIN Bonanza



BEN FRANKLIN
We bring variety to life!



**All Purpose
METAL
FRAMES**

Protect and display your treasured photos! Gold or silver finish, glass, mat.

8x10-in.
Size **1.97**
Each
11x14-in.
Size **2.47**
Each

88

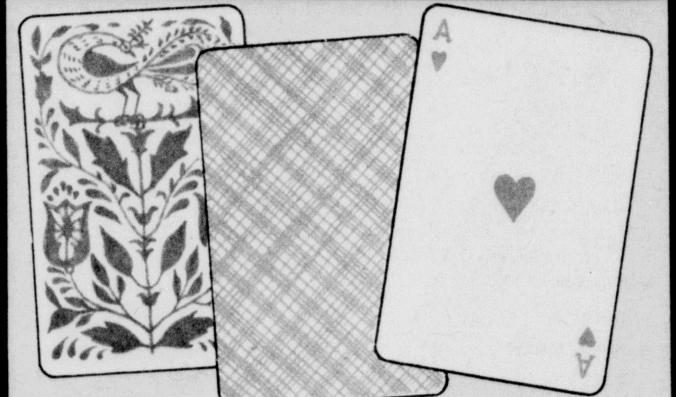


**Little Golden
STORY BOOKS**

Provide hours of fun for little ones with preschool books! Many titles.

gb
Choice
3 \$1.
for

108-110



**Bridge Size
Playing Cards**

Get a few packs now at this low price! Choice of designs. Cello wrapped.

Just
25¢
Pack

71



**PORTRAIT
FRAMES**

Keep those memories fresh! Walnut frames, gold, black or green accents. Glass, hangers.

5x7-in.
Size **1.57**
Each
8x10-in.
Size **1.97**
Each

87



**THANK-YOU,
FLORAL NOTES**

Keep them handy when you want to dash off a line or two! 10-ct. notes, envelopes. Assorted designs.

Choice
28¢
Pkg.

72,73

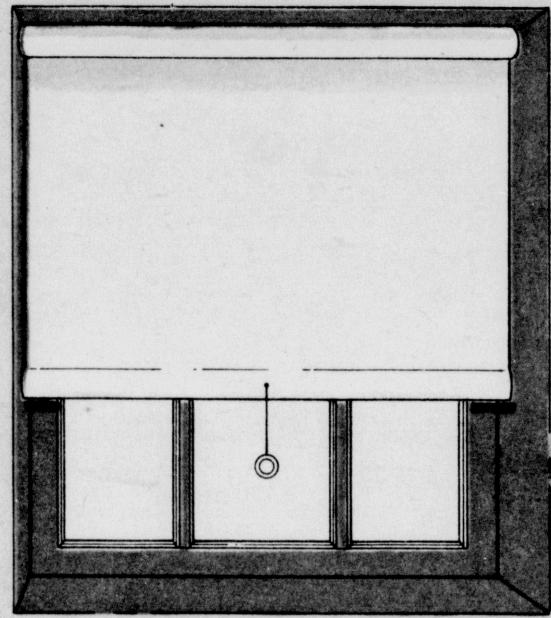


All Occasion Greeting Cards

Be prepared with greeting cards to express your feelings! Birthday, get well, sympathy, more. 10-ct. cards, envelopes.

43¢
Box

68-70



CLOPAY

Room Darkening

WINDOW SHADES

Our low price
297
Each

Washable, room darkening shades with linen embossing. Roller is easily adjusted. 37 1/4-in. wide, 6-ft. long. White, biscuit.

14



LIFE-LIKE BLOOMING PLANTS

Choice
157
Each

Have colorful flowers, greenery all year round! Choose 17-in. Boston fern plant, 14-in. open rose or daisy-aster plant, 15-in. open mum plant. Lots of blooms.

59-62

Buy Now And Save!

CLAY POTS, SAUCERS

Natural red clay—a natural for promoting plant root air and drainage.

CLAY POTS

4-In. . . **33¢**

6-In. . . **77¢**

8-In. . . **177**

SAUCERS

4-In. . . **33¢**

6-In. . . **57¢**

8-In. . . **97¢**



45

Bargains Galore. . . selected to give your Shopping Dollar more buying power!

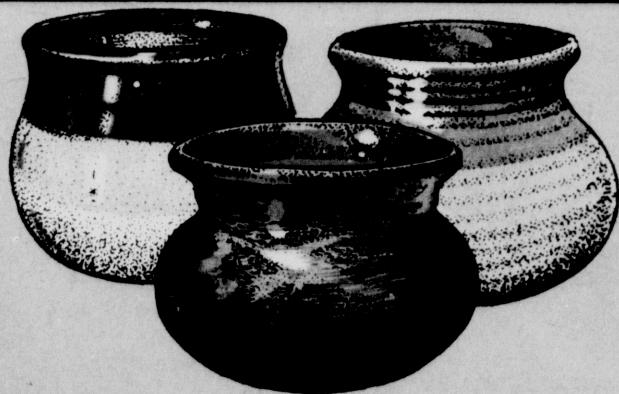


22-Oz. PLANT SPRAYER

Adjustable Spray Nozzle

Only **88¢**
Each

37

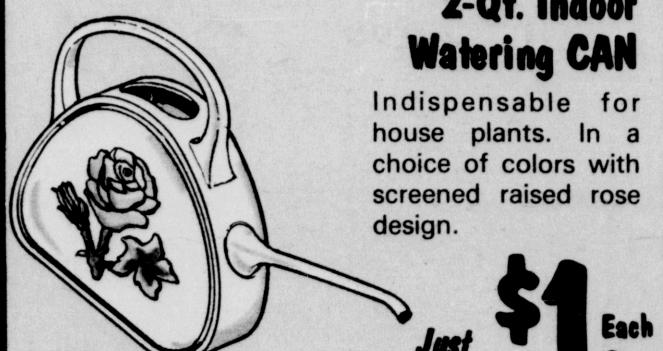


Stoneware PLANTERS

Choose your favorite style in earthy glazed stoneware. Each with drainage hole. 5 1/4 x 4 1/2-in.

Choice
197
Each

42

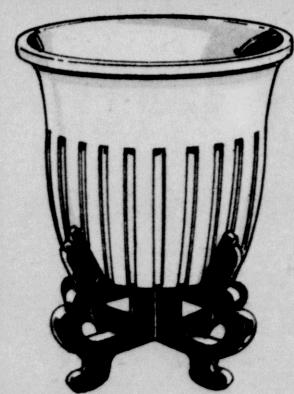


2-Qt. Indoor Watering CAN

Indispensable for house plants. In a choice of colors with screened raised rose design.

Just **\$1.**
Each

38



15-In. Deluxe Floor PLANTER

Sturdy, high impact plastic planter with fancy black stand. 11 3/4-in. diam. pot.

Only **333**
Each

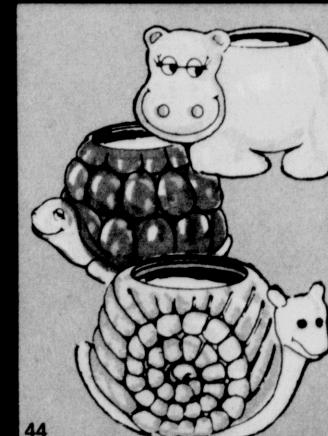
46

Flower Pots with Saucers

Pots with snap-on saucers in popular earthenware colors to brighten your home!

5-Inch **57¢**
Each
6-Inch **87¢**
Each
8-Inch **127**
Each

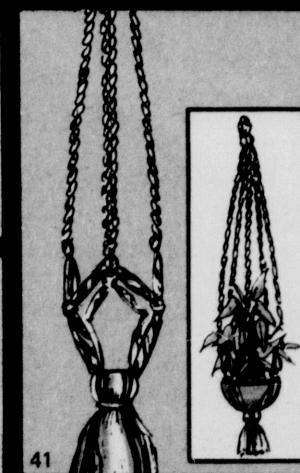
43



Novelty Stoneware PLANTERS

Whimsical little animal planters ... Hippo, turtle, elephant, alligator, snail, sheep. 3 1/2 to 4 1/2-in. wide.

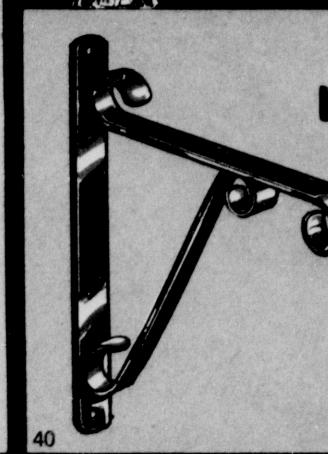
Only **197**
Each



44-In. Acrylic Yarn PLANT HANGERS

Decorative new holders for displaying plants beautifully. White with accent color.

Choice
197
Each



8-IN. PLANT HANGER BRACKETS

Attractive wrought iron holder for indoors or out. Includes screws for mounting. Colors.

Only **77¢**
Each

40



BEN FRANKLIN[®]

BARGAIN Bonanza

STOREWIDE
SAVINGS!

Come early while
assortments are
complete!

VALUABLE COUPON



**Right Guard®
STICK DEODORANT
with coupon**

2-1/2-Oz.
Size **67¢
Ea.**

\$1.27 each without coupon

VALUABLE COUPON

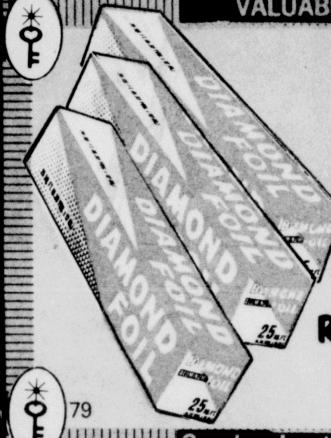


**Bic® Butane
Disposable Lighter
with coupon**

Only **68¢
Ea.**

\$1.27 each without coupon

VALUABLE COUPON



**25-Ft. Roll
Aluminum FOIL
with coupon**

**3 ROLLS
\$1.**

39c each without coupon

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON



**GLAD WRAP
Food Storage Bags
with coupon**

2 FOR \$1.

53c and 67c box without coupon

- 53c - 25 regular bags
- 67c - 20 stand-up bags



**CUTEX® NAIL
POLISH REMOVER
with coupon**

**6-Oz.
Bottle
47¢
Ea.**

95c each without coupon



**11-Oz. COLGATE®
INSTANT SHAVE
with coupon**

**Only 57¢
Ea.**

98c each without coupon

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON



**Gillette TRAC II® - 5 Twin Blade
CARTRIDGE
with coupon**

**Only 88¢
Ea.**

\$1.26 each without coupon



**Pkg. 300-Curity
COTTON BALLS
with coupon**

**Just 58¢
Bag**

93c bag without coupon



**16-Oz. Jar -
Dry Roasted
BLANCHED PEANUTS
with coupon**

**Only \$1.
Jar**

\$1.49 jar without coupon

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON



**Vaseline Intensive Care®
LOTION
with coupon**

**10-Oz.
Size
88¢
Ea.**

\$1.41 each without coupon



**Vaseline
Intensive Care®
BATH BEADS
with coupon**

**15-16 Oz.
Sizes
97¢
Ea.**

\$1.54 each without coupon



**7-1/2-Oz. Vaseline
Petroleum Jelly
with coupon**

**Only 77¢
Ea.**

\$1.19 each without coupon

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON

Good only at BEN FRANKLIN
VALUABLE COUPON

Sale Starts Today

BEN FRANKLIN®
PARK MALL SHOPPING CENTER
PLANO, TEXAS

SAVE!

**CHECK THESE PAGES
FOR BARGAINS IN
EVERY DEPARTMENT**